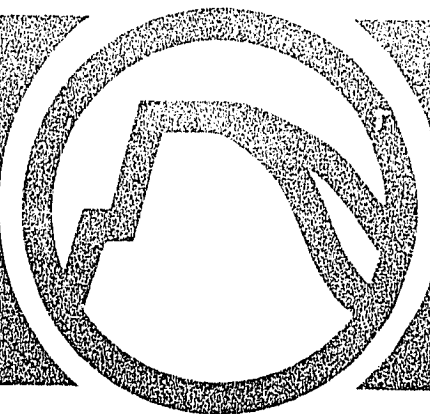


YOSEMITE

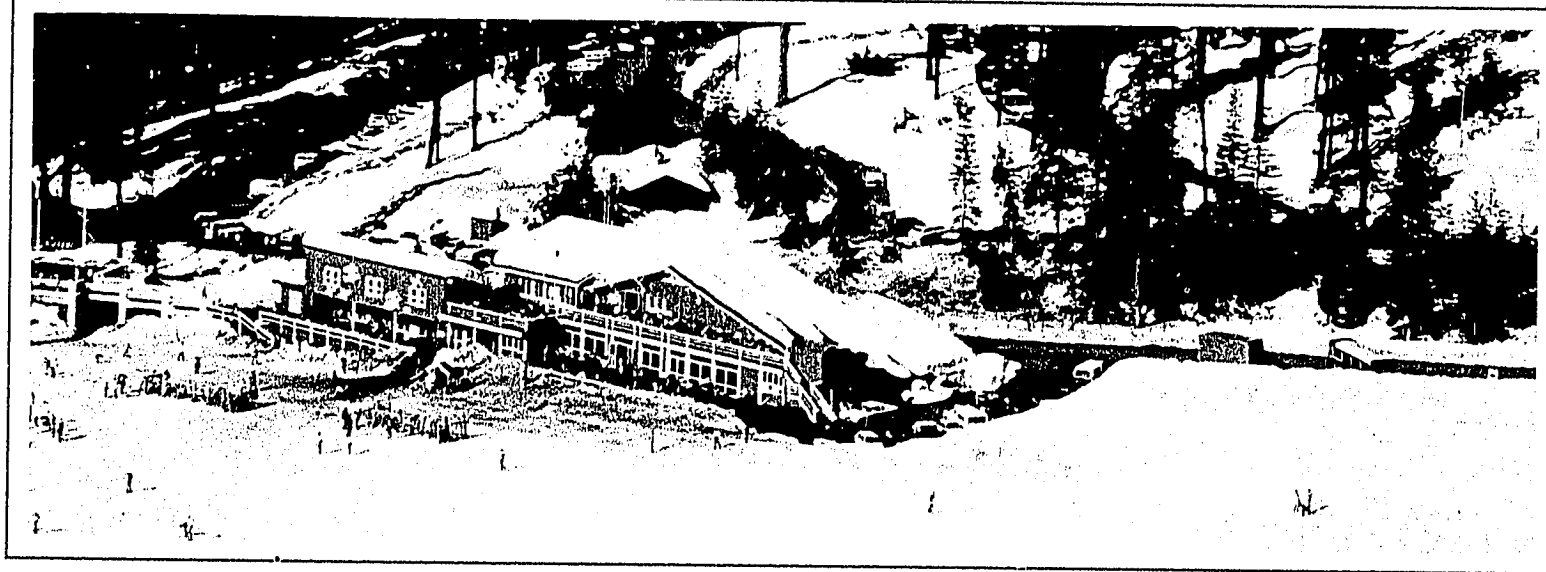


SENTINEL

Book XII Volume 1

January 1986

BADGER PASS CELEBRATES...



As we celebrate the rich tradition of the first fifty years of Badger Pass, it seems appropriate to take a look back to the beginning of winter sports in Yosemite.

With the completion of the All-Year Highway to Yosemite in August, 1926, and the building of The Ahwahnee Hotel, which opened its doors in July of 1927, the challenge of winter operation became a serious one for the Yosemite Park and Curry Company, which had been formed by the merger of the two previously operating concessioners in 1925.

Snowfall on the floor of Yosemite Valley had been consistently good throughout most of the preceding years. With the exception of just two seasons, the total fall December through April had averaged over sixty inches, reaching as much as 187 inches in 1922, and this on the floor of the Valley at 4,000 feet elevation! Considerably more usually fell at higher levels and better roads were being planned to get people to those elevations.

The directors of the fledgling YP&CCo. decided to undertake winter operation and the development of winter sports. Ernst Des Bailleys, a Swiss who had been very successful with such promotion at Lake Placid in New York, was employed in 1928 as the Director of Winter Sports, to organize skiing, skating, hockey, etc.

The Yosemite Winter Club, the first of its type in California, was formed in 1928 "to encourage and develop all forms of winter sports." The south side of the Valley under Glacier Point was a comparatively cold region so an ice rink was built by flooding the Camp Curry parking area nightly and allowing it to freeze.

Over the years, a toboggan run was constructed west of Camp Curry and another site became popular for sledding on ash can lids, hence "Ash Can Alley." Also, during the late 20's and early 30's, a few horses were kept in the Valley for sleighing, and ski-

joring. Stoneman Meadow, just across the road from Camp Curry, was the chief center of activity for these and for another very popular sport, dog sledding. For them a path was packed across the meadow and toward the stables, while the road past the stables to Mirror Lake was rolled and packed for sleighing, and automobiles were not permitted to use it. On the frozen river there were hockey games, curling, and figure skating contests; colorful ice carnivals were a frequent feature.

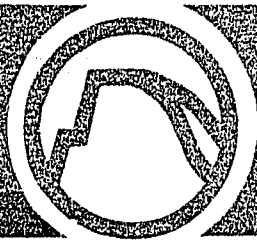
There had been little skiing in Yosemite prior to 1928; it was done primarily on the Valley floor and was more cross country in nature than downhill. For most people, skiing was simply a matter of standing up as long as you could before falling in the snow!

In 1928, under the direction of Des Bailleys, the Yosemite Ski School was established with instructors Jules Fritsch and Ralph de Pfyffer, from Switzerland, Gordon Hooley, a Canadian jumper, and W.E. "Wolf" Greeven. Ralph and Gordon doubled as skating instructors and all four men were also cross-country guides.

The "ski hill" then and for many seasons after was on the moraine across the road from the Yosemite Stables. It offered a downhill run of a few hundred feet and a jump of about sixty feet, on which Gordon and Greeven would give jumping exhibitions on Friday afternoons.

The Snow Creek Ski Cabin was completed in the fall of 1920 on the slopes of Mt. Watkins, some 2,500 feet above Mirror Lake. It was a rather primitive but cozy little cabin with bunks for about fifteen people. Sometimes people rode horses all the way up to the cabin, and sometimes it was a matter of snowshoes, skis on shoulder, up to the rim.

continued on page 4



A Message From the President

Happy New Year! As we begin this new year, it seems appropriate also to be celebrating the anniversary of Badger Pass which has been providing healthful recreation for families and the community for fifty years. With the early and beautiful snowfall this winter, we're off to another successful year. May the New Year be healthful and happy for you and yours.

Ed Hardy

December 9, 1985

Mr. Edward C. Hardy, President
Yosemite Park and Curry Company
Yosemite National Park, CA 95389

Dear Ed:

I take this opportunity to add a personal comment to the annual evaluation of the Yosemite Park and Curry Company.

Your company is not only the largest concessioner in the national Park Service, but it is also recognized as the business leader in the parks, and for good reason.

One might assume that a company of the size and long-standing tradition of the Yosemite Park and Curry Company might be prone to rest on its laurels. But through your management, YP&CC continually strives to improve its services to the public and to be innovative in its approach to the business of the


park. The company definitely is not standing still. In equal opportunity hiring, quality control, labor union relations, recycling, safety and health inspection, interpretation, logistics, publications, computerization, and audit control — to name but a few aspects of your overall operation — YP&CC is a concessioner with a strong grasp of the professional skills needed to assure continuing success.

It is little wonder that you and your staff are looked to by fellow concessioners and National Park Service managers, alike, as being at the forefront of the government-private sector partnership.

I appreciate, too, that you strongly reinforce that partnership in your communication with me. You are straightforward and entirely candid with me — I have never been surprised by hearing second or third hand of a new policy or management initiative being taken by the company. I greatly respect the importance you place on good and clear communication, and that your first priority is to deal directly with the park Superintendent.

As another hectic year draws to a close, I extend very best wishes to you and your staff from all of us "on the other side of the mall," and look forward with you to the challenges and opportunities of 1986.

Sincerely,


Robert O. Binnewies
Superintendent



Brrrrr!! Snow cones in January? You bet! For the story of this unique Yosemite phenomenon, read the February issue of the Yosemite Sentinel.

January Cooks and Sings!

Beginning Sunday, January 5, festivities for the Second Annual Chef's Holidays will bring famous American chefs and guests to The Ahwahnee Hotel for a cooking celebration! The holiday series of receptions, seminars, cooking demonstrations and specialty tastings provides the opportunity for participants to experience the talents of many prestigious American chefs. Some of the famous chefs who will be in attendance during the three-week schedule include: Nancy Main of The Ark in Washington; Marcel Desaulniers of The Trellis in Williamsburg, Virginia; Bradley Ogden of Campton Place in San Francisco; Ken Frank of La Toque in Los Angeles; John Sedler of St. Estephe in Manhattan Beach; and Steve Singer of the Parkway Grill in Pasadena.

Scheduled Sunday through Thursday, from January 5 through January 23, the event focuses on the various aspects of gourmet American cuisine, and features special Chef's Banquets twice weekly in The Ahwahnee dining room, highlighting regional menus prepared and presented by the featured guest Chef.

Later in the month, The Ahwahnee Hotel debuts the latest of its unique holiday events with the First Annual Musicians' Holidays. The festivities begin on Sunday, January 26, and will include "Meet the Performers" receptions, seminars, musical ensembles and special concerts.

The first of the two sessions scheduled is called "Opera Week," and will be highlighted by the participation of Opera Composer Conrad Susa, Opera Stage Director Daniel Helfgot, and The Eugene Fulton Chorale, among others.

The second session, titled "Musical Theatre Week," features various Broadway musical selections presented by famed Broadway Composers Forrest and Wright, Costume Designer Charles Berlinger, members of the San Francisco Conservatory Theatre, and a special guest appearance by comedienne Jo Anne Worley.

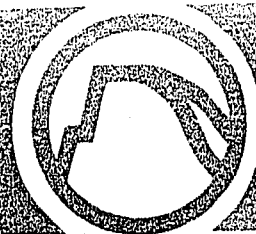
Tuesdays and Thursdays of each week the dining room of The Ahwahnee Hotel will be the setting for Dinner Theatre Banquets followed by theatrical performances involving the musicians and performers in attendance.

For further information on the opportunity to experience the talents of these prestigious musicians and chefs, call the Marketing Office at ext. 1445 or stop by the Concierge Desk at The Ahwahnee Hotel.

YOSEMITE SENTINEL

Editor Tom Williams
Contributing Staff Annette Bottaro, Garrett De Bell
Kim Saunders, Rick Vocelka

The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Company for the Yosemite Community. Contributions are welcomed at the Sales and Marketing Office or call 372-1445. Deadline for the February issue is Friday, January 3, 1986.



WELL-BEING

As an expression of the Company's deep concern for the continuing health and well-being of its employees and members of the Yosemite community, the Yosemite Sentinel is instituting a new column. Beginning with this month's introductory column on the Yosemite Park and Curry Company Employee Assistance Program, "Well-Being" will become a regular feature.

Employee Assistance Program

by Ed Hardy

As a Company we are concerned that we act in a responsible manner to resolve issues of health and well-being that affect the Yosemite community. We hope to accomplish this by providing an employee assistance program, working with available resources to make them more readily accessible to those who may need their services.

We want healthy, whole employees and community members, and will willingly offer assistance to those seeking it with the clear understanding that they may do so without jeopardizing their employment. Out of respect for the individual's privacy, we will deal with all problems in the strictest of confidence.

Alcoholism, drug abuse, physical or emotional illness, stress, and family crises are all serious personal problems. We recognize that when personal problems arise they can affect one's job performance and working relationships, as well as the community and the life of the individual.

To demonstrate our commitment to the responsibility of resolving these problems, we wish to ensure that employees have access to confidential counseling and necessary treatment.

As needed, counseling for substance abuse, and physical and emotional health issues will be arranged through the Company Personnel Office, with referral to the appropriate agency. Such agencies might include:

- the Yosemite Community Assistance Program, a local community-based referral system dedicated to helping all Yosemite residents regardless of the problem,
- individual professional counseling services such as those of the alcohol abuse counselor associated with the Mariposa County Mental Health Clinic,
- the Yosemite Medical Group,
- various self-help groups such as Alcoholics Anonymous and Narcotics Anonymous,
- various rehabilitative outpatient programs,
- in-patient rehabilitation programs such as the Phoenix Program at Merced Community Hospital and the ARC Council in Fresno.

If necessary, we are prepared to coordinate responsible intervention in severe cases when individuals have difficulty recognizing their responsibility in dealing with such problems; the Employee Assistance Program will assist in integrating necessary medical treatment, rehabilitation services and benefits. Leaves of absence, coordinated through the Personnel Office, will be approved on an individual basis for participation in substance abuse and mental and physical health rehabilitation programs.

To ensure that Yosemite Park and Curry Company employees and members of the community have immediate and easy

access to the best possible information, the Personnel Office will provide educational materials on alcoholism, drug abuse and various current health issues as they arise. Future issues of the *Sentinel* will describe the availability of such information as well as other assistance within the community.

The monthly "Well-Being" column will discuss individual issues of interest-related to health and well-being, including fitness, medical information on various communicable diseases, diet, mental and emotional wellness, etc. If you have a suggestion for a particular topic you would like to see discussed, please submit your suggestion to the Marketing Office.

Employees seeking information or assistance on any of the issues discussed in this column should see Rick Vocelka, Director of Personnel and Community Services, or Primo Custodio, Assistant Director of Personnel. Again, employees seeking counseling and assistance through the Personnel Office will have this information treated confidentially; seeking assistance or interface with any of these special help programs will not affect your employment with Yosemite Park and Curry Company.

With each of us resolving to approach these problems as responsible community members, we will contribute to a more healthy environment and productive and happy lifestyle, as individuals and as a Company.

Safety Program Rated a Success

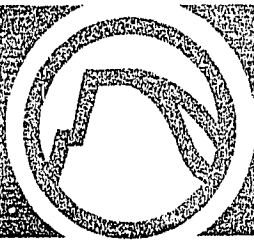
As part of the continuing efforts of Yosemite Park and Curry Company to heighten awareness of health and safety in the work place, the Company presented a Safety Training Program in mid-November that was attended by NPS and concession representatives. Yosemite was selected as one of three National Parks to be test sites for the new program which will ultimately be refined and adopted in all the National Parks.

"The idea," according to YP&CCo. Training Director Ruth Thorsen, "is to help our managers understand and implement the health and safety aspects of the new NPS-50 regulations. For Curry Company in particular, the program was a first-stop in creating safety manuals for each work unit.

Over 100 people participated in the week-long program, including NPS representatives from Lake Mead, Yosemite, and the Western Regional Office in San Francisco, as well as concession employees from Lake Mead and YP&CCo. managers.

The program consisted of nineteen seminars, field inspections and discussions presented by ten experts in the field of industrial health and safety. Program topics ranging from Loss Control Management and Life Safety in Dorms and Hotels, to OSHA Principles and Principles of Ergonomics, were developed with the help of MCA Corporate Safety Officer Paul Holehouse and Richard Wilburn, Chief, Branch of Safety Management, NPS, in Washington, D.C.

Program participants were very receptive to the information presented and the program was highly commended by all. Most felt the knowledge acquired would be of great use in their own safety programs. The success of the program was due to the cooperative efforts of many people, NPS and Curry employees, alike, and the National Park Service looks forward to implementing similar programs in other National Parks.



...FIFTY GOLDEN YEARS!

(continued from page 1)

The idea had been that Snow Creek Cabin would become the starting place for tours of the High Sierra Camps which would be developed as a series of ski huts similar to the shelters used in the Alps. However, it seemed that Americans were too new to skiing; cross-country skiing was slow to catch on. Soon the era of packed slopes and ski lifts took the spotlight away from touring.

A new downhill area, at Chinquapin, was used to some extent, as weather conditions permitted, in the winter of 1932-33. In 1933-34, after the completion of the Wawona Tunnel, the Wawona Road was kept open throughout the winter and the Chinquapin slopes became the principal scene of skiing activity.

"Old Badger Pass," at the summit of the old Glacier Point Road, challenged the area, however, with a bus taking skiers up from Chinquapin to the pass, where a large can or two of drinking water constituted the skiing supplies. The hill gave more scope for ski classes, with gentle slopes beyond and a variety of terrain for those who wished to tour about.

In 1934-35, with the opening of the new Glacier Point Road as far as Badger for the winter, skiers could hike into Badger Meadow (formerly known as Monroe Meadow) along a short trail from the road and climb the slopes surrounding it. Halfway up the "big hill" was a fair trek, and a schuss from there into the meadow really marked the skier as accomplished — or reckless!

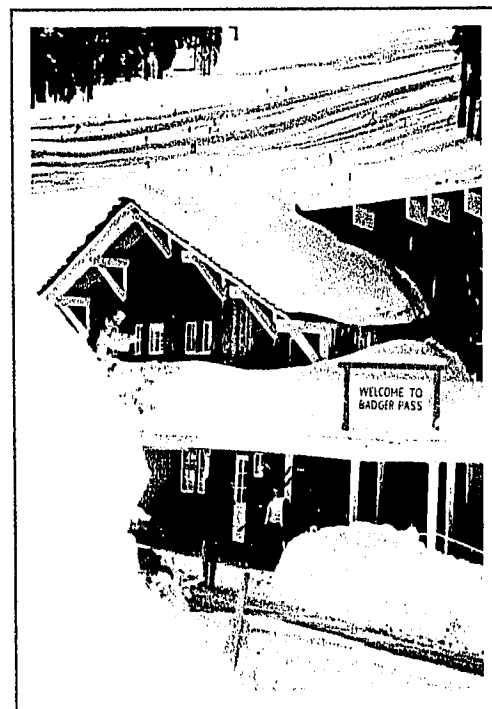
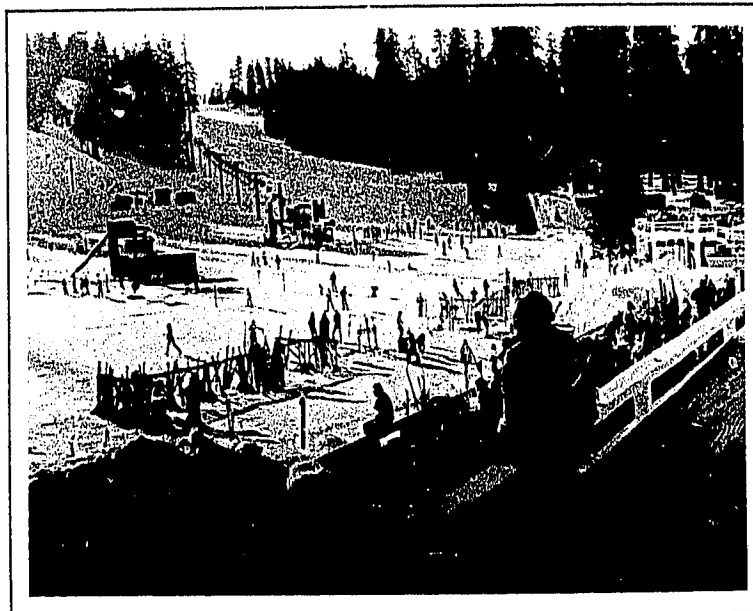
That site at Badger Meadow was finally chosen as the place for a major ski development, and the new Badger Pass Ski Lodge, designed by Ted Spencer of San Francisco, was built in 1935. Officially dedicated on January 5, 1936, the new Badger Pass became a strong influence on winter sports in California.

In *History of Skiing in California*, J.N. Hildebrand describes, "a splendid daytime shelter and ski centre, erected near the south rim of Yosemite Valley, at Badger Pass, proving one of the strongest influences in the state for the development of skiing."

Calling Yosemite a "pioneer in the winter sports field," J.E. Carpenter in *California Winter Sports*, describes Yosemite's part in California skiing development: "During the formative days of winter sports development only a few enterprises made any contribution to or furnished any leadership in the field of skiing. Of these, the Yosemite Park and Curry Company was the most outstanding, largely because of the intense interest taken by Dr. Don and Mary Curry Tresidder, who were great outdoor enthusiasts, skiers and skaters."

The first ski lift at the new Badger Pass was a pair of large sleds which counter-balanced each other as they were drawn up the hill. The sleds carried a maximum of six passengers each, up a rise of 280 feet by means of cables pulling the sleds, going up and down alternately. The following year this system was extended to the top of the mountain, and the year after that another pair of sleds was added and the two were dubbed "Queen Mary" and "Big Bertha." The first T-bar tow lift replaced these in 1947 for use in 1947-48; another was added on the Badger Hill a couple of years later, and in the fall of 1964 a third was built. Double chairs replaced T-bars at Red Fox and Badger in 1973 and a special beginner's chair replaced the Bruin T-bar in 1981. Each lift has the capacity to carry between 1100-1200 people per hour.

In 1929, Yosemite made a bid for the 1932 Olympics. Horace Albright, Director of the National Park Service, supported the



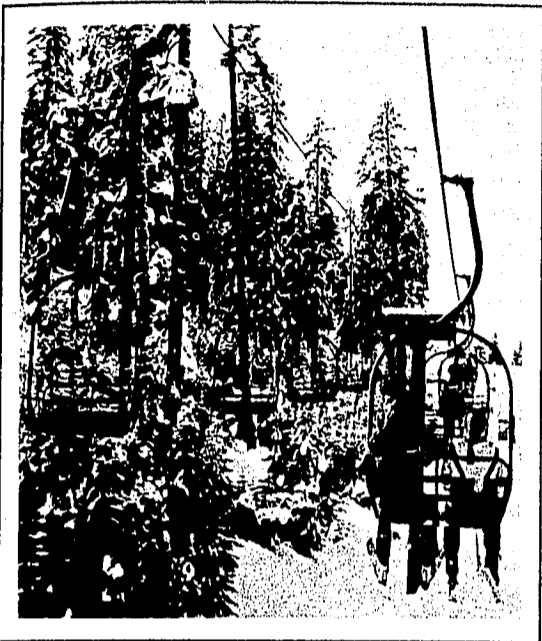
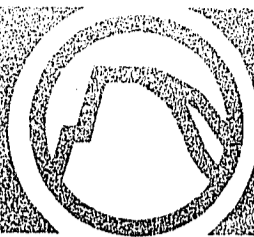
Top Left: Swiss ski instructor, Jules Fritsch (1930's), sets off for a day on the slopes.

Middle Left: Skiers enjoy short lift lines and another beautiful day at Badger.

Bottom Left: Welcome to Badger Pass! A record snowfall nearly hides Badger Lodge.

Top Right: Up, Up and Away! A short lift to another great run.

Middle Right: Yosemite's first ski lift, the "Queen Mary" upski.



idea, but despite great plans, it was turned down. Yosemite was the only place in California at the time equipped to handle the 1932 Games, consisting primarily of Nordic and skating events. By modern standards it would have been inadequate but skiing standards and the number of spectators were on a very different scale then. Ironically, at the time of the 1932 Winter Olympic Games in Lake Placid, New York, contestants were jumping into stacked hay while there was twelve feet of snow along the Glacier Point Road!

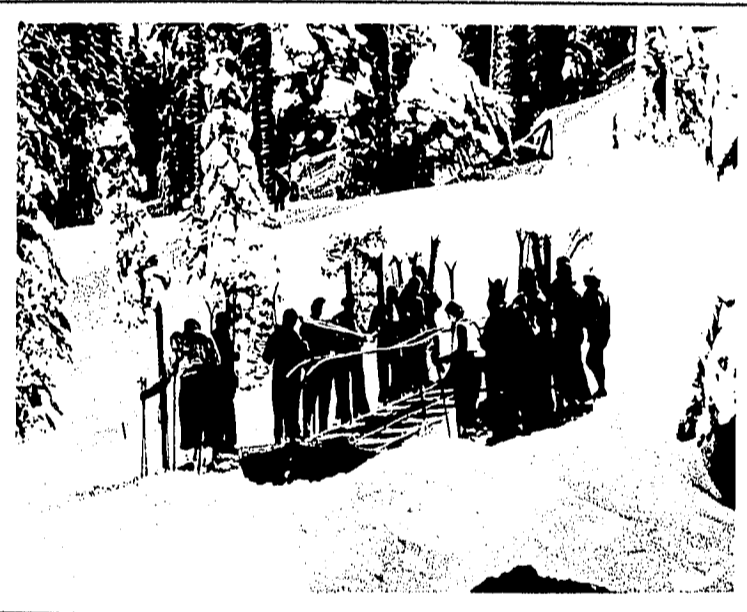
Dr. Don Tresidder took a great personal interest in the development of winter sports in California. His ardent support strengthened the progress made in them, especially in skiing. Tests of efficiency were developed, based on the British counterparts, and a variety of competitions were instituted. Skating events were the chief feature of the first meets, but by the thirties the emphasis shifted to ski races, primarily cross country, and later included slalom, downhill and jumping. By 1936, with the move to a higher elevation and the completion of the Badger Pass Lodge, Yosemite was known as the "Switzerland of the West," and regularly hosted skiing competitions.

The 1937 State Ski Championships drew forty-two skiers from thirteen clubs, including representatives from Yosemite's own Winter Club. The Fourth Annual Pacific Intercollegiate Ski Meet (a regular Yosemite event), in 1939, featured entrants representing colleges from throughout the far west, including UCLA, Stanford, UC Berkeley, USC, Washington State, Oregon and Utah.

That special spirit of competition and celebration continues today with regular NASTAR races, the Ancient Jocks Race, a variety of holiday events and the end-of-season fling, Winter Carnival, complete with a torchlight parade.

Over the past several years Badger has become the particular favorite of families who ski. Many of the parents and grandparents learned to ski at Badger Pass and the convenience of the One-Stop Ski Center with 32k of groomed cross-country track and the gentle slopes for downhill, plus the amenities of the Badger Pass Lodge and the excellent skiing instruction available, make it a prime location for beginners and intermediates.

As you join the skiers at Badger Pass this winter, take time to enjoy the history of those who have skied those runs before you for fifty glorious years!



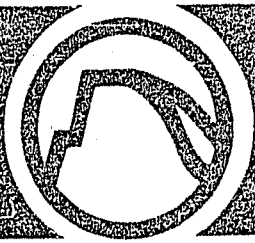
The Heart of Badger Pass — Nic Fiore!

It was December 1947 when Nic Fiore, a new instructor hired by Yosemite Ski School Director Luggi Foeger, first arrived in Yosemite Valley. With a nervous glance at Half Dome's nearly 5,000-foot summit, Nic inquired of his new boss, "Where the hell do the beginners ski around here?"

Thirty-eight years later, having just celebrated his sixty-fifth birthday, Nic Fiore can answer that question — Badger Pass! Each winter morning finds Nic up before dawn for another day at the Yosemite Ski School, where he's been the Director since 1957.

Much of the credit for the great success of Yosemite's skiing program is due to the efforts of Nic, who takes an active part in all aspects of the School, including teaching some lessons. People who took their first lesson from Nic still return to have their children learn to ski at Badger Pass.

Summers find Nic in Yosemite's spectacular backcountry, making his rounds on foot, of the High Sierra camps, to direct operations. But, this winter, like the thirty-seven previous, will find him on the slopes at Badger Pass...this year to join the celebration of this special anniversary. And, with congratulations to Badger, go congratulations and thanks to Nic Fiore, the heart of Badger Pass!



Clinic Update

NEW VACCINES AND IMMUNIZATIONS

by Gary M. Flashner, M.D.

For most people, the subject of vaccines and immunizations brings to mind the shots that they received as children. However, advances have been made in this area of preventative medicine and the purpose of this article is to bring community members up to date on some of those developments.

PNEUMOCOCCAL VACCINE

Streptococcus Pneumoniae is the name of a group of bacteria that causes a variety of diseases in children and adults, and is probably best known for causing a kind of bacterial pneumonia in all age groups, particularly those over the age of 40. Despite the fact that this disease is easily cured with the proper administration of penicillin, it is still responsible for a significant number of deaths every year, usually because the patient has underlying medical problems.

The Pneumococcal vaccine is made from the twenty-three most common sub-types of the bacteria and all twenty-three parts are combined to make up the final vaccine. Vaccine effectiveness ranges between 60-80%. It is currently felt that the protection received will last a lifetime in those immunized no younger than two years of age.

The Center for Disease Control recommends that the following groups of people receive this vaccine to help protect against serious Pneumococcal infection: adults who have chronic heart/lung conditions that are felt to increase the risk of developing serious lung infections; those with chronic liver disease or cancer, chronic kidney failure, or who have had a spleen removed, and those with alcoholism; and all adults age sixty-five or older who are otherwise healthy.

Also, children in the following categories should be immunized: children age two or older with diseases of the liver, spleen, kidneys, and immune system similar to those noted above for adults. Please note that it is not considered appropriate to give this vaccination to children with frequent colds, ear infections, or sinus infections.

Adverse reactions and side effects to this vaccine are mild. About half will develop some redness and pain at the site of the shot. Fewer than one in one hundred will develop a fever, muscle aches, and pain at the site of the shot.

HEMOPHILUS INFLUENZAE DISEASE

Hemophilus influenzae is the name of a group of bacteria known to cause a variety of diseases in young children. One specific member of this group causes the most common form of bacterial meningitis, an infection involving the brain and spinal cord, in children under the age of five. Approximately one out of every 2000 children in this country develops a serious *Hemophilus Influenzae* infection every year. Of those who do, five out of twenty die and approximately a quarter to a third will develop some type of permanent brain damage if they survive.

1985 Service Awards Banquet Honors Special Employees...

On Tuesday, November 12, the Yosemite Park and Curry Company honored its employees at the Seventh Annual Service Awards Banquet. During the course of the evening, while honored employees and specially invited guests enjoyed a sumptuous dinner at the Curry Pavilion, over one hundred awards were presented, representing an accumulated 1110 years of service!

Eighty-three awards were presented to five-year employees, thirty people were honored for ten years of service, nineteen for fifteen years, and twenty-nine very special people for sixteen or more years of service, as well as five people given honorable mention and honored for between nineteen and thirty-eight seasons with the Company.

Twenty-year honorees were Martha Miller, Bob Nester, Margrith Raspotnik and Joe Wheeler. Joe Westmoreland of Yosemite Tours was presented with the only award for thirty years, and honorable mentions included three employees with more than thirty years of service, including Richard Chick, Ray Wilson, and Nic Fiore, as well as Ade Harders of the Yosemite Stables, honored for forty-one years with Yosemite Park and Curry Co.

As pictures attest, it was an evening enjoyed by all, and a special one particularly for those honored for years of dedicated service to making the Yosemite Experience a rewarding one.

Page seven photos of 1985 Service Awards Banquet by James Johnson.

Diseases caused by this bacteria are contagious. Household members and children who are attending day-care and pre-schools are known to pass it around.

The vaccine is made by using one part of the structure of the bacteria. It is given as an injection. It is not like the whooping cough vaccine in the way that it is made and therefore there is not the chance of a child developing a severe reaction to the vaccine itself.

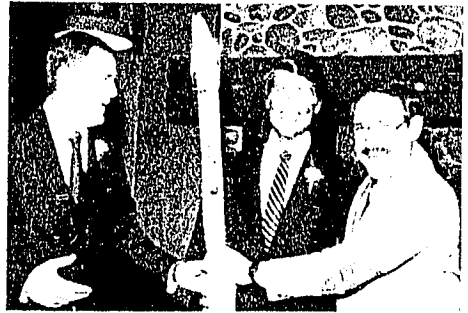
The older the child the better the protection with this vaccine. There is a 90% or better chance of the vaccine working if the child is two years of age or older. Available information indicates that protection lasts from one and a half to three and a half years.

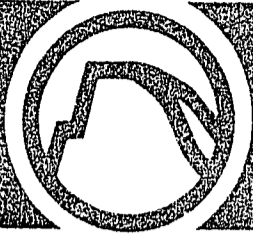
Those who should have the injection include: all children who are ages two to three years; children eighteen to twenty-three months of age and those four and five years of age who attend day-care centers; and particularly the older children with chronic diseases who are in day-care situations. Children receiving the DPT vaccine may receive the new vaccine simultaneously.

Mild fever (of less than 101.3 degrees) is a common side effect, as is mild swelling and redness around the area where the shot was given.

For further information about either of these new vaccines, please call the Yosemite Medical Group at 372-4637.

...for 1110 years of Service!





BETWEEN THESE WALLS

Movies

January 14: *Desperately Seeking Susan*

January 28: *Dune*

Movies are shown at 8:00 and 10:00 p.m. in the East Auditorium of the Visitors Center. \$2.50 per adult, \$1.50 per child.

Videos

January 2: *Amadeus*

January 9: *LadyHawke*

January 16: *Strange Brew*

January 23: *Breaker Morant*

January 30: *Doctor Zhivago*

Videos are shown free at the Carabiner Cafe, the employee recreation center (located in the Village Sport Shop), at 8:00 p.m. Food and beverages available prior to showtime.

Ongoing Events

Aerobics: Monday, Wednesday and Friday, 5:30 - 7:30 p.m., West Auditorium.

Basketball: 3-on-3 basketball, Monday and Friday, 5:30 - 8:30 p.m., and Wednesday, 5:30 - 7:30 p.m., as the School Gym.

Carabiner Cafe: Daily except Tuesday, from 4:00 - 11:00 p.m. Food services available 5:00 - 9:00 p.m.

Weight Center: Monday through Saturday 10:00 to noon, 1:00 - 4:00 p.m., 5:00 - 8:00 p.m., Sundays 10:00 - 2:00 p.m.

Classified

FOR SALE: '66 VW Bus - Classic Camper. One owner, ten years. New motor, transmission, brakes, etc. Excellent condition \$2500. Call Eric at 742-7973 evenings.

FOR SALE: 1975 4x4 Subaru \$2200 or best offer. Also, 1974 Ford Pickup for \$900 or best offer. 379-2227 evenings.



Badger Pass Birthday Celebration!

Don't miss your chance to celebrate the fiftieth anniversary of Yosemite's own Badger Pass. On January 5, 1986, join the festivities at Badger in honor of the day, exactly fifty years ago, that Yosemite skiers and winter enthusiasts dedicated the new Badger Pass Lodge! There will be a birthday party, complete with cake, at 1:00 p.m. on January 5th at the Badger, so bring your skis and join us for a day of celebration!

Announcements

Do you have **Announcements** or **Classified Ads** of interest to the Yosemite community? Submit them to the Marketing Office of Yosemite Park and Curry Company for inclusion on this page of the *Yosemite Sentinel*. The *Sentinel* is published monthly; the deadline for each month is the fourth day of the previous month.

Did you know you can beat the lunch-hour rush? **Degnan's Deli** is pleased to offer a special service for Park employees. You can call in your lunch order in advance from 9:30 - 11:45 a.m. daily, to the Degnan's Deli staff at 372-1454.

Feeling fat and out of shape after the holidays? Well, Laurie and Nancy are ready to exercise the holiday bulge off your body...join them on Mondays, Wednesdays, and Fridays, from 5:30 to 7:30 p.m. in the West Auditorium for some fast and furious, fat-burning **Aerobics!**

The **Employee Training Department** is looking for teachers for the spring semester of Merced College classes. If you have a skill to share or a suggestion for a class, please call Mary at extension 1448.

January is the time to enroll in **Advanced First Aid** and **CPR**, both to be offered through the Employee Training Department of YP&CCo. Call extension 1448 for further information.

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

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YOSEMITE SENTINEL

Book XII, Volume 2

February 1986

DESSERT THEATRE'S *HARVEY* BOUNDS ON STAGE!



Kim Birch as Elwood P. Dowd

The December 12, 13 and 14 performances of Mary Chase's endearing play, *Harvey*, delighted this year's Dessert Theatre patrons. Presented through the cooperative efforts of the Yosemite Park and Curry Co. Employee Recreation Department and Merced College, the play culminated months of planning and rehearsal and once again showcased the talents of Yosemite's own!

The play represented one day in the life of the not-so-ordinary Dowd family, including a would-be debutante niece, a not-quite-right sister, a crotchety judge, and the staff of the craziest "nut house" in California! Star of the story, Elwood P. Dowd (with his "friend" Harvey), meanders through all the panalopy with ease, while spreading his own unique brand of philosophy to all he meets...eventually showing everyone that he need not be sane to be normal!

Spearheaded by the brilliant performance of Kim Birch as the ever unflappable Elwood, the cast also starred Vicki Buckler (in her first performance) as Veta Simmons, Elwood's neurotic sister; Julie Renner as Myrtle Mae Simmons; Stuart Ellis as Dr. Sanderson; Hannah-Corey Butler as Nurse Kelly; Pete Corpus as Dr. William Chumley; and veteran performer Michael B. Schwartz as cantakerous Judge Gaffney.

Also featured in the performance were Wanda Starnes as Betty Chumley, Derene Jo Darrah as Mrs. Chauvenet, G.M. Harrison as the cab driver, Lisa Spencer as the maid, and Christopher C. Becker as the sanitarium orderly, Mr. Wilson.



Elwood (Birch) in action at the sanitarium!

Directed by Christopher Becker, with the able assistance of Phillip Johnson and Ellison Custodio, the play was more than just a vehicle for the talent of many of the participants; college credit was earned by those who were enrolled in the Merced College play production class offered this past fall through the Employee Training Department.

Produced by J. Bennett Martin who was assisted by Dominique Tardiff, the play featured make-up by Lezahlee Patrick, SFX by David Roth, costumes by Donna Vreyens, and lighting by Tom Phipps and Frank Morgan. The first-rate production also featured a spectacular set, a labor of love by the employees of Degnan's Deli.

In addition to the sterling performances on-stage and behind the scenes, were the performances on the floor by the dedicated volunteer staff of waitri and cocktail servers. Their participation in the presentation of the play, as well as the excellent food and drink, helped to make this year's Dessert Theatre an event to remember!



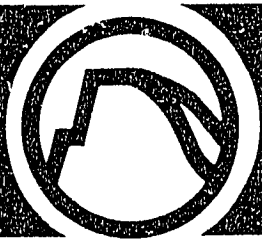
Vicki Buckler (Veta Simmons)



Michael B. Schwartz (Judge Gaffney)



With the able assistance of special guests, Nic Fiore blows out the candles atop birthday cake for 50th ANNIVERSARY OF BADGER PASS, January 5, 1986!



YES! SNOWCONES IN WINTER!

Each winter, a notable and famous landmark forms at the base of the Upper Yosemite Falls. If you wondered at the mention of snowcones in winter last month in the *Sentinel*, take a walk through the Valley on a clear winter day and look at the Upper Falls. A giant cone of ice forms there each winter, and although similar such cones form beneath many of Yosemite's winter waterfalls, the remarkable size and imposing stature of the Yosemite Falls cone set it apart.

The cone phenomenon results from several factors; the primary component is ice, which, after being formed at night on the edges of the fall, is loosened from the granite by warmer daytime temperatures and crashes to the basin some 1,600 feet below. An impressive pile of this ice gradually accumulates and is strengthened by freezing sprays of water. Adding substance to the cone is snow and ice from the Yosemite Creek drainage which washes over the falls.

The size of the cone varies considerably from year to year. Severe winter weather often generates a formation of large proportions. The largest estimated dimensions for a cone were recorded before the turn of the century: a height of 322 feet, a base of 3.7 acres, and a total volume of 25 million cubic feet of ice and snow! The average maximum height reached is between 200 and 250 feet.

Although the snow cone appears annually and was recorded even by John Muir, it is a difficult task to measure, for safety as well as size factors. Hiking across the ice cone is an extremely dangerous venture; one must contend with large blocks of falling snow and ice, freezing sprays of water, crevasses, and weak

collapsible sections of ice. The top portion of the cone, resembling a cornice in shape, is particularly inaccessible.

Normally fully developed by late March, the ice cone begins to disintegrate with spring's mild weather. The water coming over the falls is usually warmer by this time, and promotes the process of melting. By early to mid-April, the ice cone is no longer in evidence.

HOW TO ESTABLISH YOUR TRAINING HEART RATE

Your target training range is 60 to 85% of your maximum heart rate. The ideal training goal is 75%.

To find your maximum heart rate, subtract your age from 220 beats per minute, which is everyone's maximum heart rate in early adulthood.

Multiply this number by 60%, 75%, 85% to find the lower, middle, and upper ranges of intensity for your aerobic exercise. Use these numbers as guidelines, and check your pulse frequently to monitor your heart rate. The easiest way to do this is with the aid of a clock or watch with a second hand; count your pulse rate for six seconds and multiply by ten. This will determine how many times in one minute your heart is beating.

If you are out of condition or just starting a program, start at about 60% of your maximum heart rate. As your condition gets better, push yourself to 75% or 80%, but never over 85%. Remember that you should be able to carry on a conversation comfortably while exercising; if you can't you are exercising anaerobically and losing the benefit to your cardiovascular system.

YOUTH SPORTS REPORT: Fall Roundup and Winter Sports

by Ron Mackie

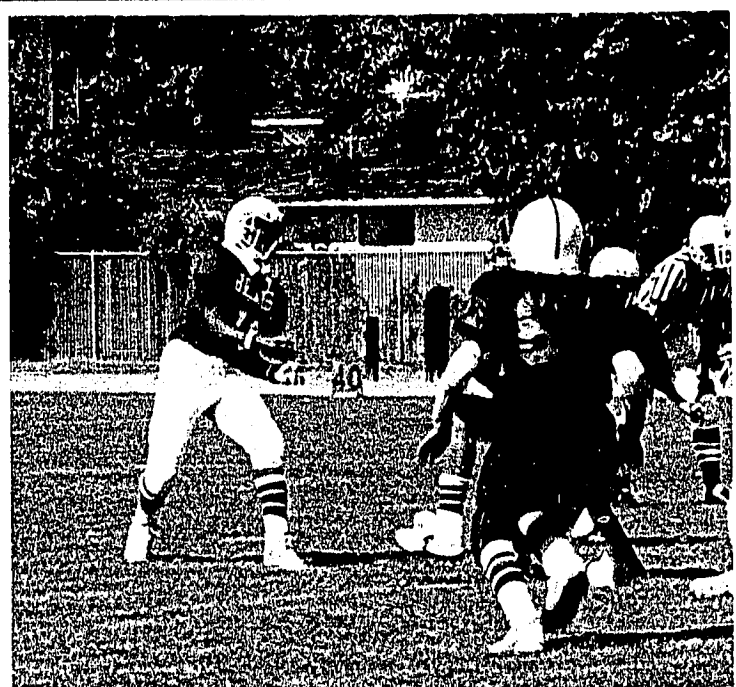
Football season is over for the Mariposa High School and County Pop Warner teams. Playing for the Mariposa Varsity Team, which took second place in the Southern League, were John Abell, Gerard Godfrey, Lance Davis and Mark Sims. Starting players for the Junior Varsity Team included sophomores Dana McGhehey, Jim Little and Roy Freitas, and freshmen Mike Mackie, Jeff Hinson, Tim Donaldson, Paul Smith, and Jay Edeal. The Pop Warner "Mariposa Bears" starred J.C. Lee, Kelly Singer, Billy Wentzek, and Danny Mayes. J.C. Lee was voted most valuable player by his teammates.

The Park community sponsored three soccer teams this last fall. The Under 8's, sponsored by the Yosemite Rotary Club, were coached by Pat Perry, Under 10's by Jim Massey, and the Under 12's by Larry Harris. One community boy made the High School soccer team, Sean Arnold.

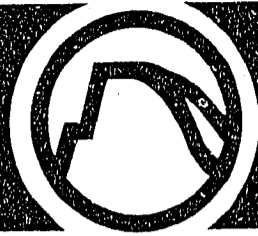
The Mariposa High School Girl's Volleyball team had an outstanding season going undefeated in league play and winning in Valley sub-sections before finally being defeated in State Sectional playoffs. Tracy Donaldson was one of the fine athletes representing the Yosemite community on this exceptional team.

Playing on the Mariposa High Boys' Junior Varsity basketball team is Jim McKenzie; Robert Law plays for the frosh team. The Girls' Varsity Team includes Bridget Bustillos, Tracy Donaldson, Natalie Godfrey, and Sarah Vocelka; Eileen Gallagher is on the Girls' Junior Varsity Team.

Congratulations to these fine students and athletes! Next month's column will feature the Yosemite Winter Club Ski Team!



J.C. Lee, #11, quarterbacking the Mariposa Bears against the Madera Bengals.



WELL BEING: The Importance of Aerobic Exercise

*What a piece of work is man!
How noble in reason!
How infinite in faculty!
In form and moving how express and admirable!*

William Shakespeare
Hamlet, Act II, Scene ii

Aerobic. You hear the term frequently these days. But, what does it mean and of what importance is it to your health and well being?

The word *aerobic* is Greek in origin; *aero* means air, "bic" for *bios*, meaning life. Aerobic exercises is, therefore, exercise that depends upon air for life.

Although aerobic exercise is just one part of a total fitness program, it is the foundation. Aerobics require a full supply of rich oxygen that enables the muscles and other cells of the body to produce energy. Using the body's largest muscle groups in rhythmic, continuous movements for a sustained period of time, makes you breathe deeply, sending oxygen-rich blood throughout the body.

How effectively your body uses its oxygen supply is the best measure of your overall fitness. The importance of aerobic exercise is to train your heart to work more effectively and thus, less stressfully. As you achieve good condition, your heart will become so efficient that it can pump the amount of blood necessary to your body in fewer beats per minute. Achieving a high level of fitness and maintaining it will affect your life profoundly, both mentally and physically, as the cardiorespiratory system is the "heart" of vitality for the entire body.

To be most effective, aerobic exercise must be:

Brisk. The ideal aerobic workout will get your heart pumping significantly above its resting rate but still below its maximum. Your goal should be about 75% of the maximum number of times your heart beats in a minute; this is your training heart rate. Exercise below 60% will provide little conditioning benefit, and above 85% is not necessary to maintain fitness.

Remember, too, the importance of air — if you exercise so hard that you cannot breathe comfortably your efforts become anaerobic, or working without air. Your body needs sufficient oxygen to perform; remember to go longer at a slower pace, for good aerobic benefit. The best way to monitor your heartrate is to check your pulse frequently. See page two for help determining your training range.

Steady and sustained. Dependent upon the type of aerobic exercise you select, a good session should last a minimum of 15 - 30 minutes. Very brisk exercises, such as running, cross-country skiing, stationary biking, uphill hiking, and dancing, will easily push you to your upper range training rate and initially need only be maintained for a minimum of fifteen minutes. Mildly brisk exercise, such as walking, swimming, cycling, and calisthenics, don't work your heart as strenuously and should be maintained a minimum of thirty minutes, initially. As your condition improves, these times can be extended, but remember: go longer, not faster.

Regular and consistent. To maintain your fitness level, you should work out aerobically three times weekly; to improve it, up to six times a week. After achieving a good fitness level, you need not extend beyond three times weekly, at 30 - 60 minutes each session, to maintain it.

As with any fitness program, it is essential to be sensible. If you have special medical circumstances, are overweight, or over 35 and inactive, see your doctor for advice before starting an aerobic exercise program. Of utmost importance to any exercise program is a warm-up period before the exercise and a cool-down period afterwards. Be fair to your body; allow time for both. They are critical to avoid injury and undue physical stress.

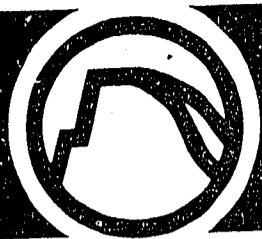
And, remember that aerobics are just one factor in fitness. Strengthening and stretching exercises, a balanced diet, and periods of rest are also essential elements of a complete fitness program.

The benefits of a complete fitness program are extensive: a strong, healthy body and mind that work efficiently, more energy, greater alertness, a stronger immune system, a better tolerance to stress, and many others; perhaps most importantly, just feeling good — that sense of well-being!

Yosemite Park and Curry Company Goals and Responsibilities

The Yosemite Park and Curry Company, a contractor to the Department of Interior, recognizes its responsibilities to protect the unique natural resources of Yosemite National Park. Our goals are:

- To assist in the preservation of Yosemite National Park by working enthusiastically with the National Park Service and other environmental organizations to protect the Park resources.
- To adhere to the finest standards of guest service, safety, sanitation, and hospitality.
- To respect the merits of employees through mutual trust and non-discrimination and provide a working atmosphere that promotes pride and communication.
- To encourage and be receptive to innovative ideas.
- To cooperate with the community to provide the best possible environment.
- To protect company assets and ensure a fair profit.



BETWEEN THESE WALLS

Movies

February 11: *Prizzi's Honor*
February 25: *Passage to India*
Shown at the East Auditorium, 8:00 and 10:00 p.m. Adults \$2.50, kids \$1.50.

Videos

February 6: *Easy Rider*
February 13: *Deliverance*
February 20: *Hombre*
February 27: *Alien*
Shown at the Carabiner Cafe at 8:00 p.m. FREE!

Continuing Events

Aerobics: Monday, Wednesday, Friday (West Auditorium), 5:30 - 7:00 p.m.
Basketball: Monday, Friday, 5:30 - 8:30 p.m.; Wednesday, 5:30 - 7:30 p.m.; at the School Gym.
Carabiner Cafe: Daily except Tuesdays, 4:00 - 11:00 p.m., menu service 5:00 - 9:00 p.m.
Weight Center: Monday through Saturday, 10:00 a.m. - 12:00 noon, 1:00 - 4:00 p.m., 5:00 - 8:00 p.m.; Sundays 10:00 a.m. - 2:00 p.m.

Special Events

Watch for flyers on the *Valentine's Dance!*

BUCKLE UP!

It's the law in California now, so buckle up your safety seat belts whenever you're in your car. With the passage in 1985 of the law requiring all passengers in cars and light trucks to wear seat belts, California joins fifteen other states and more than thirty foreign countries with safety belt laws.

The California State Automobile Association urges you to comply with the new law. "Experience demonstrates that safety belts do save lives and safety belt laws increase belt use. In countries and states with mandatory belt laws, use has doubled and tripled. And, when safety belt use goes up, traffic deaths and injuries go down. As an example, New York highway deaths were cut by one-third in the first five months following enactment of its use law just one year ago. Results like New York's are important to California, which suffers over 2,200 deaths and close to a quarter million injuries in passenger cars each year, important not only to the friends and families of the victims but to all of us who help pay the close to \$2 billion annual bill for the state's traffic accidents."

California has made a strong commitment to improving passenger protection on the state's highways. With safety belts available in almost all cars on the road today, we can expect to see a dramatic improvement in California's safety record under the new safety law.

Safety belts work and experience proves safety belt laws work. Help save lives on our highways; buckle up!

YOSEMITE SENTINEL

Editor Tom Williams
Staff Annette Bottaro, Christopher Becker, Kim Saunders
Harvey photography by Annette Bottaro; Badger Pass Birthday photo by James Johnson; Youth Sports photo courtesy Ron Mackie.
The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Company for the Yosemite Community. Contributions are welcomed at the Sales and Marketing Office or call 372-1445. Deadline for the March issue is Monday, February 3, 1986.

Classified

Energetic, dependent female would like part-time work at housekeeping. If interested, please contact Sandy Sage at Curry Village (Cooks WOB #10) or leave message at 372-1420.

FOR SALE: Five acres and 12x65 mobile home with expando living room. Includes earthstove, swamp cooler, refrigerator, new carpeting and linoleum. Very good well. Fruit trees on property. \$49,000 or make offer. Call 742-6436.

FOR SALE: Five acres of property in Mariposa on Old Highway. Views of Sierra, seasonal creek, oaks, power and phone. \$25,000. Call Dick Ewart, evenings at 372-4300.

1985 S-10 Blazer for sale. Take over payments on approved credit. Call Sandy, days 372-4894.

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Yosemite offers a unique opportunity for a variety of aerobic exercise, even during winter. So, don't hibernate - get out and enjoy! Start today!

Want a group AEROBIC DANCE program? YP&CCo. offers aerobics three nights a week at the West Auditorium: Monday, Wednesday and Friday from 5:30 - 7:00 PM.

Like to start running but not alone? Contact Dennis Yamnitsky at P.O. Box 699, Yosemite, for information about the new Team Yosemite! And, look for Dennis's column on well-being and running in the April Sentinel.

Stationary biking your bag? Don't forget the Weight Center at the Lodge. While you're there, get in your strengthening exercises on the weight machines. The Employee Recreation staff will be glad to help you establish a program. The Weight Center is open daily, Monday through Saturday, 10:00 to noon, 1:00 - 4:00, and 5:00 - 8:00 PM, and on Sundays 10:00 - 2:00PM.

How about cross-country skiing? If that sounds like your kind of fun, call the Cross-Country Ski School at Badger Pass (X1244) for more information on lessons and rentals.

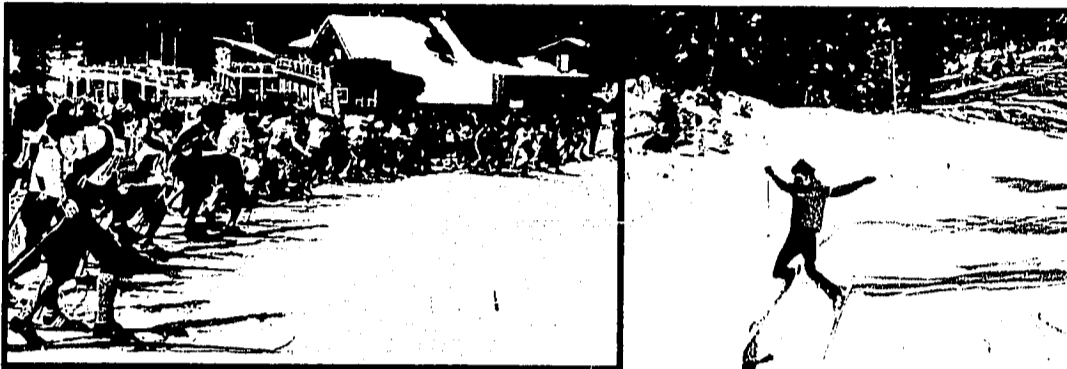
Start a walking program today! See the reverse side of this page for a map of distances for walking (or jogging) around the Yosemite Valley. Keep your pace brisk and sustain it for 30-60 minutes. Look around - enjoy Yosemite!

YOSEMITE SENTINEL

Book XII, Volume 3

March 1986

WINTER FROLICS CELEBRATE SNOW!



FINISH



WINTER CARNIVAL SCHEDULE MARCH 22, 1986

- 10:00 a.m. Children's Slalom race on Bruin Hill for 12 years old and under. Prizes to be award.
- 11:00 a.m. Obstacle race on Chipmunk Hill for 13 years old and older. Prizes to be award.
- 12:30 p.m. Costume contest judging on the Badger Lodge main deck. Open to all ages.
- 1:00 p.m. Cross-country ski race on Badger Hill. Open to all ages. Four prizes to be awarded.
- 2:00 p.m. Double Slalom race on Badger Hill. Open to all ages.
- 5:00 p.m. Steak and Barbeque Beans dinner at the Badger Pass Lodge. \$9.00 for adults and \$5.00 for children 12 and under.
- 6:00 p.m. Awards ceremony in main Badger Pass Lodge.
- 7:30 p.m. Torchlight Parade on Eagle Hill.

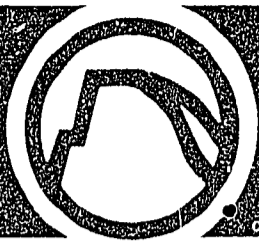
As early as there were year-round residents of Yosemite, there was cause for celebration of snow...a winter frolic! In the early 1930's, the first snow fall of each year marked the beginning of a season-long celebration of winter with snow carnivals staged every two weeks throughout the winter. Celebrants arrived in glorious costumes to skate on an outdoor rink at Camp Curry "...decorated and illuminated by a thousand colored lights!"

For the Ice Skating Fancy Costume Carnival of 1930, "the grandstand accommodated comfortably 500 spectators who witnessed a program consisting of figure skating exhibitions and 150 skaters in costume gracefully whirling around the rink."

With the opening of the new Badger Pass ski resort in 1935-36, some of the attention for winter sports and celebrations moved to higher elevations and the traditions of new winter festivities were born. In recent years these festivities have focused on three very special events...the famous Yosemite Winter Club sponsored Ancient Jocks Race, the Nordic Holiday Race for cross-country skiers, and the Annual Badger Pass Winter Carnival.

This year, tradition continues. Whether you are a serious contender for the ski races and costume contests, or just a winter enthusiast with cause to celebrate, March is the month for you to join the festivities at Badger Pass.

Beginning March 1 with the Sixteenth Annual Nordic Holiday Race and gearing up on March 8 for the Ancient Jocks Race, this month culminates with a variety of races and contests for all ages on March 22, at the Fifteenth Annual Badger Pass Winter Carnival. So, don't miss a date...for more information on the Ancient Jocks Race and the Nordic Holiday competition, check the Announcements column on this month's back page.



WELL BEING: YP&CCo. Program Promotes Healthy Backs

by Ruth Thorsen

Back pain is one of mankind's most common ailments. Ever since man assumed the upright position and became the "backbone" of society, his lower back has suffered. Since humans do not have the advantage of walking on all fours, their lower backs must bear the brunt of the body's weight. Backs have also inherited the ever-increasing stress of daily living, poor posture, lack of exercise and overeating.

Each year seventeen million people consult a physician for low back pain and currently seventy-five million Americans are suffering with back problems. If the present rate continues, approximately 80% of all workers will experience back pain during their lives and most of these people will be between the ages of twenty and forty-five. Unfortunately, once a person has had a back injury, susceptibility to reinjury or other multiple injuries is three or four times more likely.

Your back is a powerful yet delicate machine that is always working, twenty-four hours a day, every day of the year. Its chief functions are to support your upper body, protect your spinal cord, and allow flexibility. It needs proper care and attention to keep it working smoothly and trouble-free.

While there is no simple solution to back pain, most such injuries can be prevented. You can decrease the odds that you'll have a back injury simply by learning the proper techniques for

lifting and materials-handling, controlling your weight, adopting good posture, and exercising to increase muscle strength and spinal flexibility.

Many companies have developed back injury prevention programs and found a significant decrease in both the number and the severity of back injuries — often by as much as 50%! In November, Yosemite Park and Curry Co. hired Sandra Hansen, R.P.T., of Hansen and Associates, Inc., to do a three-phase Back Injury Prevention Program. Phase One was an ergonomic assessment of our high risk units, those with the highest incidence of back injuries. For two days, Ms. Hansen observed and photographed these work environments and how our employees work in those areas. During the second and third phases, she trained management staff and coached trainers to continue the program on an in-house basis. Over half of the Company's management staff attended one of the two-hour training sessions. Others participated in the special three-hour session, as part of the Safety Training Program offered in November. All sessions were a participative combination of anatomy lessons, lifting and bending techniques, practical exercises, and relaxation skills.

Six people from the Park were trained to be in-house trainers, including Nelson Siler and Susan Marshel from the NPS Safety Office, and Ron Jennings, Bennett Martin, Mary Hayes, and Ruth Thorsen from the YP&CCo. Administrative Division. Using the training manual, slide show, and handouts designed by Sandra Hansen, these individuals are now conducting monthly training sessions with the designated high-risk units. Dr. Jim Wurgler and Lois Smith of the Yosemite Medical Clinic attended one of Ms. Hansen's training sessions and will assist the trainers in the development of ongoing programs. The goal for YP&CCo. is to train employees in high-risk units by June 1.

Like any other safety issue, back safety is a shared responsibility. Yosemite Park and Curry Co. management is committed to reducing back injuries and the pain that accompanies them. In order to make this program work, employees must use the training in all aspects of their lives, at work, home and play.

A healthy back is strong, flexible, and painfree. A little planning and back awareness can go a long way in protecting your back from strain when standing, sitting, lifting, or moving. Safe body mechanics can help you accomplish any job safely and efficiently.

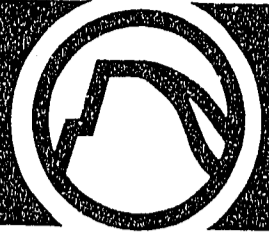
If you would like more information regarding back care or have suggestions for the program, stop by the Employee Training Center. The reference library has a variety of booklets on the subject and more materials are on order.



Oops! Please forgive our error...the lady on the left, identified in the last issue of the *Sentinel* as Vicki Buckler is actually Julie Renner, who starred as Myrtle Mae Simmons in the production of "Harvey" presented by the Employee Recreation Department. On the right is the real Vicki Buckler who starred in the production as Veta Simmons. Our apologies to both actresses.

YOSEMITE SENTINEL

EditorTom Williams
Contributing StaffAnnette Bottaro, Kim Saunders
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A Message from the President: YP&CCo. Service Responsibilities

by Ed Hardy

Individuals fortunate enough to work in a destination resort enjoy a variety of benefits; among those in Yosemite are the beautiful surroundings and vast recreational opportunities. What makes working here in Yosemite particularly unique and challenging is that it is among the most protected of federal lands, a national park. And, as such it is subject to more regulations, policies and sensitivities than in most other resorts. Additionally, there is the responsibility for a private business in a national park to operate in support of the National Park Service goal — to provide for the use and enjoyment of the Park while protecting the Park resource for future generations.

With the understanding that we must protect Yosemite's natural resources, Yosemite Park and Curry Co. places great importance upon the following six responsibilities in all its actions.

1. Our first responsibility is to our GUESTS. The guest is our reason for being here and quality guest service is critical. The best way to achieve this is to provide efficient, friendly service by well-groomed and courteous employees.

2. Our second responsibility is to our EMPLOYEES. It is the employee who provides quality guest service. As the employer, we try to meet our responsibility to our employees in a variety of ways, including training programs that encourage employees to improve their skills, activities provided by the Employee Recreation Department, and adequate housing, meal and uniform programs.

3. Responsibility to the COMMUNITY and the NATIONAL PARK SERVICE comprise our third concern. As the largest employer and taxpayer in the area, we donate to community programs and organizations, as well as pay County, State and Federal taxes. Our responsibility to the National Park Service is mandated by law and by our contract. We take it very seriously.

4. The fourth responsibility is to maintain QUALITY STANDARDS. We recognize the importance of environmental quality in Yosemite, and quality of service, facilities, and the environment are inspected regularly by YP&CCo. management, NPS

staff, other governmental agencies, and independent evaluators.

5. Our fifth responsibility is to MAINTENANCE. Facilities must be maintained in a safe and clean manner, enabling facilities and equipment to operate efficiently with a realistic life. Remoteness and inclement weather add to the challenge.

6. The sixth responsibility is MARKETING. By meeting our responsibilities to guests, employees, the community and the environment, we receive the business to remain viable. The message our satisfied guests pass on to potential guests is our most effective marketing tool. Every employee participates in the guest experience, and thus, in marketing.

The end result of these responsibilities is fair profit. Our rates are regulated by the National Park Service and our efficiency set by our staff at all levels. It is only after these responsibilities are met that a fair profit is possible.

By incorporating these six responsibilities into our daily actions, we succeed in providing an enjoyable Yosemite experience for all.

WHERE TO SPEND A RAINY AFTERNOON...

The Yosemite Research Library, begun in 1923, houses the most complete source of historical records, books, and current natural history information about Yosemite National Park that is available anywhere. It includes a photographic collection dating from the early 1920's to the present, a wildlife observation file dating from 1915, a map collection, a circulating collection of books and "separates," an extensive collection of back issues of periodicals, a newspaper clippings file dating from the 1920's, and much more.

Some of the services the Research Library provides are: routing of specific books and periodicals to individuals and divisions throughout the Park; a quarterly reading list of pertinent, current magazine articles; a listing of new books and materials available for circulation; and an extensive inter-library loan service.

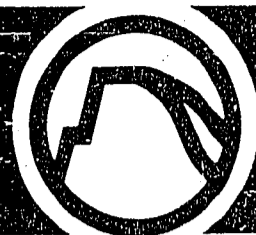
The library is also responsible for the Park's records which become important references to Yosemite's human and administrative history.

What does all this mean to you? If you are interested in any aspect of Yosemite's fascinating past, you are just steps away from learning more! Employees and residents are encouraged to visit and use the Research Library at any time. Currently, the Library is open, under the direction of NPS Librarian Mary Vocolka, Tuesday - Friday, from 8:00 a.m. to noon, and 1:00 - 5:00 p.m.

If you have the time, or can make the time on some rainy spring afternoon, stop by the Research Library, located in the building just beyond the Visitor Center, just upstairs from the Indian Museum. Lose yourself in the history of this remarkable place and enjoy!

*Snow Crystals descending
From the Heavens above
Not a Breeze Stirring
With Peaceful Serenity.
A Miraculous Transformation Occurs.
Every Tree Limb and Bush
Trimmed with white Lace
Nothing Left uncovered
Beauty with Exultation,
Leads to a purification
Of Thy Souls
For Thee My Lord.*

Joseph R. Paquette



BETWEEN THESE WALLS

Movies

March 11: *Ghostbusters*

March 25: *Silverado*

Movies are shown at 8:00 and 10:00 p.m. in the East Auditorium. \$2.50 for adults and \$1.50 for children.

Videos

March 6: *La Cage Aux Folles*

March 20: *American Gigolo*

March 27: *Heaven Can Wait*

Shown FREE at the Carabiner Cafe at 8:00 p.m.

Continuing Events

Aerobics: Monday, Wednesday, Friday, 5:30 - 7:00 p.m., West Auditorium.

Basketball: 3-on-3 basketball, Monday and Friday, 5:30 - 8:30 p.m., at the School Gym

Carabiner Cafe: Daily except Tuesdays, 4:00 - 11:00 p.m.. Menu service available 5:00 - 9:00 p.m.

Weight Center: Monday through Saturday, 10:00 a.m. - 12:00 noon, 1:00 - 4:00 p.m., 5:00 - 8:00 p.m., and Sundays 10:00 a.m. - 2:00 p.m.

Special Events

Casino Night...watch for flyers!

DANCE to "Hammersmith" on March 13 from 9-12 p.m., at the East Auditorium. \$4.00 - bring your ID.

Classifieds

FOR SALE: Five acres of property in Mariposa on Old Highway. Views of Sierra, seasonal creek, oaks, power and phone. \$25,000. Call Dick Ewart, evenings at 372-4300.

FOR SALE: '80 Pontiac Phoenix, V6 engine, hatchback, front wheel drive, cruise control, cassette. Runs great, very comfortable. Asking \$2400. Call 372-4202.

FOR SALE: 1982 Mobile Home, 14' x 56' — two bedroom, washer/dryer hookups, outdoor deck. Space A-15, River View, El Portal. Call agent, Tony, at 966-2221 or owner at 379-2817 before 9:00 p.m.

FOR SALE: Ladies 26" ten speed bike. Like new \$100.00. Call Deborah, 252-5294.

FOR SALE: King-size Captain's Waterbed, complete, \$350 or best offer; RCA Console Color Television, \$75 or best offer; one axle, basket pull seat for bicycle hook up (2 1/2' x 2 1/2' x 3'), \$50 or best offer. Call Scott at 379-2805.

Announcements

Yosemite Christian Fellowship pastored by Randy Bowen, is now meeting at the Girls Club on Sundays and Wednesdays at 7:30 p.m.

The 15th **Annual Nordic Holiday Race** will be held at Badger Pass on March 1, 1986. Sponsored by the Yosemite Nordic Ski School, the events include a 15 kilometer race and evening awards presentation. Registration will take place on March 1st between 9 and 10:30 a.m. at Badger Pass and the entry fee is \$10.00 per person. Come join the fun! For more info, call X1244.

The Yosemite Winter Club will sponsor the annual **ANCIENT JOCKS RACE** on Saturday, March 8, at Badger Pass. Open to skiers age 30 and over, the entry fee is \$5. Activities begin at noon with race registration and a potluck picnic at Badger. The "Over-the-Hill-Slalom" begins at 2:00 p.m. sharp and includes a beer stop halfway through the course! An evening featuring an awards presentation, steak dinner barbeque and video highlights of the day's races begins at 5:00 p.m. For more info, call X1330.

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Rod Craig, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00 - 4:00 p.m., Wednesday 12:00 - 3:00 p.m.

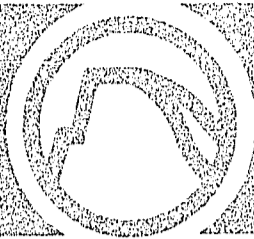
Yosemite Childcare Center Accepts children six months or older. Monday - Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00 - 5:30, Monday - Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00 - 12:00 and 1:30 - 4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.

IT'S THAT TIME OF YEAR!





GOLDEN CHAIN THEATRE PRESENTS '86 SEASON

Mystery, comedy, melodrama? Whatever your interest, the nineteenth season of Oakhurst's Golden Chain Theatre promises to satisfy your needs.

Opening in April with a contemporary comedy entitled "Crimes of the Heart," the season also plans a Fall presentation of Agatha Christie's mystery thriller, "Murder on the Nile." Special weekend performances of old, melodrama favorites "Ten Nights in a Bar" and "Love Rides the Rails" will be offered June-September, giving audiences the chance to boo the villain, cheer the hero, and swoon with the heroine!

Located just two miles north of Oakhurst on Highway 41, the Golden Chain Theatre offers a lively and entertaining evening out of the Park. Call 683-7112 from 8 to 8 daily for ticket information. Plan a party...discount tickets are available to groups of 24 or more!

YOSEMITE SCHOLARSHIPS ANNOUNCED

As the 1985-86 school year draws to a close, two scholarships have been announced. Deadline for the first, offered by the Yosemite Women's Club, is April 30. Open to 1986 graduating seniors, applications are available by calling 372-4573.

The Yosemite Scholarship Commission announces they are accepting applications for the 52nd Annual Yosemite Community Scholarship to be awarded in May.

Scholastic ability, leadership qualities, community participation, general aptitude, and financial need are all taken into account when considering applicants. Any graduating senior whose parent or legal guardian is employed on a year-round basis in Yosemite National Park or the El Portal Administrative site, is eligible to apply.

Further information and applications may be obtained from Commission Chairman Leroy Rust by writing to the Yosemite Scholarship Commission, Box 1, Yosemite. Applications will be accepted only until April 15.

In Memory of Frank Matranga

Frank was a beautiful, generous, loving person. He was a joy and inspiration to work with and be around. His death is a great loss to the Yosemite Community and his friendship is missed by us all. Let us remember Frank, rafting the river, riding his bike, and climbing Yosemite's granite to greater heights.

His family and close friends would like to extend their sincere gratitude for the sympathy, support, and warmth the Yosemite Community has shared.

In memory of Frank, donations may be sent to: Suicide Prevention, P.O. Box 449, Sacramento, California 95802; or to the special memorial fund set in his name at the Merced Canyon Committee, P.O. Box 152, El Portal, California 95318.

WELL-BEING: The Facts About AIDS

The growing epidemic of the disease AIDS now sweeping the country has caused some alarm. Accurate information regarding the disease has been compiled by Yosemite Park and Curry Co. and will be made available to Park residents.

In the interim, the following information on AIDS is offered by the Yosemite Medical Group.

AIDS (Acquired Immunodeficiency Syndrome) is a serious virus which affects the body's susceptibility to and ability to withstand infection.

Research indicates that certain groups of people are of greater risk to develop AIDS. Among adults, those include bisexuals and homosexuals, and those who receive IV drugs or blood transfusions. In children, 70% of the victims have a parent with AIDS and 30% are children who have received blood transfusions.

The disease can be transmitted through intimate sexual contact, sharing of contaminated needles, or transfusion of blood. There is no evidence documented to suggest that AIDS is transmitted through casual contact such as sneezing, coughing, working together, or sharing meals or restroom facilities.

A blood test has been developed which tests for antibodies to the AIDS virus. The test is not a test for AIDS, but rather a test to determine possible exposure to the HTLV-III virus which has been associated with AIDS. A positive test does not mean that a person will definitely develop AIDS, and a negative test on those in higher risk groups does not mean one has not been exposed to the HTLV-III virus. The test simply provides an extra safety check on blood so that risk of contracting AIDS from transfusions will be lower than it already is.

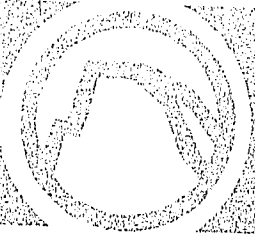
Treatments specific to the AIDS virus do not yet exist, but considerable research is underway. Prevention of the disease calls for a health immune system; eat balanced meals, exercise regularly, get enough sleep, and reduce stress in your life. Additionally, use discretion in choosing sexual partners, avoid using illegal drugs, maintain good hygienic habits, and use common sense.

Based on what is known thus far, only a small percentage of those infected with the AIDS virus will actually contract the disease. If you would like further information on the disease and how to avoid contracting it, look for literature in the new information racks throughout the Park.

YOSEMITE SENTINEL

Editor John Poimiroo
Contributing Staff Annette Bottaro,
Kim Saunders, Joanne Weston

The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Co. for the Yosemite community. Contributions are welcomed at the Marketing Office, or call 372-1445. Deadline for the May issue is April 3, 1986.



THE YOSEMITE ART ACTIVITY CENTER An Artists Haven in the Valley

Yosemite is one of those magical places that brings out the best in people, challenging their desires to know, explore and experience. For Park residents and visitors who choose to expand their perceptions of Yosemite through art, an ideal place exists for that experience — the Yosemite Art Activity Center.

Sponsored by the Yosemite Association, the National Park Service, and Yosemite Park and Curry Co., the Center, located in the Yosemite Village next to the Ansel Adams Gallery, offers an innovative approach to the enjoyment and appreciation of the park.

Each week a different water colorist, painter, sketch-artist, or photographer conducts a daily, four-hour field class to share his/her knowledge of art. The visiting artist teaches to all levels of experience; interest and enthusiasm are more important than experience or talent for would-be participants, and each year nearly 3,000 people participate in the popular classes.

"The people who come to classes at the Art Activity Center are not always experienced artists. Many have never before picked up a brush or drawing pencil. But they are so inspired by what they experience in Yosemite, they seek to express themselves," says

Signe Johnson, Manager of the Center.

In her second season with the Center, Signe enjoys the special feeling of working with people. "It gives me great satisfaction to encourage and assist people in this program. They involve themselves looking closely at Yosemite's uniqueness and each person leaves class with a very personalized memento, their own piece of art."

For those not wishing to participate in classes, the Center offers a permanent display of the work of some of Yosemite's finest historical artists, including Thomas Hill, Gunnar Widforss, Christian Jorgenson, Laycock, Thomas Ayres, and Constance Gordon-Cummings. Also available, for purchase, is a fine selection for art prints, books on art technique, photography and natural history, and artist supplies, as well as original pieces from the work of the artist currently offering class.

Additionally, special classes are offered throughout the season on Tuesday and Thursday evenings from 7 - 9 p.m., by the visiting artist, for NPS and concession employees. If you are an artist or have always wanted to try your hand at art, the Art Activity Center may be your answer.

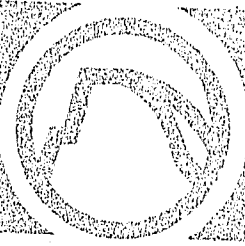
The 1986 schedule of visiting artists includes a wide selection of talented artists ready to assist you in your creation. Opening for the season in May and offering classes continuing through summer, the Art Activity Center is Yosemite's haven for artists!

(See back page for 1986 Center schedule.)



- 1 Manager of the Art Activity Center, Signe Johnson at Center's entrance.
- 2 Class participant checks her final product against the real thing.
- 3 Signe Johnson discusses display of current artists watercolors with visitors to Center's gallery.
- 4 Creating a memory of Yosemite — a class participant.
- 5 The Art Activity Center offers books, art prints and reproductions of famous works of art, to the casual browser.

Focus photography by Evan Smith.



A Message From the President: Excellence in Business for the 1980's

by Ed Hardy

The past decade has shown those of us in the travel and recreation field that profits alone do not necessarily assure continued business success. Making money is still the ultimate goal of our free enterprise system, but the entrepreneur who fails to recognize his responsibilities in other areas may soon find his financial gains to be short-lived.

Today, for example, business must deal with environmental quality. The hot issue of the early 1970's is now permanently institutionalized under EPA, the National Environmental Policy Act, and a wide variety of protective environmental bills. Additionally, independent environmental organizations have matured, grown and strengthened as dedicated watchdogs of the system.

In Yosemite, where Yosemite Park and Curry Co., under contract to the National Park Service, provides most services for Park visitors, we are very aware of the power and presence of the environmental community which monitors every significant proposal or action. We in Yosemite feel the environmental community helps us do a better job by keeping us on our toes. It is much easier to be aware of and resolve a potential problem before it arises, thus avoiding adverse publicity, costly lawsuits, and unpleasant investigations that might otherwise result.

Many positive programs have been initiated as a result of increased awareness on the part of business. In the last decade, recycling has developed into an alternative means of waste disposal that is destined to become the principal means of disposal in the future. In Yosemite, we responded, with excellent results, to solid waste and litter problems by establishing a major recycling program and beverage container deposit system for soft drinks and beer containers.

The issues of access for the disabled came into prominence a few years ago when individuals, employees, organizations, and government agencies called for making public facilities accessible to the disabled. We met this challenge in Yosemite with major remodeling projects in our existing facilities and by routinely designing for the disabled in new construction.

The energy crisis of the 1970's also spurred major operational changes. Most noticeable in our business was the move toward increased energy efficiency and the reduction of waste through the use of smaller vehicles, better insulation, and more efficient heating and lighting equipment.

The growing number of older persons among our population presents both a new responsibility and a fresh opportunity for our industry. Because this group consists largely of retirees who have no fixed vacation period, we have begun stressing the advantages of coming to Yosemite during other than peak periods of visitation. By offering amenities such as reduced off-season rates, senior-citizen skiing discounts, salt-free menus for those with dietary restrictions, and a series of special fall and winter attractions like wine tasting parties and visiting chef's dinners at our hotels, we hope to provide a unique experience for the elderly as well as others visiting during the off-season.

For the remainder of the 1980's, a greater concern of companies is the safety and well-being of their employees, customers and the surrounding community. Alcoholism, drug abuse, physical or emotional illness, stress and family crises are serious problems,

and we must all recognize that such problems can affect not only one's job performance and personal relationships, but possibly even the life of the individual involved.

We make it clear to employees that assistance will be offered to those seeking it, without jeopardizing their employment. We attempt to ensure that our employees have access to confidential counseling and necessary treatment as needed, by referring them to appropriate agencies, and if necessary, we are prepared to coordinate responsible intervention in severe cases when individuals have difficulty recognizing their own responsibility for dealing with such problems.

As stated earlier, excellence in business involves much more than merely turning a quick profit. By working to protect the environmental in conjunction with our partner, the National Park Service, by making life easier for the disabled and elderly, and by continuing to enhance the quality of life for our employees, we at Yosemite Park and Curry Co. face the remainder of the 1980's and beyond with confidence.

CALIFORNIA BIGHORN SHEEP RETURN TO YOSEMITE

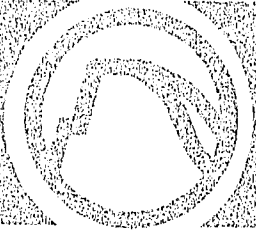
Early last month, the long-awaited and planned for release of twenty-seven Bighorn Sheep to the Western slope of the Sierra near Lee Vining, marked the reintroduction of the mountain sheep to Yosemite.

Captured near Mount Baxter on the Fresno-Inyo county line, about 100 miles south of Yosemite, the sheep will be closely monitored to determine how well they will adapt to their "new" Yosemite home.

The reintroduction program, jointly sponsored by state and federal agencies in cooperation with the Yosemite Association, is part of an on-going effort to re-establish and protect native Yosemite species.



It's just about time to get out your hiking gear for the upcoming summer season. Do you have a favorite hike — day hike or longer — that you would like to share with *Sentinel* readers? Give us a call at 372-1445, or drop us a note in care of the Marketing Office...we're looking for people interested in writing articles which describe their favorite trails for a "Hiking Yosemite" featured planned for summer issues.



ENJOY YOSEMITE THE ACTIVE WAY: OFF AND RUNNING WITH THE NEW TEAM YOSEMITE!

by Dennis Yamnitsky

Spring has sprung once again here in the best training ground in the world and now is the time to start getting ourselves into better all around shape. Physical fitness should be a high priority for us all. A fit body is conducive to good mental health; it promotes an emotional sense of well-being, a higher state of self-esteem, and an overall confident, more positive image of oneself.

At this time I'd like to extend an open invitation to anyone who lives or works in the Yosemite community to join the recently formed active sports club, Team Yosemite. Team Yosemite is a community-wide group of persons associated to pursue fitness, training, and racing together toward individual goals. The Team is open to active people of every ability and at all levels. Our primary goal is to encourage people to get out and enjoy Yosemite the active way.

Potential for the club is fantastic! We've already had several get-togethers which have been productive, high energy, fun-filled, informative events. Our next meeting will be a "carb-loading" potluck on Friday, April 11, at 7:00 p.m. at the Girls Club in the Valley. Then, on Sunday, April 13, Team Yosemite has targeted the Indian Gulch-to-Hornitos 5- and 10-mile runs as our first show of force. Fast or slow, it doesn't matter, let's just get out and go for it; show the world that Yosemite has the edge!

Many interesting and informative events are being planned for the near future, including clinics and workshops on bicycling, running, triathlons, massage, Yoga, bouldering, sports safety, and sports psychology. There will be weekly training sessions with coaching advice from top local athletes, and we will be staging various activities around the area. The first of these, to be held on May 4th, is the El Portal-to-Foresta Mountain Bike Ride or Run, an enjoyable uphill jaunt of just seven miles!

This is just the beginning of what we hope will be a good, active, fun organization. So, don't be shy, please join us — be a part of Team Yosemite!

P.S. Congratulations to Reva Colliver, Bill Critchlow, Bill Germany, Dale Hansell, Craig Kreighoff, Gail Miller, Chris Valian, Colleen Werner, and Peter Werner for running the Gold Trail Half Marathon, and in the 2-mile Fun Run, Kathy Langley, Rosemary MacCallum, and Fara Mayeda — way to go Team Yosemite!

TEAM YOSEMITE TARGET RACES

Indian Gulch to Hornitos	April 13
Old Mill Run 10K, Columbia	April 19
Turlock Biathlon 10K run, 30K bike	May 3
El Portal to Foresta Ride/Run, 7 miles	May 4
Bay to Breakers, 7.5 mile run, San Francisco	May 18
Butterfly Days, 4 mile run, 1 mile bike	June 4
San Francisco Marathon	July 20
Sierra Bike Series, Mammoth	August
...and, Triathlons, here, there and everywhere!	

Just Remember to Pace Yourself

Positive
Action
Changes
Everything

Youth Sports Report

YOSEMITE WINTER CLUB ALPINE RACING TEAM SCHUSSES THROUGH ANOTHER SUCCESSFUL SEASON!

by Ron Mackie

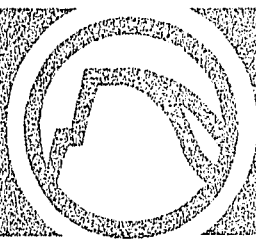


The Yosemite Winter Club Alpine Racing Team has completed another exciting and extremely successful year under the direction of Coaches Rusty and Randy Rust. Championship performers earning special honors this year include Ginnie Little who is headed for the Far West Championships in Mission Ridge, Washington, Ursula Furr who will represent Yosemite at the J-3 Junior Olympics at Mt. Reba, and Carter Williams who will represent Yosemite at the J-2 Junior Olympics at Mt. Bachelor, Oregon.

Another winner this year was Larissa Durr who garnered a first place in the Slalom at Dodge Ridge. Fine performances by hard-working Jay Edeal, Jeff Hinson, Jim Little, Mike Mackie, Kelly Singer, Paul Smith, and Brad Stegge, leave the team well set for the 1986-87 competitive season. Team regular, Dana Mackie, almost fully recovered from an accident, is expected to rejoin the team in peak form in time for the coming season.

Our future champions, in the eight-to-eleven year old category, also deserve special credit for their fine efforts: Adam Clark, Colleen Clark, Maso Parker, Matsy Parker, Lisa Reece, and Jennifer Sargent, represent the future of the team.

Congratulations to our Alpine Ski Team and to Rusty and Randy whose efforts have made the team so successful!



BETWEEN THESE WALLS

Movies

April 8: *Never Ending*

April 22: *Starman*

Movies are shown at 8 and 10 p.m. in the East Auditorium. \$2.50 for adults and \$1.50 for children 12 and under.

Videos

April 3: *Last Waltz*

April 10: *Best of John Belushi*

April 17: *Shenandoah*

April 24: *St. Elmo's Fire*

Videos are shown free of charge at the Weight Center at 8:20 p.m.

Ongoing Events

Aerobics and Basketball: Check flyers for times and locations.

Weight Center: Monday through Saturday, 10 - 12, 1 - 4, 5 - 8; Sunday 2 - 7 p.m.

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Rod Craig, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

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Art Activity Center 1986 Schedule

May 3 - 4	Larry Boyce	Stenciling
May 5 - 11	Ellen Frank Chan	Watercolor
May 12 - 18	Roger Folk	Watercolor
May 19 - 25	Lady Jill Mueller	Drawing
May 26 - June 1	Sharon Walker	Photography
June 2 - 8	Carlene Kostiw	Watercolor
June 9 - 15	Roland Haas	Watercolor
June 16 - 22	Edie Christensen	Sketching
June 23 - 29	Magda Peregrin	Watercolor
June 30 - July 6	Donald Fay	Watercolor
July 7 - 13	Sherron Sheppard	Watercolor
July 14 - 20	Don Foster	Oils
July 21 - 27	Connie Newton	Watercolor
July 28 - August 3	Tino Pontrelli	Watercolor
August 4 - 10	Diane Dietrick	Sketching/ Watercolor
August 11 - 17	Rob March Harper	Oils/Acrylics
August 18 - 24	Frank Paulsen, Jr.	Drawing
August 25 - 31	Tom Fong	Watercolor
September 1 - 7	Ann Anderson	Watercolor
September 8 - 14	Vivian Deland	Watercolor
September 15 - 21	Don Scott	Photography
September 22 - 28	Ellen Frank Chan	Watercolor
September 29 - October 5	Ben Kudo	Watercolor
October 6 - 12	Vic Czerkas	Watercolor
October 13 - 19	Jay Mosby	Watercolor
November 24 - 30	Richard Little	Macro & Winter Photography
December 21 - 27	Marciano Martinez	Watercolor
December 28 - January 3	Babette Eddleston	Watercolor

Announcements

The Junior High students of Yosemite Elementary School would like to invite you to a CHILI FEED AND RAFFLE to be held April 10 at the Elementary School multi-purpose room at 6 p.m. Items to be raffled include a Julia Parker original basket, a VCR, \$25 in lottery tickets, and dinners at area restaurants. Proceeds will help to fund the class trip. Raffle tickets and dinner tickets are available from Junior High students or by calling the school at 372-4791. Tickets will also be available at the door. Dinner includes chili, salad, rolls, and a drink, \$3 for adults, \$2 for kids 12 and under. Raffle tickets are \$1 each. Desserts will be baked and sold by the students.

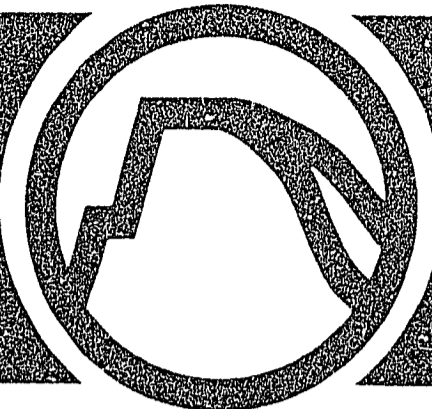
Classified

HELP WANTED: Need reliable person to clean house 2-3 hours per week. Call 372-4476 (days).

FOR SALE: Portable dishwasher in excellent condition. 372-1364.

LOST: Nine-month-old grey cat with faint orange hue, cream face, one cream paw. Please call 372-4715.

YOSEMITE



SENTINEL

Book XII, Volume 5

May 1986

YOSEMITE SIERRA SERVICES ANNOUNCES SUCCESSFUL GATEWAY PROGRAM

Yosemite Reservations clerks have for many years been giving referral numbers to callers unable to book reservations in the Park. This procedure was, until recently, informally established and randomly administered. Anxious to attract these people to their properties, operators of high quality area motels approached Yosemite Park and Curry Co. regarding the possibility of our directly booking these guests into their motels without having them make another phone call. This idea gave birth in 1984 to the Yosemite Gateway Properties Program.

Initially, the Yosemite Reservations system had only a manual fourteen-day capability for booking this type of reservation.

Recent expansion of the system and automation of the program now permit year-round booking on nights when Yosemite has no accommodations-with-bath to offer.

As more properties expressed interest in the system and the potential for expansion became clear, George Spach, Director of Yosemite Sierra Services in Fresno, got the go-ahead to expand the Gateway Program into a separate department.

To put the program on its feet, he needed to make the project a priority for one employee. After reviewing applications, he found that person in Laura Norman Hardy. Laura and George have since established guidelines for the new Gateway Program, setting minimum requirements.

After touring several properties, meeting with managers and owners, six properties were contracted with early this year. On Highway 140, the Mariposa Lodge in Mariposa and Cedar Lodge in El Portal were selected. Off Highway 41 at Bass Lake, the Pines Resort was included, as were the Yosemite West Condos near the Chinquapin junction to Glacier Point. Two properties in Mammoth Lakes were added for the convenience of travelers via Tioga Pass — the Mammoth Mountain Inn and the Sierra Nevada Inn.

The program works very simply — after a guest calls Yosemite Reservations and the reservations clerk first exhausts all possibili-

ties for booking the guest into a YP&CCo. property, the guest is encouraged to book a Gateway property on the basis of: route (where the guest is coming from and is headed), cost (from \$45 to

\$75 per night, double occupancy), and amenities (cooking facilities, proximity to activities, restaurants, etc.). After booking, the guest is sent a confirmation of the reservation, a brochure of the property and any requested Yosemite literature.

Since its January 2, 1986, inception, the new Gateway Program has been enthusiastically received. It has increased occupancy of area motels, has given reservation clerks greater opportunities to confirm reserva-

tions for guests they previously had to refer elsewhere, and perhaps most importantly, made it easier for our visitors to experience Yosemite.

Looking ahead Spach sees potential to handle all reservations for participating properties. This might require the use of an on-line computer network linking Gateway with other properties for instant communication. "The program can handle more properties, too, and we are discussing how we might include other new properties planned in the area," says Spach.

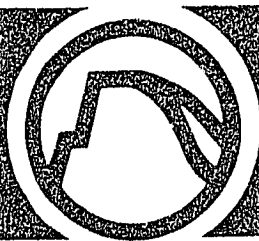
Also under consideration, according to Laura Norman, is support which Yosemite Sierra Services could offer to these local lodges in purchasing supplies and merchandise. "Supply of Yosemite postcards, soaps, and foods are currently under consideration." Additionally, Laura is working with the Gateway Properties to expand the sales of Park activities such as stables rides, bus tours and skiing.

Meetings of member properties will soon be implemented, enabling the program and its participants to coordinate marketing efforts.

Cooperative efforts of all involved, and the talented sales work of Yosemite Reservations Clerks, have contributed to the success of the new venture and benefit our local motels and guests.



Laura Norman Hardy, Assistant Manager of Yosemite Sierra Services, at work on successful new Gateway Properties Program.



HONOR YOSEMITE WITH A COMMEMORATIVE STAMP!

On October 1, 1990, Yosemite will celebrate its centennial year as a National Park. In honor of that celebration, YP&CCo. is urging the issuance of a commemorative stamp and special cancellation by the U.S. Postal Service.

Yosemite has not been so honored since its 1934 inclusion in a series of stamps depicting the National Parks. Its 100th birthday is an excellent time for this special stamp.

If you would like to see a stamp created to honor Yosemite, please write today and express your support to:

*Honorable Tony Coelho
House of Representatives
Washington, D.C. 20515-0515*

*Citizen's Stamp Advisory
Committee
U.S. Postal Service
475 L'Enfant Plaza
Washington, D.C. 20206*

The *Sentinel* will follow the campaign in future issues. Get involved today to honor Yosemite with a special commemorative stamp!

A Message From The President

by Ed Hardy

Here we go! Spring is here, summer just around the corner. Wawona is open; Tioga Pass and the high country will soon follow. As the seasonal units open and visitation picks up, it's a good time to renew our commitment to our guests.

Millions come to enjoy the beauty of Yosemite and its unique opportunities for recreation and inspiration. And, who are our guests? The mix is gradually shifting with changing demographics and lifestyles.

You will see an increase in seniors, those over fifty-five, with discretionary income, and more importantly, with the time to spend it as family responsibilities have lessened. These seniors do not want to just sit by and watch. They will be hiking, biking, rafting, swimming and riding along with the younger visitors.

You will also see more two-income families, perhaps quite affluent, but with less time on their hands. They will want to make every minute count in either active recreation or peaceful relaxation and contemplation, with Yosemite as a brief respite from their busy lives.

Among all age groups you will see an increased concern with fitness and well-being. Because of this, many will choose active recreation as a change from their physical exercise programs at home. A day of biking, hiking or climbing can more than replace the hometown jogging or aerobics workout, and Yosemite affords a beautiful place to enjoy it.

As employees and residents of Yosemite, we are privileged to live and work in this special place. Let's not let Yosemite's uniqueness pass us by as we do all we can to help our guests enjoy their stays.

Have a great summer!

WELL-BEING: Fitness

by Annette Bottaro

Physical fitness is an important aspect of our total well-being. It determines the way we sleep, breathe and digest our food, as well as our bone-strength, body weight, and self-esteem. When the body is fit, we benefit in many ways, chief among them that we are more productive, have a positive attitude, and experience less tension.

Yosemite has resources to provide four of the most excellent forms of exercise — walking, running, swimming, and bicycling. But, where to start? First, if you are just beginning a new exercise program, it is a good idea to consult with a doctor if you are over thirty-five or have specific physical limitations.

Secondly, don't believe the "no pain, no gain" theory. It will take some effort to get into shape, but the rewards are many. Fitness can be derived from moderation as long as one is consistent.

So, start with walking. What is more wonderful than a walk in the fresh early morning air, taking in Yosemite's grandeur at the same time? Walking at a brisk pace three to five times a week, fifteen minutes each time, will increase your energy level and heighten your mood.

As you get stronger, you may wish to try alternating jogging and walking. Then work into jogging continuously for fifteen minutes or longer, as you are able.

Bicycling at a brisk pace will also deliver cardiovascular benefits, and there are miles of trails to explore in Yosemite. During summer months aqua-aerobics and lap swimming are also excellent ways to exercise; refreshing, too!

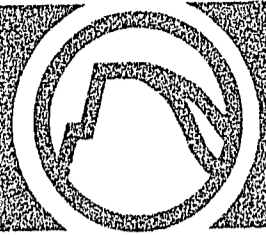
To complement these aerobic shape-ups, visit the Weight Center a few times a week to take advantage of two stationary exer-cycles, a sit-up board, free weights, skip-ropes, weight/height scale, and the 8-station circuit trainer. Call the Weight Center to set up an appointment for an orientation to the program and guidance for your special needs. The Recreation Staff will be happy to provide information also about ongoing fitness classes and sport leagues.

If you want to experience a positive state of health, to look better and feel better, and enjoy more, then make the decision to begin a fitness program today. You will find no more beautiful environment in which to attain your fitness goal than Yosemite, so take advantage of what your home offers; you may see it in a new light, appreciate it anew!

YOSEMITE SENTINEL

Editor John Poiriroo
Contributing Staff Annette Bottaro, Chet Brooks, Jr.,
Suzanne Jensen, Ron Mackie,
Laura Hardy Norman, Kim Saunders

The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Co. for the Yosemite community. Contributions are welcomed at the Marketing Office, or call 372-1445. Deadline for the June issue is May 5, 1986.



YOSEMITE PRESCHOOLERS "HOP" TO BENEFIT MUSCULAR DYSTROPHY FUND

Yosemite preschoolers hopped their best on March 28, for the chance to help "the kids who can't hop," explained Jason Wymore, age 3.

Hoppers first solicited sponsors, in the form of families and friends, who pledged a certain amount of money per hop. Then, more than 20 kids took their turns at being counted as they hopped for those pledges.

Cheered on by parents and friends, the hoppers earned more than \$1000 to benefit the Muscular Dystrophy Association. "High hopper" of the day, Seth Mayer, age 4, earned the day's record with 290 hops in just two minutes. The *Sentinel* has been informed by a reliable source that more than one preschooler suffered "hopper's calf" and "hopper's limp," following the big hop!

Congratulations to all participants in the Hop-a-Thon for their efforts to benefit a good cause!



Hoppers, families, teachers and friends celebrate the Hop-A-Thon!



HOW TO REPORT AN EMERGENCY

by NPS Dispatch

With the coming of summer and the increase in park activity, the possibility of being involved in an emergency situation increases. The fastest and most efficient way to report an emergency (to report a fire or request medical or law enforcement assistance) is to get to a phone and dial 9-1-1.

By dialing 9-1-1 on a private telephone or pay telephone with a 372 prefix (Yosemite Valley and Tuolumne Meadows) or a 375 prefix (Wawona, Badger Pass, Glacier Point) you will reach the National Park Service Communications Center in Yosemite Valley.

When dialing 9-1-1 on a private telephone or public payphone with a 379 prefix (El Portal, Foresta, and some areas of Mather) you will reach the Mariposa County Sheriff's Office.

If you need to report an emergency and are using either a Park Service or Yosemite Park and Curry Co. extension, dial 9 first to obtain an outside line, then 9-1-1.

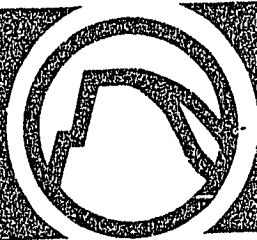
To report an emergency directly to the National Park Service, please dial 372-4639.

Once you have contacted the Communications Center, there are eight basic questions the Dispatcher will ask:

1. **Where** is the victim?
2. **What** happened?
3. Is the victim **conscious**?
4. Is the victim **breathing**?
5. Is the victim **bleeding**?
6. What is the **major problem**?
7. What is the victim's **age**?
8. Your **name, location, and number** at which to call you back.

It is very important to remain calm and give the Emergency Dispatcher good, detailed information so he/she can send the appropriate help as soon as possible. While the Dispatcher is sending help, please stay on the line! There may be additional questions or directions needed in order to respond. Do not hang up until the Dispatcher tells you it is ok.

Remember, you can help in emergency situations by simply remaining calm and dialing 9-1-1 for help. It is a free call and you may save a life.



The Hotel Wawona . . . Pallachun . . .

Once known as Pallachun ("a good place to stay"), Wawona was the ideal overnight stop for Native Americans who traveled between the foothills and Yosemite Valley.

First settled permanently in the spring of 1857 by Yosemite pioneer Galen Clark, Wawona has seen a succession of owners, developers, and visitors in its history, yet many years later remains a delight to guests who enjoy its beauty and tranquility.

Two tents and a cabin known as Clark's Station accommodated those who traveled the trail through Wawona to the Valley. Thus, in 1862, was born the predecessor to Hotel Wawona. Clark was a delightful host, providing good meals and lodgings, but less than competent as a businessman. Indebtedness forced him to sell half interest in Clark's Station to Edwin Moore in 1869. Financial reasons caused them both to sell, in 1875 to Vermonter Henry Washburn.

Under the guidance of Washburn, the "Big Tree Station," as it had become known, began to flourish. Washburn joined two Mariposa businessmen, Chapman and Coffman, to build the South Fork and Turnpike Road in 1875, and the six-mile stretch of road to the Mariposa Grove of Giant Sequoias later the same year.

Meeting the needs of Wawona's visitors required more rooms, so during the years between 1876 and 1918 several buildings were added. In 1878, a devastating fire leveled all but the "Long White," now Clark Cottage, the oldest building of the hotel. The two story main building was completed in the spring of 1879, to acclaim as the "grandest hotel in the Mountains of California."

In 1878, Henry Washburn's brothers John and Edward joined him in California, but it was his wife's nephew John Bruce who became Henry's partner for the next several years. John Bruce was a lively, well-liked innkeeper who virtually ran the hotel while Henry Washburn directed his attention to his latest venture, the newly-formed Yosemite Stage and Turnpike Company, which provided freight and passenger service between Yosemite and surrounding areas.

Always interested in attracting visitors to Wawona, Washburn and Bruce, in 1881, had the natural burn scar cavity in one of the Mariposa Grove's largest sequoias enlarged to create a tunnel — thus creating one of the world's better known tourist attractions, the drive-through Wawona Tunnel Tree.

Through the diligence and inventiveness of Washburn and Bruce, the early 1880s were a prosperous time for Wawona. The charming hotel was nearly a self-sustaining resort, providing guests with fresh eggs, meat and milk, homegrown fruit and vegetables, and comfortable lodgings — all for just \$4 per night. Wawona boasted a general store, blacksmith shop, saloon, sawmill, and other necessities, in addition to the nearby wonder of the Big Trees.

Jean Bruce Washburn (Henry's wife) suggested the official renaming of the resort in 1882, and henceforth the area became known as Wawona, the Native American word "Wah-wo-nah" for the sound of the owl, believed to be the guardian spirit of the Big Trees.

In 1883, John Bruce died; keeping Wawona in the family, Henry's brothers John and Edward joined the venture actively as manager and bookkeeper.

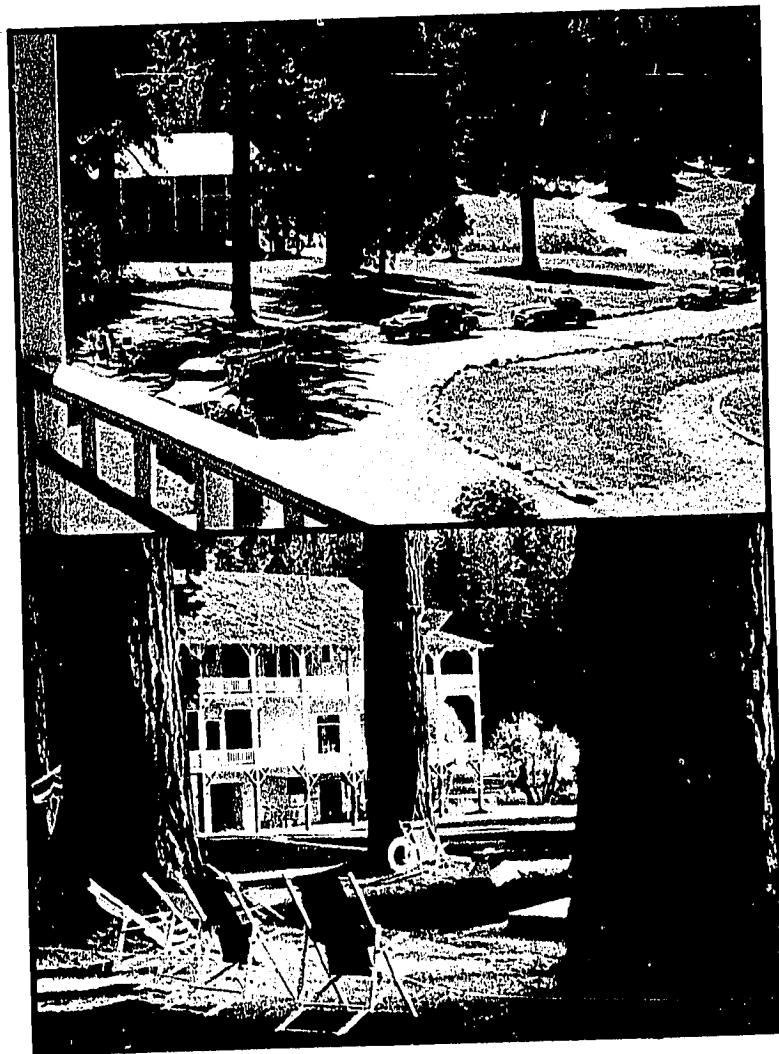
Acclaimed artist Thomas Hill made Wawona his home in 1884, remaining there as artist-in-residence until his death in 1908. He built a small studio for his work in 1886, now the pink building outside the main hotel, called "Hill's Studio" in his honor.

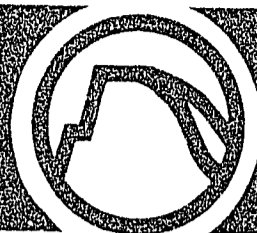
From 1891 to 1905, the U.S. Army Cavalry called Wawona home. As guardians of the newly-created national park, they were headquartered near the site of today's Wawona Campground, at Camp A.E. Wood, named for the park's first superintendent, Captain Abram E. Wood.

The 1900s were a time of major change of Wawona. With the deaths of Henry and Edward Washburn, the hotel's management fell to surviving brother, seventy-three year old John, and his son, Clarence. The Hotel got its first electricity in 1908; 1917 saw the completion of the "swimming tank".

When John Washburn died that year, Clarence took the reins as General Manager. A golf course and another new building, the Annex, were added in 1918. A new dining room and kitchen, and the conversion of Hill's studio to a club house complete with dance floor and soda fountain also took place in 1918.

The '20s brought the very real threat of destruction to Wawona, in the form of a dam. The San Joaquin Light and Power Company had a permit to dam the South Fork at Wawona. The permit expired, unused, in 1928, but had the construction been completed, the hotel and adjacent meadow would have been under water.





... For Over 100 Years!

The '20s also brought the first real competition for the Hotel, Camp Hoyle, built at the former site of Camp A.E. Wood. For ten years Camp Hoyle offered tents and cabins, as well as excellent meals to Wawona visitors.

Late in 1925, two Army pilots arrived from San Francisco — by airplane! They landed on a 2,000-foot airstrip in the Wawona Meadow. Within two years the Merced and Wawona Airline was providing daily air service between Merced and Wawona. The airstrip was in use until 1941, when it was deemed unsafe.

With the onset of the depression and resultant drop in Park visitation, the Wawona Hotel Company was near bankruptcy. The National Park Service purchased 2,665 acres at Wawona for \$150,000 in early of August 1932, and Yosemite Park and Curry Co., under the direction of President Donald Tresidder, purchased the Hotel Wawona and its furnishings for \$85,000 that same year. YP&CCo., like the Wawona Hotel Company, was a concessioner comprised of early homesteading families.

The acquisition of Wawona became official on August 25, 1932, when President Herbert Hoover announced the addition of nearly 9,000 acres of the Wawona basin to Yosemite National Park. The acreage included several acres donated by the Forest Service, the Camp Hoyle property, and the hotel land, but did not include the area now known as North Wawona, which even today remains under private ownership.

At the request of Don Tresidder, Clarence Washburn stayed on as Manager. The long tradition of Washburn hospitality continued until his departure in 1934, thus ending nearly sixty years of Washburn history at the grand old hotel.

Under the direction of Tresidder's sister, Oliene Tresidder Mintzer, Wawona survived the '40s with low visitation and minimum maintenance. After the war years, Oliene Mintzer saw to major remodeling of the Long White, by Ahwahnee architect and interior decorator, Ted Spencer and Jeanette Dyer Spencer.

At the departure of Oliene Tresidder in 1950, Wawona's management fell to a variety of different people, including John Foster Curry, grandson of David and Jennie Curry, and Nic Fiore, long-time YP&CCo. employee who now directs winter activities at Badger Pass and oversees the High Sierra Camps in summer.

On May 13, 1979, the 100th anniversary of the Hotel was celebrated with a day of festivities on the lawns. Descendants of Wawona's pioneering families, including the Bruces and Washburns, joined friends and well-wishers to honor a century of history and good will for the gracious old hotel.

The feeling of rich history pervades Wawona today in its 107th season. No doubt in one hundred years to come, Hotel Wawona will still provide what has long attracted travelers here to Palla-chun...a good place to stay.



Page 4 Top: A glimpse of yesterday — little has changed since this 1950s photograph was taken from the main building upstairs.

Bottom: Lawn chairs and the Golf Shop — two of Wawona's prime attractions for many seasons.

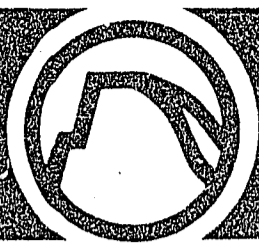
Page 5 Top-Left: A long porch invites Wawona visitors to stay.

Right: The proud architecture and grace of Wawona's century old hotel.

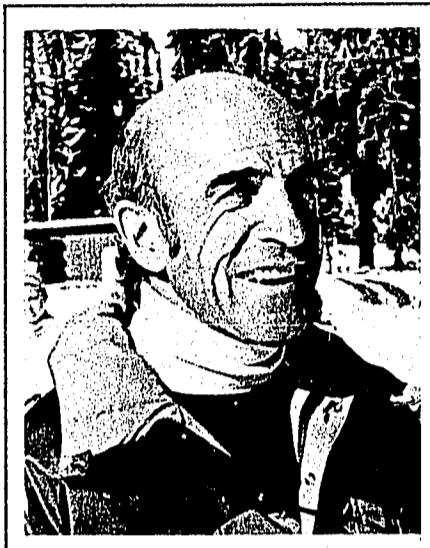
Bottom Left: Washburn Cottage in the distance and Wawona's famous hops, growing here on Clark Cottage.

Center: The oldest golf course in the Sierra — Wawona guests return year after year to enjoy its beauty.

Right: A ride through the only covered bridge in the National Parks! Built originally in 1857 by pioneer Galen Clark, the Wawona Bridge was covered by Henry Washburn as a reminder of his Vermont home.



CONGRATULATIONS, NIC!



Nic Fiore was recently named the 1985 recipient of the Charlie Proctor Ski Award. The honor comes in light of a lifetime devoted to the joys of skiing and to sharing those joys with thousands of others. A pioneer in the sport of skiing, Nic began skiing at the age of eight and has been teaching the sport for 42 years!

For the past 29 years, Nic has been the Director of the Yosemite Ski

School, delighting generation after generation of Yosemite skiers with his warmth, humor and skills. But, his fame spreads beyond Yosemite's slopes. He is currently the Executive Director of the Professional Ski Instructors of America (PSIA), where in years past he's been a member of the Board of Directors.

In the world of skiing, the name of Nic Fiore is well-known — as it is in the Yosemite community. We know him as much for his sense of humor, deep concern for others, delightful stories and correcting our downhill turns, as for his reputation for excellence. With great pride and pleasure, we congratulate a Yosemite institution, Nic Fiore!

Spring Jubilee

*At Dawn's early Light,
In A meadow so full of Life,
Welcoming Spring
With open arms and open Hearts,
As the birds sing in Exaltation,
A Time of joy and Glory.
For life anew is Stirring
As the virgin Grass
Begins to cover the Meadow.
The melting Snows
Have created A pond here and There
With reflections everywhere.
My Lord, With all Thy Creation
Participating in this Spring Jubilee.
Here I stand but Lone,
And yet surrounded with so much Life,
Embrace and Embraced,
Love and be Loved.
I Love Thee so Much
That I can say no More.*

Joseph R. Paquette

A Letter of Thanks...

March 20, 1986

Mr. Ed Hardy, President
Yosemite Park and Curry Co.
Yosemite National Park, CA

Dear Mr. Hardy:

I just wanted to take a moment of your time to express how much I appreciated all the good hard work your employee recreational staff put into the "Carabiner Cafe" (as well as their other projects).

Though I'm not a Curry employee, I "raked-in" on all the good clean fun. I think it's really great that recreation of this sort is offered to the community. The nurse side of me saying — keeping the minds occupied, the bodies healthy, and the spirits happy (or as my mother would simply put it — "keeping you outta trouble.").

Sincerely,

Wanda Starnes, RN
Yosemite Medical Group Employee

Ellen Riegelhuth Named Second Runner-up in California Homecoming Queen Competition

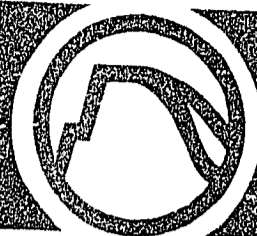
On March 2, Ellen Riegelhuth was named Second Runner-Up among eighty-five state finalists competing for the title of California's Homecoming Queen. First Runner-up was Amy Mays from La Palma and Dina Martinez of Los Altos was named State Queen.

Ellen, a seventeen-year-old senior, was chosen Homecoming Queen of Mariposa County High School in October, 1985. She is the daughter of NPS Chief Ranger Richard Riegelhuth and his wife Marilyn, of Yosemite.

America's Homecoming Queen, Inc., is a non-profit organization promoting education and educational travel for high school homecoming queens. Its purpose is to give young women who show outstanding leadership qualities the opportunity to achieve their goals, to become the leaders of tomorrow.

Our congratulations, Ellen!





TOURISM IN YOSEMITE: The Hutchings Story

by Chet Brooks, Jr.

As yet another summer season gets underway in Yosemite, it occurred to me that many of you might wonder what first brought visitors to the Park. It's an interesting story that begins more than 150 years ago.

Joseph Reddford Walker led a group across the Sierra Nevada mountains during the winter of 1833 and it is commonly believed that these were the first non-Indians to see Yosemite Valley. The party's journal makes reference to a deep, narrow valley, filled with towering rock faces and huge, thundering waterfalls. As no access could be easily located from their vantage points along the northern rim, they made no effort to enter the valley, yet many consider the Walker group Yosemite's first tourists.

They were not alone for long, however. In 1851, the Mariposa Battalion, under the command of James Savage, entered Yosemite Valley, chasing Native Americans who had allegedly been raiding farms and trading posts further down the Merced canyon. Many members of this group kept journals during this expedition and described the Valley in great detail. Among them, Dr. Lafayette Bunnell, the surgeon for the group, who later described the entire journey and the Valley in his book, *The Discovery of the Yosemite*.

For four years, stories of this fantastic, almost inaccessible valley spread by word of mouth, until finally the call of Yosemite proved irresistible to a young cabinet maker from England named James Mason Hutchings. It is largely through his writings that Yosemite and its wonders became widely known throughout the world. This was the beginning of a world-wide love affair with Yosemite that today brings over 2.8 million visitors from all nations to Yosemite each year.

In 1855, Hutchings organized and led the first tourist party to Yosemite Valley. In that first year of visitation, it should be noted that a total of forty-two men, and men only, came to Yosemite. The trek to the Valley was then considered much too rigorous for women or children. Hutchings' written account of that journey and Yosemite's wonders was reprinted again and again, vividly sparking the imagination of the many that were to follow.

Working as the editor of the prestigious "California Magazine" gave Hutchings the opportunity to spread the word about Yosemite to the rest of the world. In 1859, he returned with another group of visitors, staying at the Valley's first hotel, known as the Upper Hotel. A member of that group, photographer Charles Weed, took a photograph of some of his companions near the Upper Hotel — believed to be the first photograph ever taken in Yosemite Valley.

The call of Yosemite proved irresistible to Hutchings who in 1864 returned to the Valley, this time to settle. On April 20, he arrived with his pregnant wife and his mother-in-law, to operate the Upper Hotel and homestead a portion of the Valley near Yosemite Falls. Just months after their arrival, daughter Florence joined them, thus becoming the first non-Indian child born in the Valley.

Despite the seeming serenity Hutchings and his family found in this pastoral setting, all was not well. Two months and ten days after his arrival and the establishment of his land claims, the Federal Government established the Yosemite Grant which disallowed private ownership of land in the Valley.

Caught up in the Civil War and unable to provide the supervi-

sion the Grant required, the Federal Government deeded the land to the care of the State of California under the condition that the land "be held for public use, resort and recreation...inalienable for all time." The document did allow for leases, not to exceed ten years, for certain portions of the grant.

This important piece of legislation, considered by many the birth of the National Park idea, brought no joy to James Hutchings for he now faced the prospect of "leasing" what he thought he legally owned. Angered by being deprived of what he considered his, he entered a legal battle with both State and Federal Governments which lasted well over a decade. During this time, anticipating a favorable judgement, Hutchings continued to improve his holdings, including the hotel, now named Hutchings House. The end came in 1875 when he accepted \$24,000 for his holdings in Yosemite from the State of California.

The man who had done so much to bring Yosemite to the world now had little to do with the Valley's future, for the Yosemite Valley Commissioners rigidly controlled the building of all structures as well as all leases within the Yosemite Grant. Embittered by his losses, Hutchings spent his declining years in Yosemite.

Today, few people are aware of the debt owed this man, a pioneer, a man of vision and foresight, who opened Yosemite to millions of visitors who followed, as awed by the scenic wonders and beauty as he, the English gentleman named James Mason Hutchings.

REFLECTIONS ON THE SEQUOIAS

by Ruth Hanley

As dusk creeps slowly through the grove in late afternoon and a solitary raven silently wings its way through the tree tops looking for a quiet spot to rest...

As the Steller Jays hush their raucous squawking and change to a sweet gentle serenade...

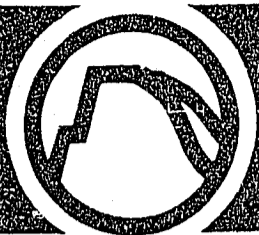
All creatures great and small seem to sense the coming of the quiet time of day...even the chickory gives his last chirp, before settling down in his nest in the trees.

The shadows lengthen through the grove and the deer quickly seek a place of refuge for the night, after quenching their thirst by the stream. All nature seems to pause as night draws near; almost like a benediction at the end of the day.

And over all pervades the presence of the giant sequoias through the grove...spreading their branches to protect all that seems to be theirs — to guard for the night.

Those mighty vanguards, standing there for centuries, silent, stately and magnificent! If only they could speak! What wonders they could reveal!

What monuments to the Creator, Whose imagination knows no bounds. What inspiration to those seeking refuge from life's storms! All the disharmony of the day seems to slowly slip away, as one senses the serenity of the Sequoias.



BETWEEN THESE WALLS

Movies

May 6: *Outsiders*, 8 & 10 p.m.

May 13: *Tender Mercies*, 8 & 10 p.m.

May 20: *Lust in the Dust*, 8 & 10 p.m.

May 27: *Rear Window* and *Vertigo*, 7:30 & 10:10 p.m.

East Auditorium. \$2.50 for adults and \$1.50 for children 12 and under. Popcorn, soda and candy for sale.

Videos

May 1: *An Evening with Robin Williams*

May 8: *Creator*

May 15: *Man With One Red Shoe*

May 22: *Philadelphia Experiment*

May 29: *Never Cry Wolf*

Videos are shown free in the Weight Center at 8:15 p.m.

Ongoing Events

Aerobics: Monday, Wednesday, Friday, 5:30 - 7:00 p.m. at the Elementary School Gym.

Basketball: Tuesdays and Thursdays, 6 - 8 p.m., Elementary School Outdoor Court. Bring a ball if you have one.

Volleyball: Power Volleyball: Wednesday, 6 - 8 p.m.; Weekender Volleyball: Saturday and Sunday, 6 - 8 p.m. at the Weight Center Court in Annex Housing area. Watch for flyers for Volleyball Clinic.

Weight Center: Monday through Saturday, 10 - 12, 1 - 4, 5 - 9, and Sunday 2 - 7 p.m. Located in Annex Housing area.

Watch for location and times for aqua-aerobics and morning lap swim, and for softball.

Classified

FREE TO GOOD HOME: St. Bernard, beautiful four-year-old male. Call 372-1098 days, 742-6534 evenings.

WANTED: Volunteer to staff the Sierra Club LeConte Lodge in Yosemite Valley during July, August and September, 1986. Responsibilities include providing information to visitors at Lodge Wednesdays through Sundays and coordinating the "Yosemite Insight Series" involving guest speakers for evening programs. Individual needs to be dedicated and knowledgeable about Yosemite and the Sierra Club. Housing available. Cover letter and resume should be mailed to Gil Davis, 3535 Scott Street, San Francisco, CA 94123, or call George Stroud at 372-4441.

FOR SALE: Mamiya 645 SLR with Mamiya-Sekor C 80mm f2.8 lens, waistlevel finder, deluxe grip holder, adjustable lens shade, adjustable flash shoe, neckstraps, focusing screen, and 120 insert and instruction book. Excellent shape, \$425. Call John at 372-4461, ext. 413, days, or 379-2372, evenings.

Announcements

The **Yosemite Community Church** announces that beginning May 4 there will be two morning worship services each Sunday, at 9:15 a.m. and 11:00 a.m.

Help save the Merced! The **Merced Canyon Committee** is looking for volunteers to staff its Information Kiosk at Cedar Lodge on Saturday and Sunday afternoons from 3 - 7 p.m., throughout rafting season. Please call 379-2826 or 379-2710 if you can help.

Mark May 6 on your calendar for the **Annual Lions Club Blood Bank** (Visitor Center), **Eye Mobile** (Mall), and **Father Craig's Health Fair** (Girls Club) from 9:00 to noon. Call Rusty for more information at 372-4475.

For the Record

Meghan Dapprich Kehoe, daughter of Vince Kehoe and Lisa Dapprich, joined the Yosemite community on March 13, weighing in at 7 lbs., 1 oz.

Matthew Donald Williams, son of Tom and Shari, brother of Lisa and Carter, and grandson of local grandparents Jean and Carter Williams, weighed 6 lbs., 11 oz. at birth on March 16. Congratulations!

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Rod Craig, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

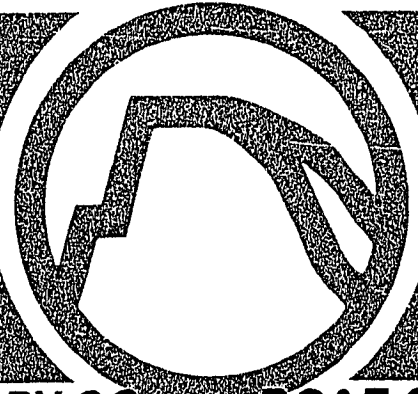
Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00 - 4:00 p.m., Wednesday 12:00 - 3:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday - Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00 - 5:30, Monday - Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00 - 12:00 and 1:30 - 4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.



YOSEMITE PARK AND CURRY CO. SETS SIGHTS ON 1986 GOALS

As a contractor to the Department of the Interior, Yosemite Park and Curry Co. recognizes its responsibilities to protect the unique natural resources of Yosemite National Park as well as to provide quality guest services to Park visitors.

To meet these responsibilities, we set yearly goals which reflect our commitment and challenge us, as a Company, to achieve these ideals.

As we near the halfway mark of the year 1986, and enter our busiest season, it is a good time to restate these goals and renew our commitment.

- To assist in the preservation of Yosemite National Park by working enthusiastically with the National Park Service and other environmental organizations to protect the Park resources.
- To adhere to the finest standards of guest service, safety, sanitation, and hospitality.
- To respect the merits of employees through mutual trust and non-discrimination and provide a working atmosphere that promotes pride and communication.
- To encourage and be receptive to innovative ideas.
- To cooperate with the community to provide the best possible environment.
- To protect company assets and ensure a fair profit.

NPS-48 Seminars Presented



NPS Concessions Specialist Jeff Cobb

NPS Concessions Specialist for Yosemite, Jeff Cobb, conducted three seminars for managers of Yosemite Park and Curry Co. this spring to acquaint them with Concessioner Review Program procedures.

The National Park Service Concessioner Review Program was established to audit the services provided to guests by private concessioners in the National Parks. The seminars were directed at

encouraging a better understanding of the review program for Company managers, thereby ensuring a cooperative effort toward meeting the common goals of superior visitor services.

PG&E COMMENDS YP&CCo. FOR ENERGY MANAGEMENT

Dan Jensen, Vice President of Plant Services and Guest Activities, Joe Wheeler, Manager of Maintenance and Facility Services, and their staff were "charged up" recently when PG&E named the Yosemite Park and Curry Co. as one of five recipients of its coveted "Energy Management Awards."

The award recognizes YP&CCo.'s investment of \$125,000 in energy efficient lighting. The Company replaced outdoor lights in Tecoya, at The Ahwahnee, Curry Village, Yosemite Lodge and Yosemite Village, as well as indoor lights in the Yosemite Lodge Cafeteria and the warehouse building.



A bright improvement to energy management was recognized by PG&E recently, when it awarded an Energy Management Award to YP&CCo. Seen here, before one of the new energy efficient lamps installed by YP&CCo., is Douglas Mayekawa, Energy Management Engineer for PG&E; Ed Hardy, President; and Dan Jensen VP Plant Services and Guest Activities.

NEW TO THE PARK?

Wander here a whole summer if you can.
Thousands of God's wild blessings
Will search you and soak you as if
You were a sponge, and the big days
Will go by uncounted. —John Muir

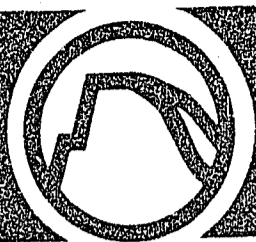
Welcome! This issue of the *Yosemite Sentinel* provides special information for you, our new co-workers, neighbors and friends.

Looking for a good way to make new friends? Get involved with Employee Recreation. Check page three for an article to acquaint you with everything Employee Recreation has to offer, and see the back page for a listing of June's movies, activities and special events.

Perspectives, page seven, offers information on three issues of concern to the Yosemite community, preservation of Mono Lake and the Merced Canyon, and the campaign to honor Yosemite National Park with a commemorative stamp.

Learn about the Valley's medical and dental services on page two; meet some of the people who make the Yosemite community so special on page five.

Yosemite is a special place, summer here an exciting season. We're glad you're here. Enjoy!



EMPLOYEE BENEFITS FOR YOUR ENJOYMENT

Employees of Yosemite Park and Curry Co. are eligible for several special discounts and benefits at various attractions, including:

Universal Studios, Universal City, CA; MovieLand Wax Museum, Buena Park, CA; Magic Mountain, Valencia, CA; Great America, Santa Clara, CA (the latter includes the Winchester Mystery House in Santa Clara and King's Island Family Entertainment Center in Cincinnati); Disneyland, Anaheim, CA (including DisneyWorld, Florida and Tokyo Disneyland); and Sea World in San Diego, Cleveland and Orlando.

Discount cards from most of these attractions can also be presented at various markets, gift shops, restaurants, and hotels near the attraction for discounts.

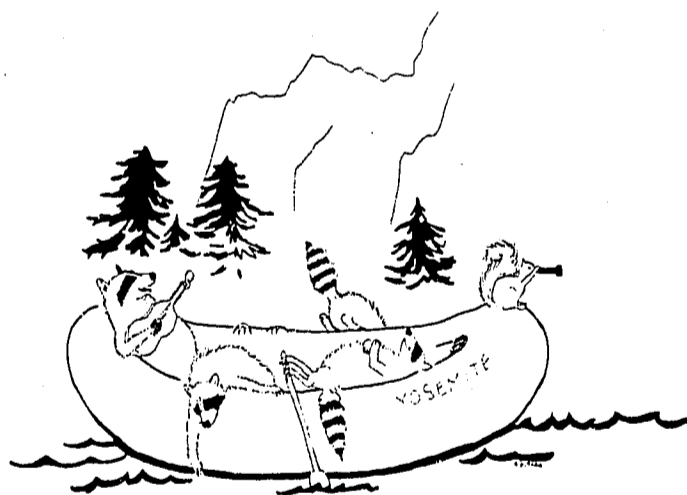
Discount cards are also available for car rentals from Hertz and National Rental Cars.

Planning a stay in Fresno? YP&CCo. employees with valid identification are eligible for discounts on rooms at these hotels:

The Hacienda (at West Clinton and Hwy. 99), the Village Inn (Blackstone and Shields), Smuggler's Inn (Blackstone at Dakota), and at the Tradewinds (at North Parkway Drive near Hwy. 99).

For more information stop by the Recreation Office at the Weight Center at Yosemite Lodge, any day during regular hours.

What's wrong with this picture?*



It's rafting season again and like the raccoons above we'll soon be heading to the river for a day of rafting fun. For your safety, please remember these three important tips:

- Always raft with companions
- Alcohol and water do not mix
- Life jackets are mandatory

Have a good time, but raft wisely. (*P.S. What's wrong with this picture? This crew needs life jackets. They are required by NPS regulation for your safety.)

Yosemite's Medical and Dental Services Provide Complete Health Care for Park

Communities of all sizes require certain basic services to function on a daily basis. Among the most vital of these is good health care. Yosemite residents and visitors are fortunate in that Yosemite is one of just three National Parks equipped to offer formal medical and dental care.

The Yosemite Medical Clinic, a private concessioner under the direction of Chief of Staff James Wurgler, MD, is staffed by three physicians year round; a fourth is added during the busy summer season. There are also nine nurses, two technicians, a physical therapist, a clinic coordinator and four office personnel.

The Yosemite Medical Clinic is located on the road between Yosemite Village and The Ahwahnee Hotel, and provides for scheduled appointments and care on a walk-in basis, Monday through Friday from 8 a.m. to 6 p.m. as well as emergency care twenty-four hours a day.

On a daily basis, the Clinic provides family medicine and preventative medical services, and they are prepared to care for urgent problems that require treatment as well. In addition to this routine medical care, the Clinic also provides 24-hour emergency services in conjunction with the Park Emergency Medical System (EMS) and the staff of Yosemite Search and Rescue (YOSAR). When the Clinic staff is not able to provide the necessary services, a patient is referred to a specialist in a nearby city for further treatment.

The Dental Clinic, located in the Medical Clinic building, is open year-round from 8 a.m. to 4:30 p.m., Monday through Friday, except for brief seasonal closings. Dental services have been provided in the Park since 1925, as a private concession, and are currently under the direction of resident dentist Charles A. Woessner.

With particular emphasis on the needs of Park employees and their families, the Dental Clinic provides comprehensive dental care, rapid response to emergencies, conveniently arranged appointments, and a central location.

For special treatment not handled by the Park dental staff, patients are referred to appropriate specialists in nearby cities.

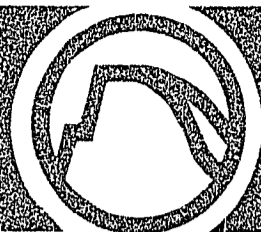
To reach the Medical Clinic, call 372-4637; the Dental Clinic, 372-4200. We're here for your health!

YOSEMITE SENTINEL

Editor-in-Chief John Poimiroo
 Editor Kim Saunders
 Contributing Staff Annette Bottaro, Garrett De Bell,
 Employee Training, Gary Flashner, MD,
 Charles A. Woessner, DDS

Photo Credits: PGE (J. Poimiroo), Jeff Cobb (S. Johanson), 1986 Grads (J. Johnson), Patrick Harley (file), Darlene Ruschhaupt, Virginia Cole (K. Saunders). Wildflower sketch by Ginny Snyder. Rafting cartoon by Annette Bottaro.

The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Co. for the Yosemite community. Contributions will be accepted at the Marketing Office, or call 372-1445. Deadline for the July issue is June 4, 1986.



WILDFLOWER WATCH

by Paula Negley



June is the month that Yosemite's native garden literally explodes into a myriad of colors and species, especially in Yosemite Valley.

In the early part of June the most prominent wildflower is actually a deciduous shrub — the Western Azalea. It grows in full sunlight in almost all of the meadows of the Valley, producing large clusters of trumpet-shaped

flowers that are creamy-white in color. These flowers reach their peak in June, filling the meadows with a rich, almost intoxicating fragrance.

Also reaching its peak in early June is the elegant Bleeding Heart. These flowers grow in the moist, shaded areas near creeks and streams, especially in the areas around Fern Spring and at the base of Bridalveil Fall. The flowers are gathered in loose clusters at the end of tall, straight stems about a foot in height; the blossoms are shaded from a light rose to a deep purple. Each flower has four petals that fuse together to form an elongated heart, with two small spurs at the bottom.

In shady areas beneath the Ponderosa Pine, where the humus is rich, you might chance upon the elusive Pinedrop. The botanical name for the Pinedrop is *Pterospora andromeda*, and it's named for Andromeda, who in Greek mythology was the daughter of Cassiope, Queen of Ethiopia. This wildflower is a saprophyte — a plant that lacks chlorophyll for photosynthesis, and instead utilizes organic material decaying beneath the surface to produce food. Pinedrops are thought to be specifically parasitic on the fungi that are associated symbiotically with the Ponderosa's roots. The small flowers are bell-shaped and appear waxy, varying in color from white to red, and hang suspended along the upper length of tall wand-like stalks.

June is also the month that brings bright carpets of Pussy Paws, a pink and white flower that is comprised of tiny, papery rosettes, clustered tightly together, resembling the upturned paw of a kitten. It prefers a gravelly soil and open, sun-drenched areas — such as the area at the start of the Four-Mile Trail. Once the flowers have dried, the seeds serve as a valuable food source for chipmunks and other small animals.

Another June wildflower that loves open, gravelly places is the Mariposa Lily. The flower is cup-shaped, one per stem, and has three snow-white petals with a deep purple center. The bulbs of this plant were dug up and roasted by the Native Americans who made their home in Yosemite, supplying an important seasonal food in their diet.

June might also be the month to hike the Pohono Trail. The peak time for wildflowers along this trail is normally mid-July, but I anticipate an earlier show of the flowers this year. For the wildflower enthusiast this is a trail that should not be missed; according to Dana Morgenson, there is "no finer display of wildflowers of the Lodgepole Pine-Red Fir belt to be seen anywhere," and your hike will be rewarded at every step of the way.

CONGRATULATIONS GRADS!



1986 Yosemite School graduates: (top) Larissa Marshel, (left to right) Tom Roney, Billy Wentzek, Ursula Furr, and Wendy Wurgler.

WHAT TO DO IF YOU'RE NEW

by Employee Recreation

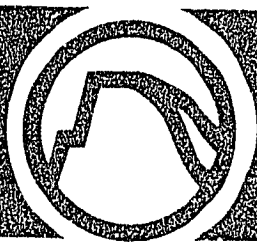
Welcome, newcomers, to Yosemite National Park! You are living and working in an environment which provides a multitude of natural recreational opportunities. As a complement to these opportunities, Employee Recreation offers a variety of activities and events to help you stay healthy and happy, and also to introduce you to the people who will be a part of your life and community here.

Special events occur along with regularly scheduled activities, and there's sure to be something for everyone. Perhaps you would like to challenge last year's Raft Regatta champion in this month's race down the Merced? Or show off your extraordinary tap-dance ability in the Great Valley Revue Talent Show in August? You just might win first prize! And whether chess, darts, running or putting is your forte, you can put your skills to the test against other employees in the Fourth Annual Wawona Games, our own version of the Olympics!

Every month we put on our dancing shoes and move to the sounds of name bands, and if that doesn't use up your extra energy, how about morning aerobics, guaranteed to get your pulse thumping. Also ongoing during summer months are aqua-aerobics, morning lap swims, a group hiking series, open-court basketball, volleyball, and men's and coed softball leagues.

You'll be pleased to discover we have a Weight Center open seven days a week right here in the Valley. You are invited to use the Weight Center, located near Annex Housing by the Lodge, free of charge, to continue a program you started at home or to begin a new one. We'll be happy to assist by introducing you to the equipment and establishing a program.

So you can see, there's plenty to do if you're new. Thousands of acres of National Park await your exploration and the Employee Recreation Department is ready to help you fill any "spare time!"



HIKING YOSEMITE

MY FAVORITE HIKE

by John Stender

This is the first in a summer-long series featuring the favorite hikes of Park employees. From late spring through early fall each year, Yosemite is a hiker's paradise. But Yosemite is essentially wild country and should be treated with respect.

Know your trail — check with the Visitor Center prior to your departure for the latest weather and trail conditions. Always register at the Back Country window for overnight treks into the high country.

Travel with companions, carry water and a jacket, and dress comfortably. Be prepared. Hike wisely and enjoy!

If you would like to share your favorite hike with Sentinel readers, call the Marketing Office at 372-1445.

I had often heard that views from the rim of Yosemite Valley were exceptionally beautiful, but the thought of uphill hiking to get the views was a bit discouraging. Accordingly, my favorite hike starts at the top and works down into the Valley! The hike is still a full day's work, traveling from Sentinel Dome to the Valley via Glacier Point and Nevada Fall, a total of 14.5 miles.

I'm a slow starter so I let someone else do the uphill work as I ride the morning Glacier Point bus to the Sentinel Dome parking lot. (Be sure to let the driver know in advance that you wish to get off there as it is not a regularly scheduled stop.)

From the parking lot, take the trail to Taft Point. Along this 1.1 mile trail there are many wildflowers, so I take a wildflower book to help identify them. Among the flowers I usually find are Snowplant, Pussy Paws, Mariposa Lilies, Indian Paintbrush, Azalea, Yellow Monkeyflowers, Groundsel and Shooting Stars.

Once at Taft Point, there's a spectacular overlook of the west end of Yosemite Valley; looking due north you'll see Three Brothers and the North American Wall of El Capitan. The feeling of exposure along the overhanging cliff of Taft Point and the fissures takes my breath away...fortunately there is a railing right at the point!

Now that my heart is going, I retrace the trail to the fork which connects with the Pohono Trail to Glacier Point, 1.8 miles away. Along the way I make the detour to the top of Sentinel Dome, where the reward is a sensational full circle view from atop the glacier resistant dome. Then, retracing the trail to the Pohono Trail once again, I continue eastward to Glacier Point.

It would be easy to spend a great deal of time at Glacier Point, but there is still a lot of hiking to be done on this route, so after an altogether too brief look from what many consider the most panoramic view in Yosemite, it is time to move on.

From this point, I prefer the Panorama Trail to the Four-Mile Trail, though both lead into the Valley, because of the abundance of water along the former. Not drinkable water, but water for looking, cooling my feet, and for listening to what John Muir called "the symphony of the Sierra."

There are often many people leaving Glacier Point to hike the Panorama Trail. Since I enjoy hiking with a small group of people, I encourage rest stops along the way to let some of the larger groups pass. This also affords a better opportunity to listen to the sounds along the trail.

Just over two miles from Glacier Point is the first of three major waterfalls that this hike encounters — Illilouette Falls. Just before

the falls, there is a great view of Illilouette from behind a small iron fence.

After crossing Illilouette Creek, the trail starts uphill, skirting the Panorama Cliff. This is the most uphill the hike entails and as the trail climbs higher you can see the Valley floor below and the back of Half Dome to the northeast.

Soon the trail brings you to the top of Nevada Fall for what I think is the best view of any of Yosemite's many waterfalls. Standing at the railing to watch the water turn to a brilliant white froth as it drops over the cliff, convinces me that this view alone makes the trek worthwhile. The roar of Nevada Fall always leaves me in awe.

It is here that I usually take a lunch break and after lunch I start down the mist trail to Yosemite Valley. The hewn-rock steps leading down this trail are often covered with mist, making it somewhat difficult to hike, but the views of Nevada and Vernal Falls are well worth the extra effort, and the cooling effect of the mist from the falls is a welcome relief on warm days.

Crossing the Merced River above Vernal Fall, I am again aware of the power of the river as I watch it race through the chasm below the bridge, contrasting the deceptively still waters of Emerald Pool above.

The descent from Vernal Fall along the Mist Trail will soak you at times, so before starting down the trail, make sure to secure anything that needs to remain dry. After leaving the mist it is a relatively easy walk to the bridge for a last view of Vernal Fall.

Shortly the trail reaches Happy Isles and then Curry Village where I cap the day with a cool drink and well-deserved pause for reflection, at the outdoor Terrace Bar!

John Stender is a Yosemite Park and Curry Co. employee of many years who gives guided tours of the Park for the Yosemite Transportation System when he is not hiking Yosemite's trails!

WELL-BEING: Vitamin "J"

—excerpted from *Body Bulletin*, March 1986.

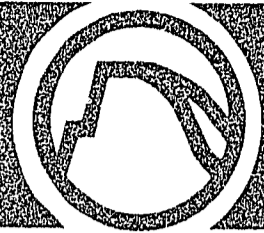
It may be hard to believe when the alarm goes off at 5:30 a.m., but your job is as important for your overall well-being as anything else in your life!

Besides money, a job provides the structure, social interaction and sense of purpose most people need to feel good about themselves. Not your job, you say? If you struck it rich in the state lottery, you'd quit in a minute, do nothing and be happy as a clam?

You're a rare breed if that's the case. Recently, the *British Medical Journal* cited the connection between paid employment and psychological well-being, noting these five important benefits.

1. **Improved efficiency.** It might seem like structure is something you can do without, but the regimentation required by your job tends to make you more efficient at everything you do. When you're working, you're in gear, and that momentum carries over into the rest of your life.

(continued on page 6)

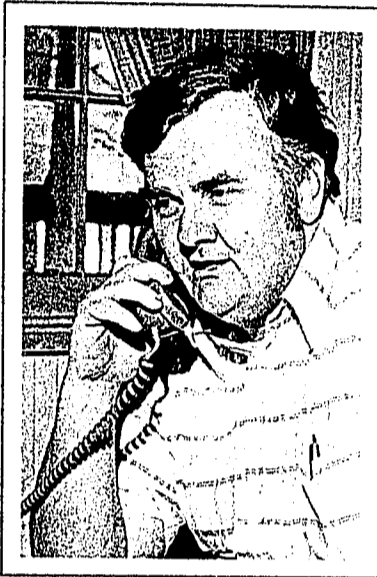


Patrick Harley — Twenty Years of Excellence

Young Patrick Harley began his career in Yosemite National Park on May 6, 1966, and despite a few side trips to other units, he hasn't really left home.

Patrick's first job with Yosemite Park and Curry Co. was as a cook's helper in the kitchen of the place he still calls home — Curry Village. Over the past twenty years he's been a laborer, worked on the lifts and slopes at Badger Pass and worked his way through almost every kitchen and Curry Village job around.

In 1979, Patrick became Manager of Curry Village. As the congenial host of Curry Village he is popular and well-known among returning guests and employees alike, earning his place in history next to Camp Curry's first host, David Curry.



Darlene Ruschhaupt's Corned Beef Wins!



When Darlene Ruschhaupt enters a contest, she does it right! This past spring Darlene entered the Boyle's Famous Corned Beef 1986 St. Patrick's Day Entree Contest, and despite what she felt was a slim chance of winning, she recently received a letter which began, "I am pleased to advise you that your Corned Beef and Cabbage Swirl is the winner..."

Darlene, a Garde Manger at The Ahwahnee, was surprised and pleased to receive the letter and even more

thrilled to discover the Grand Prize in the TWA co-sponsored contest was two round-trip tickets to any destination in the continental United States, plus five nights free accommodations at a first class hotel in the area and \$500 spending money!

Currently busy planning her prize trip, Darlene is also contemplating entering other contests — she's looking for one with a trip to Europe as Grand Prize!

Congratulations, Darlene; when do we get a taste?!

Konklins Honored as Coarsegold Rodeo Grand Marshals

Congratulations to Fritz and Elinor Konklin who were selected to serve as Grand Marshals for the 1986 Coarsegold Rodeo, in honor of their years of service to the Coarsegold community.

Fritz, a seasonal security guard with Yosemite Park and Curry Co., moved to the local foothills in 1935, marrying Elinor, a part-time PBX operator for the Company, in 1949. They have made their home in the area since, rearing their two sons, Ron (a YTS driver) and Craig, here, and taking an active part in Coarsegold community affairs.

Credit Union's Virginia Cole Retires



After thirteen years of looking after our Credit Union accounts and keeping the books balanced, Virginia Cole has decided to turn her attention to her long-neglected yard work as she retires at the end of May.

Virginia plans to do some traveling after completing that yard work. "Who knows," she says, "I may even remarry!"

She'll miss the view of the falls from her office window and her co-workers, and even, she says, all the people who drop by daily for withdrawals!

Her replacement, Richard Moering, formerly of Pasadena, began work in early May to learn the tasks of managing the Credit Union, some of which only Virginia knew.

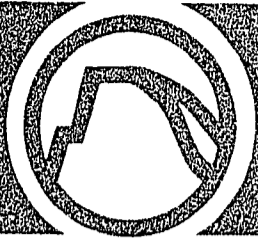
If you missed saying goodbye and getting that last withdrawal from Virginia, never fear, she'll be back for a vacation fill-in stint in July. Drop in to say goodbye. (And, see if she has a husband in mind, yet!)

Danny Wilson Chairs Entertainment Committee for UC Davis Picnic Day

Yosemite's Daniel Wilson, on "loan" to UC Davis, was named Entertainment Chairperson for the annual student-sponsored Picnic Day in April. The event yearly attracts over 60,000 people to the Davis campus.

Yosemite residents have long been aware of Danny's talents in the entertainment field, from his annual appearance as the dancing bear at Squire Bracebridge's Christmas feast!

At Davis, Danny is studying for a degree in Physical Education and Exercise Physiology and plans a 1987 graduation before seeking a Masters Degree in Sports Science. The son of Char Wilson of Mariposa and Ray Wilson of Yosemite, Danny is also Manager of the football team and serves on the Dean's Student Advisory Committee.



Yosemite Park and Curry Co. Basketballers Clinch Mariposa Title

The YP&CCo. team captured first place in the Adult Men's Basketball League of Mariposa for 1986!

Spearheaded by the season's high scorers, Ray Martinez, Paul Brousseau, and Dan Benitag, the team secured the number one position with a game still to go.

The final game, against Mariposa Floor Covering was a defensive struggle and YP&CCo. lost the low-scoring game by just three points, ending their successful season with an 8 - 2 overall record.



BASKETBALL STARS (from left to right, back) Danny Benitag, Paul Brousseau, Ray Martinez, Craig Kreighoff; (front) Steve Mahlstede, Jody Lee, Tim Muncy, Ron Jennings. Not shown: John Butler, Dan Jensen.

Youngbloods Win 3-on-3 League

by Keith Walklet

April 2 marked the final day of Employee Recreation's indoor 3-on-3 Coed Basketball League. After ten weeks of play, the Youngbloods, managed by John Reynolds of the Village Post Office, emerged victorious with an overall record of 8 wins, 2 losses.

A balanced mix of age and youth was the key to the team's success. Team members included actor Lee Stetson, local students J.C. Lee, Jeff Hinson, and Jim McKenzie, Bob Blumreich of YTS, and Karen Roseland of the Ahwahnee gardening staff.

FINAL STANDINGS IN 3-ON-3 LEAGUE

	Wins	Losses	Points
Youngbloods	8	2	74
Pacers	6	4	64
John's Friends	5	5	49
Tarbabies	4	6	45
86'ers	3	7	43
Zippy and the Pinheads	1	9	39

TEAM YOSEMITE UPDATE

by Dennis Yamnitsky

April was marathon month for TEAM YOSEMITE runners! Kudos to Connie Archer and Janet Mazzaglia who entered the Bonnie Bell 10K Run in San Francisco, also to those who entered the Old Mill Run in Columbia and the Lake Yosemite Pancake Run!

Colleen Werner won her division at the Modesto Marathon. Congratulations! And, on the other side of the country, Olaf Carmel and I "crawled" across the finish line in the Boston Marathon with times of 3:03 and 2:57 respectively. (I'd like to extend special thanks to all who generously pledged money for each mile I ran, raising over \$1000 for Multiple Sclerosis!)

Reva Colliver, Carol Moses, Denise Van Hook and Gail Miller ran in the first Big Sur Marathon from Big Sur to Carmel. Well done, ladies!

And, it was a beautiful spring morning in the foothill town of Hornitos when nineteen TEAM YOSEMITE stars raced their way through five and ten mile runs. A good time was had by all!

Upcoming races slated for TEAM YOSEMITE runners include:

BUTTERFLY DAYS RUN on June 14 in downtown Mariposa. Entry forms for the one and four mile courses are available through the Weight Center.

FATHER'S DAY RUN in Fresno on June 15.

Watch for information on the **FRESNO RUN FOR LIBERTY** and the annual **MERCED RUN FOR CANCER**.

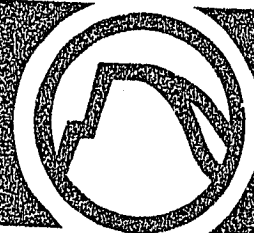
Interested in joining TEAM YOSEMITE? We'd love to have you! Check Employee Recreation flyer boards or call the Weight Center for more information. Get out and go for it, TEAM YOSEMITE!

WELL-BEING

(continued from page 4)

2. **Beneficial social interaction.** The emotional attachment you feel toward co-workers might not be as deep as your feelings toward your family, but in a way that's why work-related friendships are good. They offer a reprieve from the often emotional, highly-charged dealings we have with people near and dear to us. Office small talk, in other words, can be just what the doctor ordered for providing relief during times of trouble on the home front.
3. **Team spirit.** Sounds corny, maybe, but feeling part of something much larger than you could accomplish on your own is a good thing. It gives a feeling of power — but also interdependence.
4. **Personal identity.** Who and what are you? In addition to what you do for money, you're what the money allows you to explore. Your job provides you with the money as well as the confidence to declare who you are.
5. **A secure routine.** Despite the voice in us that curses our alarm clocks, we like being on schedule. It gives us security and it allows us to plan and to work toward goals. A totally unstructured "Life of Riley" might seem like a nice fantasy, but for all except the most self-disciplined, it's an invitation to psychological distress.

So, surprise! Your job is good for you — call it Vitamin "J"!



Message From the President

MONO LAKE AND THE MERCED RIVER: The Battles Continue

By Ed Hardy

As the heavy spring runoff sends millions of gallons of water rushing down the Merced River and on to Mono Lake, two groups continue the fight for permanent protection of these unique natural features.

The Mono Lake Committee continues to litigate to guarantee that enough water passes through dams to sustain the lake's fragile fishery. This amount of water is about half the annual flow needed to keep Mono Lake's water level from continuing to drop, as water is diverted from its inlet streams. The committee emphasizes that using water efficiently is the ultimate key to saving Mono Lake.

The Merced Canyon Committee (MCC) is concentrating on legislation to save the Merced River. To prevent development of hydroelectric facilities and dams along the scenic stretch of river from the head waters in Yosemite to Lake McClure, the MCC is urging pressure of a law to protect the river and its South Fork in the Wild and Scenic River System.

Both groups ask for public involvement and participation as vital to their efforts to save these precious resources. They are launching major public education campaigns this year.

The Yosemite Association (YA) recently voted to give each of these groups \$10,000 to aid their educational programs. A hitch developed when it was realized that the Yosemite Association's fundraising brochures have never mentioned the possibility of spending money for projects outside Yosemite. After a discussion of the environmental and legal implications, I, as a director on the YA Board, advised the Association that the intent of Yosemite Park and Curry Co. and our parent company MCA, was to protect Yosemite when we contributed to YA. We consider the immediate surroundings to be an integral part of that environment. It was within the intent of our 1985 donation of \$50,000 to the YA to aid the protection of Mono Lake and the Merced River, if this was the wish of the Association and NPS leadership. Thus, the Association decided to go ahead with the grants aiding these environmental causes.

If you want to get involved, too, consider joining and participating in these worthwhile groups. Write to the Merced Canyon Committee, Box 152, El Portal, CA 95318 (\$10 membership) or the Mono Lake Committee, Box 29, Lee Vining, CA 95341.

The family of Frank Matranga wishes to thank the many friends on the Yosemite Park and Curry Co. staff and their families for arranging the beautiful memorial service at sunset in the meadow on Sunday, February 23rd, in memory of Frank and Mark Matranga.

Special thanks to Father Rod Craig, to Mr. Edward C. Hardy, President and Chief Operating Officer of the Yosemite Park and Curry Co., to the Yosemite Lodge staff, and to all the young people in the Valley who grieve along with the family.

CAMPAIGN FOR COMMEMORATIVE STAMP CONTINUES

The campaign to see Yosemite National Park honored with the issue of a commemorative stamp and special cancellation on its one hundredth anniversary in 1990 continues.

The following is an excerpt from a letter written to Postmaster General Albert V. Casey from Yosemite Postmaster Leroy "Rusty" Rust, in support of the campaign.

"It is with great enthusiasm and expectation that this office ...requests consideration be given for a commemorative stamp and special cancellation for this world-renown park of sheer walls, waterfalls and Giant Sequoias...the beauty God has concentrated in these High Sierras."

Now is the time for you to join the campaign to honor Yosemite on its centennial — write today to your Congressman and the Citizen's Stamp Advisory Committee (U.S. Postal Service, 475 L'Enfant Plaza, Washington, D.C. 20206).

The Tide Rises, The Tide Falls

by Henry Wadsworth Longfellow

*The tide rises, the tide falls,
The twilight darkens, the curlew calls;
Along the sea-sands damp and brown
The traveller hastens toward the town,
And the tide rises, the tide falls.*

*Darkness settles on roofs and walls,
But the sea, the sea in the darkness calls;
The little waves, with their soft, white hands,
Efface the footprints in the sands,
And the tide rises, the tide falls.*

*The morning breaks; the steeds in their stalls
Stamp and neigh, as the hostler calls;
The day returns, but nevermore
Returns the traveller to the shore,
And the tide rises, the tide falls.*

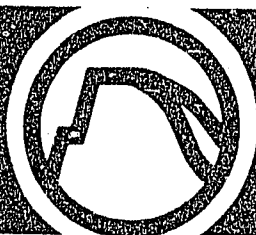
*In memory of Jon Kinney, a friend,
who left us May 11, 1986.*

It's Summer Again, A Great Time To...

JOIN TEAM YOSEMITE! It's a fun way to become physically fit and make friends, too! Watch community bulletin boards and the *Sentinel* for more information on this employee group which provides a team approach to individual sports training.

TOUR THE MARIPOSA GROVE OF GIANT SEQUOIAS! Make a day of it at the southern end of the Park - stroll into history at the PIONEER HISTORY CENTER and cap the evening with dinner at historic HOTEL WAWONA.

JOIN A RANGER FOR A BIRDWALK! Wake up with the birds and share the morning with them. Check the *Yosemite Guide* for times and days, and don't forget your binoculars!



BETWEEN THESE WALLS

Movies

June 3: *To Live and Die in L.A.*

June 10: *Brewster's Millions*

June 17: *Soldier's Story*

June 24: *Goonies*

All movies are shown at 8 & 10 p.m. in the East Auditorium. \$2.50 for adults, \$1.50 for kids 12 and under. Popcorn, soda and candy for sale.

Videos

June 5: *Gallipoli*

June 12: *Cool Hand Luke*

June 19: *Blazing Saddles*

June 26: *American Werewolf in London*

Big Screen Videos are shown FREE in the Weight Center at 8:15 p.m.

Ongoing Events

Aerobics: Tuesday, Thursday, 6 - 7 a.m., West Auditorium

Basketball: Tuesday, Thursday, 6 - 8 p.m., Elementary School Outdoor Court. Bring a ball if you have one.

Volleyball: Power Volleyball: Wednesday, 6 - 8 p.m.; Week-ender Volleyball: Saturday and Sunday, 6 - 8 p.m. at the Weight Center Court in Annex Housing area.

Softball: Men's & Coed Monday, Wednesday, Friday and Sunday. Please call Recreation for times and team information.

Weight Center: Monday through Saturday, 10 - 12, 1 - 4, 5 - 9, (except Thursdays until 8 p.m.) and Sunday 2 - 7 p.m. Located in Annex Housing area.

AquaAerobics & Lap Swims: See flyers for start-up dates and times. Lodge Pool.

Hike Series: See flyers for destinations, dates and meeting places for this exciting new group hiking series.

Special Events

Raft Regatta: The 12th Annual Raft Regatta and BBQ. Watch for more information on Employee Recreation announcement boards and weekly checkstub messages!

Classifieds

HOUSING WANTED: Ansel Adams employee needs room in house to rent for summer. Prefer location close to Yosemite Village. Beck (916) 893-4864.

FOR SALE: In Wawona Trailer Park, 20' X 44' double wide "Skyline" mobile home with stove and two metal sheds. \$13,000. Call 375-6407 evenings.

HOUSE FOR RENT: 6 miles east of Mariposa. High Sierra view, 2 BR, 2 Bath, privacy and brand new. \$500 month. Call 966-5511 weekends, or (415) 550-1587 weekday evenings.

Classifieds

HELP WANTED: Local company looking for hard working, clean cut young man to help deliver and stock dairy products in Yosemite Valley. Must be 21. Helpful. Good driving record a must. Housing available in Camp 6 if needed. Contact Mickey the milkman through Village Store.

FOR SALE: Sunbeam top-of-the-line gas BBQ grill with dual burners, electric push-button starter, fuel gauge, warming tray, front and side tables. Used less than two summers. \$150 or best offer. Call 372-1342.

NEEDED: First Aid Instructor for Multimedia Standard First Aid class. Must hold current Red Cross card and must attend 8-hour training program in Fresno. Please call Employee Training Dept. XI448, if you are interested.

FOR SALE: Raffle Tickets! Help support the Childcare Center in Yosemite Valley by purchasing tickets for the raffle of a beautiful quilt (squares completed by Yosemite residents). Tickets are just \$1.00 each, or six for \$5.00. Call 372-4819 for information.

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Rod Craig, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

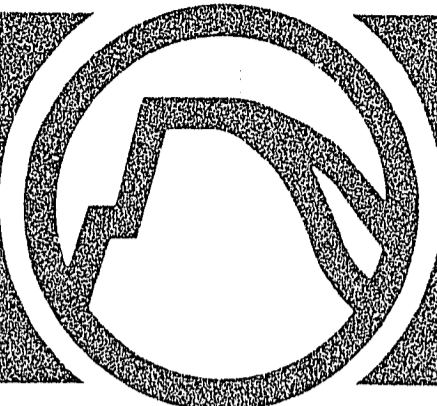
Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00 - 4:00 p.m., Wednesday 12:00 - 6:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday - Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services. Clinic open 9:00 - 5:30, Monday - Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00 - 12:00 and 1:30 - 4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.

YOSEMITE



SENTINEL

Book XII, Volume 7

July 1986

SPRING MANAGEMENT MEETING STRESSES COOPERATION AND COMMUNICATION

The Spring Management Meeting, held this year in mid-May, brought together the Company's managers, Mr. Hardy and the Executive Staff for an update on the Company's progress and goals.

President Ed Hardy emphasized "the importance of communication deep within the organization," as well as

within the community; and Superintendent Jack Morehead stressed the importance of cooperation between NPS and the Company, noting that the "visitor experience is the final goal."

Recognizing the "good partnership" between the National Park Service and Yosemite Park and Curry Co., both men committed to maintain their long friendship and "work together to achieve this goal."

John Poimiroo, Director of Marketing, citing the critical role managers play in guest satisfaction, presented a forecast of tourism and travel patterns, giving managers an idea of the people who will visit Yosemite this year.

With international travel by Americans declining and interest in California growing, visitation to Yosemite will be as high as ever. Changing demographic trends show families, active seniors and working women in greater numbers, and all will be interested in a high-quality vacation experience.

By providing the best in recreational activities like rafting, horseback riding, climbing and biking, and educational entertainment such as guided tours, as well as fine accommodations and meals, the Company will be meeting the varied expectations of these visitors.

Updates on the Company's efforts to aid the work of the Merced Canyon Committee and the Mono Lake Committee, were offered by Environmental Consultant Garrett De Bell. And, after touching on the status of Park improvements, safety programs and seasonal unit openings, Mr. Hardy issued a challenge to managers to keep their work units litter-free and tidy — providing rakes to those who accepted the challenge!

With communication in mind and rakes in hand, the YP&CCo. management team set their sights on their summer goal — the best of guest services to match the best of America's National Parks...Yosemite.



Marketing Director, John Poimiroo

YP&CCo. WELCOMES GALLUDET STUDENTS

As part of its continuing support of Affirmative Action hiring, Yosemite Park and Curry Co. once again welcomes several hearing-impaired employees to its summer work force. Six of the employees are from Galludet College in Washington, D.C., a seventh was hired through the Fresno Vocational Rehabilitation Department.

Arrangements for the students began in May when Galludet Director of Placement Sue Pressman and Placement Counselor Geoffrey Mathay visited Yosemite. They met with Ed Hardy and members of the Executive Staff to discuss the students' placement in and adaptation to employment in the Park. All seven now work in the Housekeeping units of Curry Village and the Lodge.

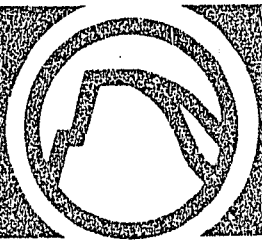
Upon their June arrival in Yosemite, like all new employees, their first stop was the Training Center! With sign language assistance of an interpreter provided by the Fresno Vocational Rehabilitation Department and former Galludet student, Carolyn Dunne, their orientation was complete and their summer in the Park underway.

Carolyn Dunne came to the Park as a summer hire under the same program three years ago and decided to stay. She now works in the YP&CCo. Cashier's Office and teaches a sign language class each summer to interested Park residents. If you would like to know more about the class, call ext. 1448.

This is the fourth year that YP&CCo. has worked with Galludet to provide summer work for its students and all involved are pleased with the success of the program. So, a special welcome to Melissa, Zdenka, Paul, Gerald, June, Gerald and Felix — we're glad to have you with us!



DON QUIGLEY RETIRES (see page 4).



National Parks Trade Journal A SUCCESS STORY IN YOSEMITE

Success: a favorable or desired outcome of something attempted. For Dave Anzalone, it's something to savor. With publication of the second edition of the *National Parks Trade Journal*, Anzalone has cause for celebration: success!

The deceptively small volume, published in soft cover by Taverly-Churchill Publishing in Wawona, is packed cover to cover with complete information on employment in over 330 of America's National Parks and Recreation Areas. It also offers insight into the unique experience of living and working in the Parks, through a series of chapters written by National Park Service and private concessions employees.

The NPTJ began in 1981 in response to the need for a comprehensive employment guide to America's national parks. The first edition, just forty-four pages, was ready in time for spring, 1984. Limited to information on job opportunities, meal programs and housing in a few National Parks, it was nevertheless an immediate success.

The current edition, over 150 pages, focuses primarily on stories, photos, interviews and cartoons from employees in Yosemite, but Anzalone plans for "future editions to look at the lifestyles and experiences of employees throughout the National Park system," and feature "more exciting job opportunities from America and around the world."

If you would like a copy of the 1986 edition of the *National Parks Trade Journal*, or more information, write the National Parks Trade Journal, Box 2221, Wawona Station, Yosemite, CA 95389.



EVERYBODY LOVES SATURDAY NIGHT! Looking for a fun and different way to spend your Saturday night? Try the famous **WAWONA SATURDAY NIGHT BARBEQUE AND BARN DANCE!** Barbeque steak dinners are held outdoors on Hotel Wawona lawns each Saturday night through summer, and every other Saturday night you can work off your dinner by square dancing at the old gray barn at the Pioneer History Center. Stagecoach rides are also available on square dancing nights, so take a drive to Wawona for a rousing good time next Saturday night! Call the Hotel Wawona for further information at 375-6556.

WELL-BEING: The Benefit of Laughter

You've no doubt heard the adage, "Laughter is the best medicine." Well, doctors are increasingly aware that the old saying has a ring of truth to it.

Chemically speaking, laughter stimulates the brain to produce *catecholamines*, the "alertness" hormones. While data is not conclusive, there is some evidence that the catecholamines in turn trigger the release of beta-endorphins, the body's natural painkillers. Endorphins are thought to account for that overall good feeling — such as you get when you laugh. The so-called "Runner's High" has been linked to the same effect.

This phenomenon helps to explain current studies which show that an increased level of catecholamines may reduce inflammation, tension and even deaden physical pain.

This humor-health connection appears to be catching on as a growing number of hospitals and clinics offer rooms where patients can retreat to enjoy funny movies and books as a respite from illness.

What does all this mean to you? Well, simply put, the cathartic process of a good, hard belly-laugh may just be the best medicine after all for your emotional well-being. So, develop your sense of humor and enjoy it! Your general fitness can benefit from healthy doses of laughter — here are some guidelines:

1. Adopt a playful attitude. Be willing to play, be silly.
2. Laugh at yourself. Not in bitterness but with lighthearted pleasure.
3. The healthiest of all laughs is the all-out, side-splitting, roll-on-the-floor variety, so seek out those with whom you can laugh and do so! Have a "laugh party," show funny movies, tell humorous stories.
4. Open business meetings with laughter; it reduces tension and promotes relaxation. People think more clearly when relaxed.
5. Take life as it comes — look for the paradoxes and incongruities in life's situations and laugh at them. It helps to diffuse anxiety if you can see the lighter side of your problems.

Life is a gift, enjoy yourself and laugh — it's for your well-being.

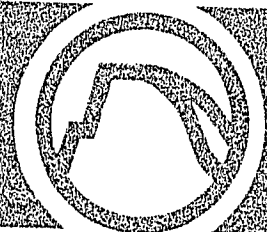
Portions of the above article were adapted from "Good Medicine for the Mind: Laughter," by Annette Goodheart, Ph.D., for *Shape Magazine*, May 1986.

YOSEMITE SENTINEL

Editor-in-Chief John Poiriroo
 Editor Kim Saunders
 Contributing Staff . . . Tim Arnst, Annette Bottaro, Ron Jennings,
 Employee Training

Photography: page one, S. Johanson; page two, file; page three, A. Bottaro; page four, J. Johnson. Cartoon, page seven, K. Walklet. Dr. Wurgler photo courtesy of Kate Lappin.

The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Co. for the Yosemite community. Contributions are welcome at the Marketing Office, or call 372-1445. Deadline for the August issue is Friday, July 4, 1986.



CPR: YOU COULD SAVE A LIFE!

CPR. Cardiopulmonary Resuscitation. What is it and why is it so important?

CPR provides artificial circulation and breathing to a person whose heart and lungs have stopped functioning due to heart attack, shock, drowning or other cause.

About one million persons in the U.S. experience acute cardiac problems yearly. Since 60-70% of sudden deaths caused by cardiac arrest occur before hospitalization, it is essential that the victim receive immediate, on-the-spot care.

That immediate, life-sustaining care could come from anyone who happens to be in the right place at the right time — IF that person is CPR certified.

Recognizing the importance of such training and certification, YP&CCo. Employee Training offers CPR training. Taught by Red Cross certified volunteer instructors from NPS and YP&CCo., classes are scheduled every two to three weeks. Pre-registration is required. For more information on how to enroll, call ext. 1448.

Please dial. It's a call that could save a life.



HOT TIME IN THE SUMMER! July's the month for softball. Men's Softball League play continues on Sunday, Monday, Wednesday and Friday nights, and peaks with the Annual All-Star Game on July 6th. Co-ed Softball, on a pickup basis, continues on Tuesday and Thursday nights, 5:30 to 7:30 p.m. All softball games are played at the Elementary School Field. For more information, call Employee Rec at 1475.

WILDFLOWER WATCH

by Paula Negley

In early July, a walk along the Merced River, just east of Bridalveil Fall, will reveal scattered stands of one of Yosemite's more showy wildflowers — the Little Leopard Lily. The moist banks, rich soil, and filtered sunlight of this particular stretch of the Merced offer the ideal environment for this beautiful spotted lily, but the area is also very sensitive so remember to tread lightly. Look for tall, singular, straight stalks, about two to four feet high, with leaves encircling the stem. The flowers are trumpet shaped and light orange in color with maroon spots.

One of July's more unusual wildflowers, the Yellow Evening Primrose, makes its first appearance around mid-month. A true "nocturnal" wildflower, it blooms only in the evening and fades with the first light of day. The buds are clustered in large quantities on tall, straight stalks, with only one or two buds opening each evening over a period of many weeks — a strategy that facilitates cross-pollination and also allows many plants to bloom into early September. If you enjoy taking evening walks, find a few minutes sometime to watch one of these flowers open; the sepals and petals uncurl before your very eyes, revealing a vibrant yellow flower that emits an intoxicating fragrance capable of attracting a Sphinx Moth from a distance of several hundred feet away. Once abundant in Yosemite Valley, Yellow Evening Primrose have declined in number in recent years and are most easily seen on the margins of meadows, particularly around The Ahwahnee Hotel and Yosemite Lodge.

Also in July, watch for Yosemite's very "own" wildflower, the Yosemite Aster, as well as Scarlet Monkeyflower, Red Columbine, Elderberry, Black-Eyed Susan, St. John's Wort and Common Yarrow. Outside the Valley the wildflowers of the Tuolumne Grove of Giant Sequoias reach their peak in early to mid-July offering hikers sightings of a number of the more unique, and sometimes rare, wildflowers in the Park. Happy hunting!

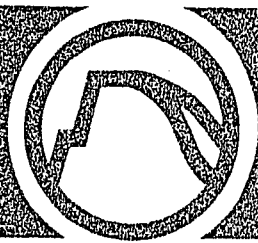
Missy Carter Receives Yosemite Scholarship

El Portal's Missy Carter has been awarded the Yosemite Community Scholarship for the coming year. The scholarship, in the amount of \$1500, is supported by the Yosemite Community Council and is awarded annually to an outstanding local graduating senior.

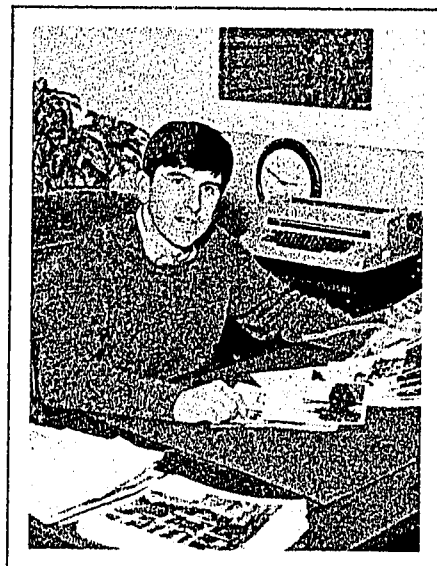
Missy, the daughter of Hugh and Lou Carter, graduated from Mariposa High School in June and plans to attend the University of California at Santa Barbara this fall. Congratulations, Missy, and continued success!



Photo courtesy Lou Carter.



MEET JOHN POIMIROO!



Accepting the position of Director of Marketing for Yosemite Park and Curry Co. was, for John Poimiroo, a homecoming.

He has stepped into one of the most interesting, varied and demanding positions in the Park. The day-to-day responsibilities of the Marketing Department include sales and coordination of all groups and conferences, as well as the

dozens of weddings that take place in Yosemite each year. Working closely with the Company's advertising agency, the Marketing Department originates all special events and marketing concepts for YP&CCo. This department also handles both press and public relations, in addition to acting as a liaison between the National Park Service, the Company and the Yosemite community.

John Poimiroo's educational background, work history, and his personal life seem to be somehow star-crossed, bringing him eventually to Yosemite.

Born and raised in Northern California, John is no stranger here, having visited Badger Pass numerous times when his father was a volunteer ski patroller in the early 50's, and as a youth. And, he and Joan honeymooned at The Ahwahnee in 1970.

After graduating from San Jose State in 1969 with a B.A. Degree in Public Relations, John entered active duty in the U.S. Navy, serving in that status until 1972. He has continued on reserve status as a cryptologic officer, currently holding the rank of Commander. Upon discharge from active duty, he did post-graduate work at the University of Colorado, where in 1973 he received his Master's Degree in Journalism. While at C.U., John taught photography, was a ski patroller and became Marketing Director of Lake Eldora, a popular ski area outside Boulder.

He returned to California in 1974 to become Publicist and Marketing Director at Squaw Valley. John joined Marriott Corporation two years later and helped establish the Great America theme park in Santa Clara. In 1981, he entered the public relations agency business, handling a variety of clients. It was at Ketchum Public Relations in San Francisco where he had his first business contact with Yosemite, when he assisted YP&CCo. with press coordination of Queen Elizabeth's 1983 visit to the Park. John was also instrumental in development of the popular Chef's Holidays here.

John and Joan Poimiroo have three children: Nicole, 10, Louis, 8, and Aimee, 5.

DON QUIGLEY RETIRES.....



"The Coach"

Don Quigley, Senior Vice President of Administration, closes a distinguished career in personnel administration this month, when he retires from Yosemite Park and Curry Co. He is the first executive of YP&CCo. to retire, since its acquisition by MCA, Inc.

Though Don ends his ten-year tenure as a full-time employee, he has agreed to provide part-time consultation to the Company in the future.

Describing himself as from "the old school," Don

says his career was forged through a liberal education and from years working in all aspects of personnel administration: benefits, recreation, insurance, counseling, wage and salary administration, equal employment and personnel law. He is recognized as an expert in labor relations.

"I studied at Rutgers, but it was the 47,375 seminars I attended that really taught me this business," he jokes dryly. In truth, it wasn't seminars that built his career, but the wide ranging foundation of experience he gained, first as a youth who loved to work, then through a career of diverse personnel related jobs.

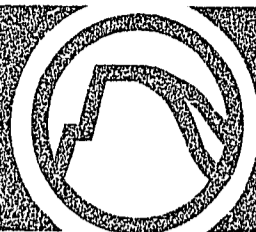
"Growing up, I caddied, did small construction jobs, sold insurance, even did tree surgery. All these jobs drove my father crazy. He worried that I'd end up in the trades. He was in construction and he'd say, 'You're not smart enough for that.' As a child, whenever I'd pick up one of his tools, he'd take it out of my hands. Ever since, I can't go into a hardware store without buying them (tools)," Don related.

He listened to his father's entreaties, despite a love of working with his hands, and Don developed his career in personnel, first at Carborundum Corporation (a manufacturer of super refractories and coated and bonded abrasives), then at Deluxe Laboratories (a firm which specialized in processing motion picture film) and concluding with 20th Century Fox where he was Vice President of Industrial Relations, before joining YP&CCo. and MCA.

What makes a good personnel manager? "I often hear the comment from people interested in personnel careers that they'd be good at it, because they like people." Don said, "Liking people is not what makes good personnel people."

"Sure. It's important to be 'concerned' about people. If you aren't concerned, you'll fail. But liking people is probably more important to success as a social worker or customer complaints handler. I'm a behaviorist, an admirer of (S.I.) Hayakawa. To succeed in personnel, it's more important to understand human behavior than to like people," Don explained.

There's still room for personal relationships, he adds, and there should be if you're to be effective. "I remember Russ Reagan,"



GOODBYE COACH . . . AND THANK YOU!

Don said, "a great guy — one of the best I ever worked with — who was head of Fox records. He's the guy who discovered Elton John. I asked him, 'How did you know who's going to be a star and who's not?' He answered, wiggling his hands sideways, 'You just feel the vibes!'"

"Even a guy like Reagan needed the personal personnel manager. During contract negotiations he said to me, 'I'm sick and can't work.' 'What makes you sick?' I asked him. He answered, 'These points in my contract.' So I sent him a bottle of Irish Whiskey, a new contract and a note which said, 'Get well on this.' He signed the contract and returned a bottle of Dom Perignon champagne. Sometimes the personal approach works best."

At 62, Don Quigley describes his career in satisfied terms. "This past ten years in Yosemite and living on the meadow has been the best time of my life, both on a personal and professional level. Our division continues to improve its ability to seek, hire and keep the best people, and that feels very good."

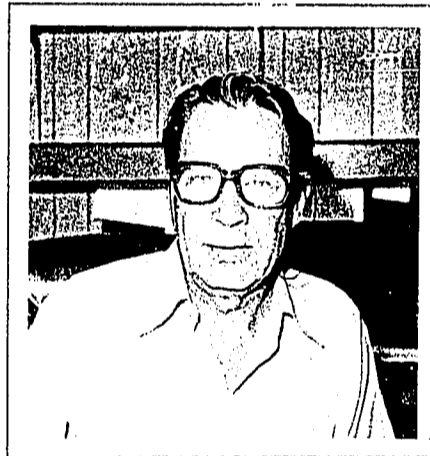
Don says he's looking forward to spending a bit more time with Laura and their daughters and sons: Donna, an educator; Peter, an engineer; Dennis, an accounting firm executive; and Kim, a teacher and director of children's theater...each highly educated. Now perhaps, too, he'll be able to finally satisfy his interest in working with his hands. Don plans a large workroom to store his collection of tools, while adding onto his Sonora home.

When not in his workshop, Don says you'll be able to find him on the golf course, picking a winning horse at the track, avidly reading Irish novels and various business periodicals, or, in winter, baking bread to "force" upon his many Yosemite friends.

And though Don's encouraging voice will be missing as coach of the "Over the Belt Gang," his able leadership gone, day-to-day, from the Administrative Division, he'll still be here in the solid organization he leaves behind and through the frequent visits he plans as a consultant.



We'll always remember Don Quigley as a wise and consistent administrator. Though he had a gruff exterior, the inner man was compassionate with a sense of fairness deep-rooted. Our fondest memories of Yosemite will be of Don Quigley, the "Wise Old Owl," coaching us, the younger managers in his division, through some of the most... uh, "unusual" situations! His wisdom was not always immediately apparent to us, but we eventually realized the wealth of wisdom within Don "Mr. Wizard" Quigley!



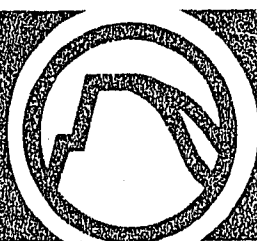
"the boys"

Don Quigley has been my best friend, my dad, my teacher, the office comedian and the BEST BOSS a person could ask for. He is humane, not artificial, trustworthy and honest (he tells it like it is!). His sometimes strong-willed, gruff exterior could scare a fish from water but more often than not, he displays



such a big heart and is so kind and understanding that you can't help but feel he's your best friend in the world. I must say that I'm spoiled and his presence will certainly be missed. In words that he might use himself, "He's not too bad... for a guy!"

*Carla Mayes,
Administrative Assistant
to Don Quigley*



A Message From The President

COOPERATION

by Ed Hardy

Webster defines it as "a common effort." COOPERATION. It is a primary precept of Yosemite Park and Curry Co. We enjoy a cooperative relationship with the National Park Service as one of its contractors. This relationship also extends to many other efforts not strictly related to our task as operators of guest services.

- The **Yosemite Art Activity Center** is jointly operated by the National Park Service, the Yosemite Association, and YP&CCo., providing artistic education, support and appreciation programs, and a source of art materials for visitors and residents.
- The **Shuttle Bus System**, designed to reduce auto congestion, is operated by YP&CCo. with buses provided by the NPS.
- We assist the NPS with their operation of the **Youth Conservation Corps**, by providing housing for participants at Badger Pass Lodge each summer.
- YP&CCo. provides accommodations to the **Yosemite Institute** during the school season, thereby helping YI bring valuable interpretive programs to the Park.
- The very popular **Seven-Day Loop Trip** of the High Sierra Camps is another joint effort of Yosemite Park and Curry Co. and the Yosemite Association. We provide the housing and meals for participants and staff, while YA provides the instructor-naturalist.
- Closely cooperative relations exist with several environmental groups in our mutual concern for protecting Yosemite and its surrounding environs. Over several years, we have worked with the **Sierra Club** to help sponsor service trips to the Park, including two scheduled for this summer. YP&CCo. actively and financially supports the efforts of the **Merced Canyon Committee** in protecting the Merced River and its South Fork, as well as encouraging the efforts of the **Mono Lake Committee** in saving the unique and endangered Mono Lake, to the east.

We all work together — YP&CCo., NPS, YA, YI, MCC, Mono Lake Committee, and others — to protect this precious environment and provide the best of visitor services. I encourage everyone within the Company and community to recognize each other as partners in this important common effort.

YOSEMITE ART ACTIVITY CENTER OFFERS SPECIAL EMPLOYEE CLASSES

Did you know that free art classes are offered twice weekly for employees? The special two-hour classes, scheduled each Tuesday and Thursday evening from 7-9 p.m., are presented by the Center's artist of the week, and are free to Yosemite residents.

July's schedule of artists includes watercolorists Sherron Shepard, Connie Newton, and Tino Pontrelli, as well as artist Don Foster who specializes in oils.

For more information on class offerings and advance registration, stop by the Art Activity Center in the mall, or call X1442.

Always A Tomorrow

*A Meadow graced with Ever
So much Beauty,
On Summer Days,
When Nature Performs
With Pomp and Pageantry,
Like the Iris and Azaleas
That have come and Gone,
Today's Primrose,
Tomorrow's Thistles.
Today's Downpour,
Tomorrow's Glorious Sunshine.*

*Days in and Days Out,
Souls at Play,
Souls at Labor,
Leaving no chores Undone,
At A perfect Day's End.
I Pray My Lord,
For Thee my soul to Keep.
There will always be A Tomorrow.*

Joseph R. Paquette
July, 1984

Recycle? Who Me?

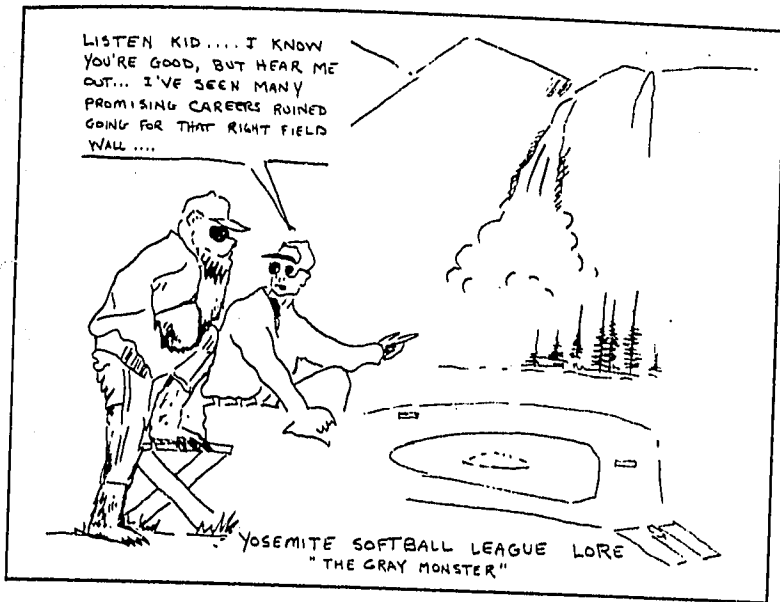
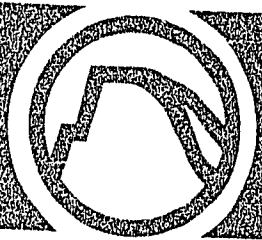
Yes, you and every employee and visitor to Yosemite!

Recycling has become an important part of everyone's life, especially here in Yosemite where we are reminded daily just how fragile and precious our environment is.

The Yosemite Recycling Program, for which we pay a 5¢ deposit on soft drink and beer containers purchased in the Park, has helped to reduce litter in Yosemite, returned important resources for recycling, and helped fund backcountry clean-up efforts. Nearly 60% of all deposit containers purchased in the Park are returned each year.

But, there's more that you can do. The Recycling Center at the Village Store also accepts other recyclable materials, including newspapers, cardboard, rinsed glass and tin, and non-deposit aluminum containers. Housing units and many work stations also have mini-recycling centers for these items.

So, do your part — keep Yosemite clean and join the worthwhile effort to recycle your reusable waste products! Recycling Centers for redemption of 5¢ deposit cans are located throughout the Park at the following locations: BIG TREES Gift Shop; CRANE FLAT Store; CURRY VILLAGE Gift Shop, Recycling Center; DEGNAN's Deli; HOUSEKEEPING CAMP Store; TUOLUMNE MEADOWS Lodge, Mountain School, Store; WAWONA Golf Shop, Store, Service Station; WHITE WOLF Store; YOSEMITE LODGE Bike Stand, Gift Shop, Service Station; YOSEMITE VALLEY Stables; and the main RECYCLING CENTER at the VILLAGE STORE.



MY FAVORITE HIKE: Eagle Peak

by Keith Walket

My favorite hike is an overnighter to Eagle Peak, on the northern rim of the Valley between El Capitan and Yosemite Falls.

Eagle Peak is the uppermost peak of the Three Brothers rock formation, named for the sons of Chief Tenaya, last Chief of the Yosemite Indians, the Ahwahneechees.

At 3,800 feet above the Valley floor, Eagle Peak offers some great views, in fact I think it's the **best** of Yosemite Valley. You can see good expansive panoramas up and down the Valley, including such sites as El Capitan, Sentinel Dome, Nevada Fall, Sentinel Fall and Yosemite Falls. There's also plenty of water and downed wood nearby, making an overnight stay easier.

The "bad" news is that the trail is a "grunt," uphill and tough, especially the Yosemite Falls portion. There are many fallen trees on the trail making it difficult to follow in some areas, and in early spring a 200-yard stretch is under water. Oh, and lots of mosquitos await you in spring also!

All of this tends to discourage most people from taking the trail, though, which leads to one of the real advantages of the hike — there's rarely anyone else on the Eagle Peak trail.

We hiked the trail to see the full moon over Yosemite Valley on Memorial Day weekend. Despite the fact that we were the last party to be assigned a wilderness permit to camp in the Eagle Peak area, we saw and heard no one else while there.

My route for the hike begins at the Yosemite Falls trailhead, behind Sunnyside Campground and branches off to the West at the top of upper Yosemite Falls, covering 12.8 miles to Eagle Peak and back. This requires a wilderness permit for overnight backcountry usage, available at the Backcountry Window, just outside the Visitor Center — be sure to register for your safety as well as minimal impact on the environment.

There are alternative routes also; you can take the "long way" down from Eagle Peak, by way of El Capitan and the Big Oak Flat Road, adding over ten miles to the trip. Or, you can do it all the easy way. Drive to the Yosemite Creek parking area on Highway 120, take the mostly downhill trail to the top of Yosemite Falls and then continue to Eagle Peak.

From any route, it's a great hike!

TEAM YOSEMITE UPDATE

by Dennis Yamnitsky

Are you having a healthy, active summer? Team Yosemite is and you can, too! To join Team Yosemite you need only be involved in healthy exercise on a regular basis and train here in nature's greatest temple!

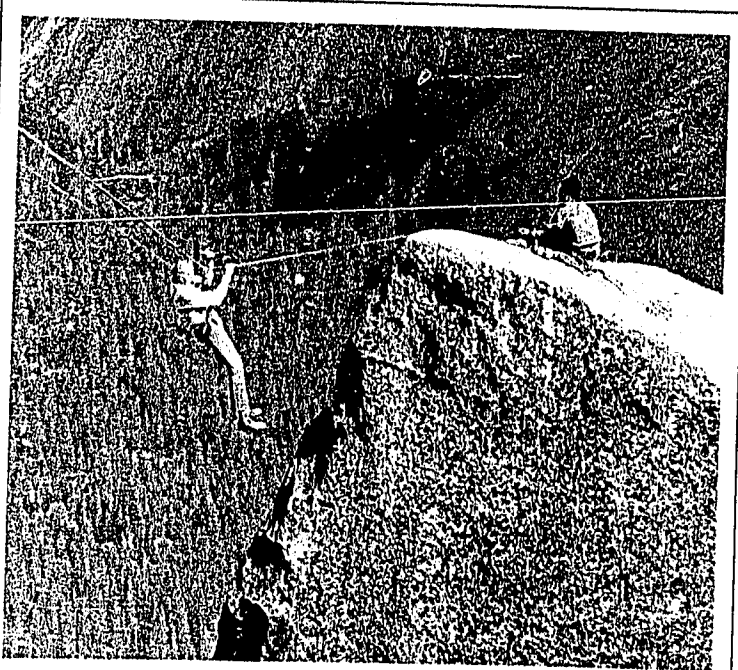
Yosemite's natural beauty inspires one to focus on fitness — enjoy the outdoors, breathe the clean mountain air, thrive on the positive energy and experience its magic. There is no finish line here, only unique opportunities to explore your limits and expand them. Try biking, running, hiking or swimming. Maybe climbing, frisbee, golf or tennis. Don't forget weight-lifting, yoga or aerobics — they're all good exercise. If team effort is your game, how about volleyball, basketball and softball?

Don't languish away your Yosemite summer. Make the most of your summer by enjoying each day the active way — join Team Yosemite! Stop by the Weight Center for current news and information.

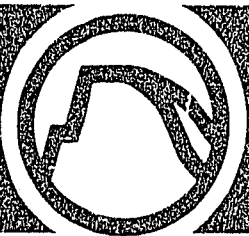
JULY RACE SCHEDULE

- July 4 Run for Independence in Atwater, 5 miles
- July 13 Run for Cancer in Merced, 5 miles
- July 12-20 Mammoth Cycling Classic
- July 20 San Francisco Marathon
- August 17 Long Live Mono Lake 10K Run

TRAINING TIP for those long, hot days of summer — increase your fluid intake. Heat and exertion cause your body to dehydrate more quickly. Keep your fluids replenished. Try Gatorade or E.R.G., or better yet, my favorite, the champagne of the Sierra, Yosemite water!



WHO IS THAT DARING YOUNG MAN ON THE DANGLING TRAPEZE? None other than the Yosemite Medical Clinic's own Jim Wurgler! Dr. Wurgler and his clinic staff spent a day this spring doing the famous Tyrolean Traverse on Lost Arrow. Taking part in the adventure were Bill Bowie, Kathy Edwards, Dave Page, Kate Lappin, Cathy Sheehe, Larry Baskin, Matt Pujolar, Dr. Wurgler, and guides Andrew Stevens and Kevin Ludwig. Leave it to the Clinic crazies!!



BETWEEN THESE WALLS

Movies

July 1: *Mass Appeal*

July 8: *Perfect*

July 15: *Cocoon*

July 22: *Birdy*

July 29: *Code of Silence*

Shown at 8 and 10 p.m. in the East Auditorium. \$2.50 for adults, \$1.50 for children 12 and under. Natural sodas now available!

Videos

July 3: *My Science Project*

July 10: *Eleni*

July 17: *Deal of the Century*

July 24: *The Survivors*

July 31: *Gauntlet*

Big screen videos are shown FREE at 8:15 p.m. at the Weight Center.

Ongoing Events

Aerobics: Tuesdays, Thursdays, Saturdays, 6 - 7 a.m., West Auditorium.

Weight Center: Mondays - Saturdays, 10 - 12, 1 - 4, 5 - 9, except Thursdays, 5 - 8, and Sundays, 2 - 7.

Men's Softball League: Please see or call Recreation at X1475 for roster and schedule information.

Pick-up Softball (Co-ed): Tuesdays, Thursdays, 5:30 - 7:30 p.m., School Field. Check with Recreation Office for possible league information.

Aqua-Aerobics: Tuesdays, Thursdays, 6:15 - 7:30 p.m., Check flyers for location.

Morning Lap Swim: Mondays, Wednesdays, Fridays, 6 - 7 a.m., Lodge Pool.

Basketball: Tuesdays, Thursdays, 5:30 p.m., Elementary School Courts.

Volleyball: Wednesdays, 6 - 8 p.m., Advanced, and Saturdays, Sundays, 6 - 8 p.m., Beginning/Intermediate, Annex Court across from Weight Center.

Classifieds

FOR SALE: Four trailers: 1980 Allison, 2 BR, 2 Bath, \$28,000; 1973 Skyline, 2 BR, 1 Bath, \$13,000; 1976 12' x 63' trailer, 2 BR, 1 Bath, \$10,500; 1974 Fleetwood, 2 BR, 1 Bath, \$10,000. All with many extras. Located in Wawona. Contact J. Stanbridge, Box 2157, Wawona.

FOR SALE: 1985 Ford F150 long bed pick-up. PS & PB, four speed, six cyl, AM/FM cassette stereo. Camper shell, sliding rear windows. R.V. tires, Nice truck, \$8,500. Call 379-2379.

FOR SALE: Mobile Home in El Portal, single wide, new stove, carpeting and drapes included. Nice yard, storage shed. Ready for occupancy by September. Master BR, one smaller BR or storage room. Call 379-2760 evenings before 9:00 p.m.

Classifieds

FOR SALE: 1973 AMC Javelin, runs well. \$700. Call 375-6568.

FOR SALE: '72 VW Bug, gd body, brakes. New tires. Well-maintained by fussy owner. 86K miles. \$1950. Ardeth, Midpines, 742-6205.

FOR SALE: 1979 Toyota Hi-Lux Pick-up. Good condition, runs great. \$2,000 O.B.O., call 742-6731 evenings till 9:00 p.m., or 372-1445, 8 - 4:30, days. Ask for Charlene.

Announcements

If you have good photos of your special times this summer and would like to share them with *Sentinel* readers, please forward them to the Marketing Office, Attn: *Sentinel*, c/o YP&CCo., before August 4th. They will be used for a collage in September's issue. Sorry, photos can not be returned.

For the Record

Bouncing baby **Bragg, Nicholas Aaron**, born on Sunday, May 25, to proud parents, YTS drivers Alan and Carole. Nicholas weighed in at 7 lbs. 11 oz. Congratulations to the Braggs!

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Rod Craig, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

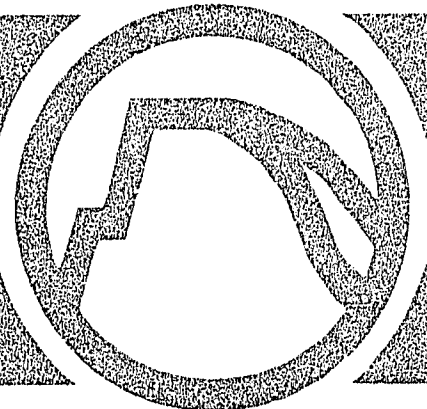
Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00 - 4:00 p.m., Wednesday 12:00 - 6:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday - Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00 - 5:30, Monday - Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00 - 12:00 and 1:30 - 4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.

YOSEMITE



SENTINEL

Book XII Volume 8

August 1986

*President's Message***THE CRUNCH THAT NEVER CAME***By Ed Hardy*

Each spring, as sure as the Dogwood blossoms or robins return, news articles reappear with the same worn-out message, "Summer is here and so are much larger crowds for Yosemite."

Predictions of an "overcrowded Yosemite" have become an annual rite of spring. This year, press attention was heightened because of the common beliefs that people frightened by terrorist acts would reroute their European vacations closer to home; lower gas prices would cause dramatic upturns in domestic travel; and changing monetary conditions would encourage more overseas travelers to visit America.

While these factors are increasing travel within the United States, they are not significantly affecting summer visitation to Yosemite. Yosemite Park and Curry Co. consistently predicted this to the media, but the message didn't always get through.

Summer visitation to Yosemite National Park has peaked. It did so several years ago. It may never again grow by large percentages. Any growth that occurs will come in increased visitation during Fall, Winter or Spring, when visitation is currently lightest. The National Park Service has instituted controls to assure that overcrowding never again occurs.

We don't expect a much busier summer than last year, and here's why:

1. Existing accommodations and campsites in and around the Park have been nearly full in summer for several years, so there's little room for increased attendance;
2. The number of rooms and campsites in Yosemite National Park have not increased in several years and will not. On the contrary, in fact, the General Management Plan calls for long-term reduction of accommodations in the Valley by up to 17 percent;
3. Rooms and campsites outside the Park have increased only slightly (off-season demand for accommodations outside the Park is almost non-existent, discouraging large-scale construction of additional lodges);
4. Day visitation is unlikely to grow by much, because Yosemite is too remote from large residential areas;
5. Travelers who were planning to take a long-distance trip to Europe were likely to reroute their travel to another long-distance

location, not to close to home;

6. International travelers tend to travel through organized tours and all such tours visiting Yosemite had already reached their maximum levels of available rooms; and

7. The National Park Service traffic control plan limits automobile access to the eastern end of Yosemite Valley, when more than 4,600 cars enter the Park and should automobile congestion be evident in the Valley (so far, this plan has yet to be implemented).

Despite these points, several news media chose to predict excessive crowding for Yosemite this summer. Many failed to hear our prediction and that of the National Park Service, of summer attendance equal to 1985; they reported that it would jump 20 percent. It hasn't happened. In contrast, hotel occupancy is about a half percentage behind last year and 3 percent fewer cars have entered the Park.

By end of summer, Park visitation will be even or slightly below last year. If any increase occurs, it will come in Fall and early Winter, when visitation is lightest. At best, visitation to the hotels may grow from 5 to 6 percent by year's end — certainly not the 20 percent increases erroneously stated in some news reports.

Not all reporters failed to hear what we were saying. Dale Champion of the *San Francisco Chronicle* got it right. So

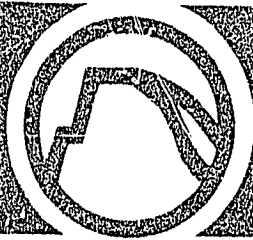
did Dick Rassmussen of the *Merced Sun Star*, Ginger Rutland of *KRON-TV4* in San Francisco, Los Angeles' Nathan Roberts of *KCOP-TV13*, Oakland's George Watson of *KTVU-TV2* and Fresno Channel 30's Nancy Osborne, to name a few.

But it has been frustrating to see how some reporters make news, rather than report it. One television network team utilized a telephoto lens to create the impression that hoards of visitors were jamming the walk to lower Yosemite Falls. They taped their story on a Saturday in May, when visitation to the falls was highest, but when much of the rest of the Park was uncrowded, creating the imbalanced impression that Yosemite is as busy everyday. Newspaper headlines have also fed the misperceptions by predicting crowding and congestion.



Yosemite — overcrowded? Predictions of a "crunch" that never materialized.

continued on page 6



WELL BEING: Stress

As the pace of modern life increases, more and more of us fall victim to stress, often called the "hurry sickness." We can't avoid stress, but we can learn to master and use it.

Stress can come from internal or external events, factors or feelings. A certain amount of stress is stimulating. It makes life interesting. It challenges us to think creatively and to find innovative solutions to problems. But when stress becomes chronic or when we have more stress in our lives than we can handle effectively, we experience "burnout," often accompanied by physical illness or changes in our personality or behavior.

The key to effective stress management is recognizing when stress becomes more debilitating than stimulating and learning how to cope with it. Following are some important tips to remember in your daily life to avoid the build-up of stress.

MAINTAIN. Keep physically, socially and psychologically fit, so that stress has less chance to hurt you. This also means maintaining a positive attitude about life. Balance your life so that you have opportunities to enjoy a combination of work, recreation, and relationships with others.

MONITOR. Learn to know yourself and recognize early stress warning signals. Physical signs of stress include headaches, muscle tension, frequent illnesses, low energy level, stomach upset, insomnia, high blood pressure, and ulcers/colitis. Among the emotional and behavioral signs of stress are anxiety, irritability, fear, forgetfulness, discouragement, and trouble concentrating or relaxing.

MANAGE. Manage life so that you are in control of it. This means managing relationships with friends, co-workers and family so that you do not take on more responsibility than you can reasonably handle. Learn to speak up for yourself — learn to say "no" when necessary, and to ask for help when needed. Manage your time effectively, learning to set priorities and accepting that you cannot do everything nor do anything perfectly.

MANEUVER. There are a number of effective, fairly easily learned maneuvers that you can use to minimize the psychological or physical damage of stress. Among them are these six common stress management maneuvers:

1. **Breathing** — When under stress we may deprive ourselves of vital oxygen by poor breathing. Try this simple exercise to improve your breathing: Close your eyes and sit up straight. As you inhale, slowly, deeply, count silently to two. Hold the air in on three, then let it seep out, four, five. Hold again, six, seven. Repeat. Continue breathing and counting for ten minutes, then open your eyes.

2. **Exercise** — Exercise can relieve tension. Walking, jogging, and swimming are particularly good. Or, try this simple relaxation exercise anytime, even at your desk: Try to raise your shoulder up to your ears. Hold for the count of four, then drop the shoulders back to normal position. Repeat as often as necessary. A variation on this is to rotate your shoulders back, down and around, first one way, then the other; do one shoulder, then the other, then both at the same time. This is good for relaxing your shoulders, back, arms and neck.

3. **Mind Vacation** — Unfortunately we cannot always get away to a calm, relaxing place when we might need to. We can, however, take a mind vacation. Try this: Sit relaxed in a chair, both feet on the ground. In your imagination, go away to a place you enjoy, a mountain meadow, a sunny beach, a cabin by a lake. Relax there; enjoy the feel of the sun, the breeze, the soft grass, or the sand. Enjoy the sounds of birds, wind in the trees, the ocean waves. Also, become aware of the fragrances. Enjoy an activity you would do at this place — pick flowers, read poetry, gather shells. Enjoy your mind vacation for 10 to 15 minutes, then slowly return from it.

4. **Talking to others** — Remember that you are not alone. When stress and tension are out of hand, find someone to talk to, to share your frustrations, anger and distress. Talking to a sympathetic listener can give you the relaxation, perspective and confidence you need to cope with your stress more effectively.

This article was excerpted from the YP&CCo. Employee Training bulletin on stress. If you would like to know more about stress management, stop by the Training Center located in the General Office building for a copy of the training bulletin.

Wildflower Watch

WESTERN COLUMBINE

By Sidney Boyer

The genus comes from Latin — "aquela" — an eagle. The long spurs are in the likeness of an eagle's claws. Columbine is French — "columbe" — a dove. The petals resemble five doves sitting around a fountain.

One of Yosemite's loveliest and most poetic wildflowers is the Western Columbine, a red-orange flower with boldly protruding yellow stamen, that grows 3 to 4 feet tall.

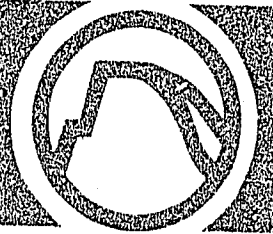
Columbines bloom from June through August, in moist areas, from 4,000 to 9,000 foot elevation throughout the Park and are one of Yosemite's most easily recognizable wildflowers.

YOSEMITE SENTINEL

Editor-in-Chief John Poiriroo
Editor Kim Saunders
Contributing Staff Tim Arnst, Annette Bottaro

Photography: Wawona Fourth of July/R. Stolling, YTS Tour Guides/T. Arnst, K. Saunders, T. Villoni, Ahwahnee Dorm Renovation/J. Johnson. **Cartoon:** Keith Walklet.

The *Yosemite Sentinel* is published monthly by Yosemite Park and Curry Co. for the Yosemite community. Contributions will be accepted at the Marketing Office, or call 372-1445. Deadline for the September issue is August 4, 1986.



Ahwahnee Dorm Renovated

EMPLOYEE HOUSING NEWS BEFORE...

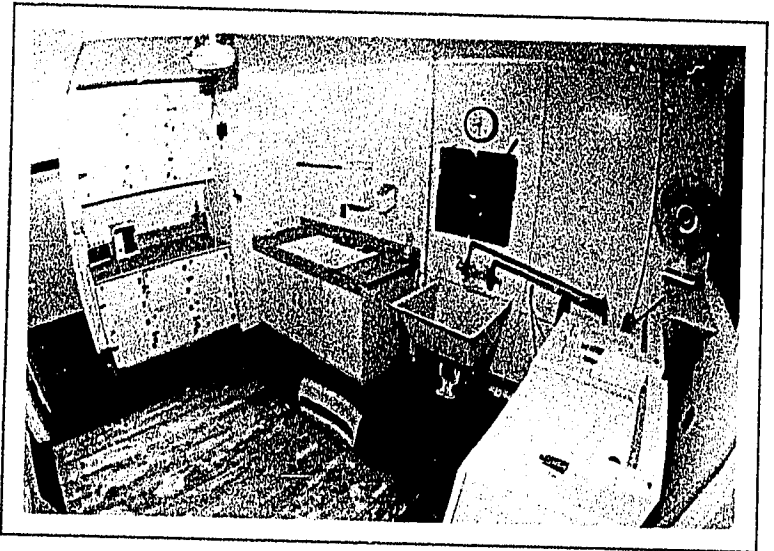
By Robert Brewer, Tecoya Housing Supervisor

The Employee Housing staff is always looking for ways to improve the quality of our facilities and services. One focus during the past year has been the Ahwahnee Dormitory. If you've been there recently you've seen that the Ahwahnee Dorm has been repainted and recarpeted, and its three tents have been rebuilt.

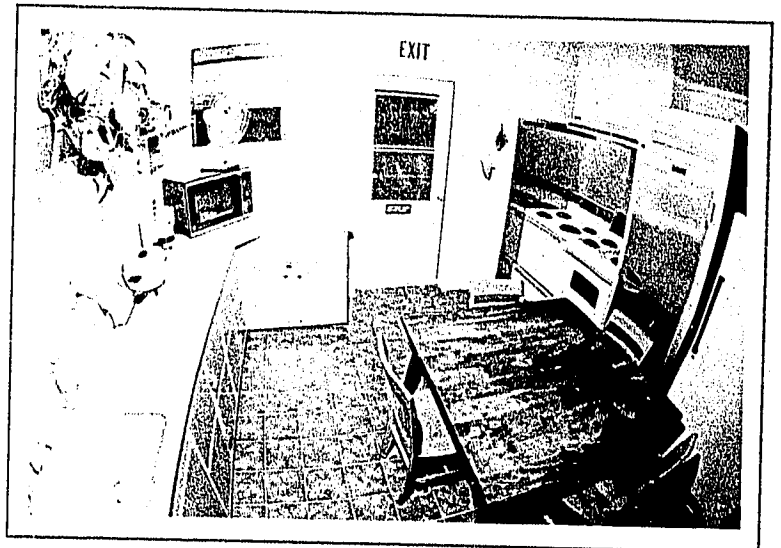
Most recently, the Ahwahnee Dorm kitchen and laundry facilities were completely renovated. This project doubled the number of cooking, refrigeration and laundry appliances available to its residents, as well as added needed food storage lockers and counter space.

The Employee Housing staff takes seriously its responsibilities for maintenance, and anticipates future opportunities for improvement, with your help and cooperation. When employees take a bit of responsibility in their housing areas it goes a long way in helping us help you as housing areas that are kept clean and in good condition by their residents help free our staff and budget for renovation projects.

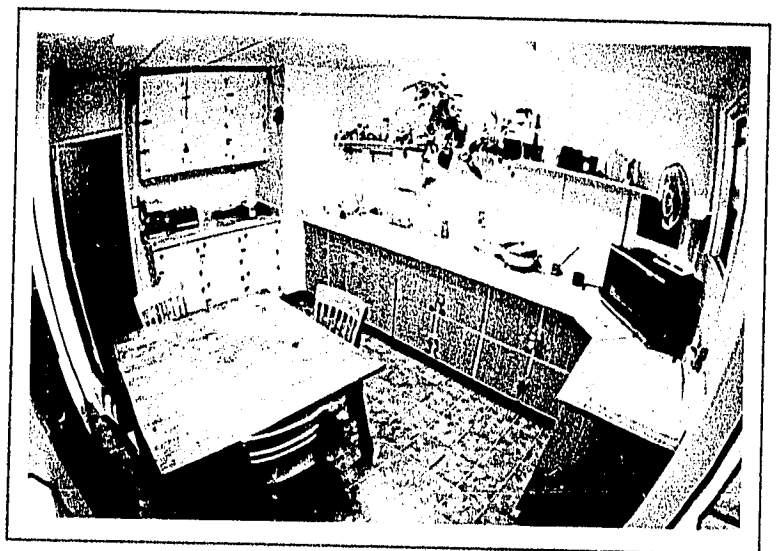
If you have questions or suggestions for improving our facilities, please stop by the Employee Housing Office in the General Office building.



AFTER...



VOILA!



Late Summer Getaways...A Renewal

By Mary Saunders

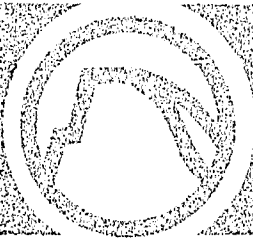
As our summer season peaks, it's an excellent time to escape the crowds of August with a "getaway" to some of Yosemite's less frequently visited wonders.

How about the High Country? An easy overnight trip out of Tuolumne Meadows is the Glen Aulin High Sierra Camp. This 10-mile, round-trip hike from Tuolumne gives you a chance to see Water Wheel and California Falls. And, there's nothing quite like a trip into the backcountry to renew your feelings for Yosemite. (But, don't forget your wilderness permit.)

If you're an early riser and want a breakfast that can't be beat with an atmosphere to match, try Sunday morning breakfast at White Wolf Lodge. The easy drive to White Wolf on Highway 120 East takes just over an hour and you'll be rewarded with a leisurely breakfast on the porch of the rustic lodge. Try blueberry pancakes or go for the more traditional bacon and eggs, but get there between 7:30 and 9:30 a.m., for a breakfast treat you'll long remember.

Need a little romance? Pack a picnic basket and head for the Crane Flat fire lookout on Highway 120 West, just past the Tioga Pass turnoff. Park in the fire lookout on the right-hand side of the road. You'll find a beautiful 360° panoramic view and lots of privacy.

August is the time of year that most of us begin to crave a little more space, but as these three suggestions indicate the chance for a little privacy is just a short distance away. Take in Wawona — try a new hike — or just take an evening stroll along the river. Take the time to get away and renew yourself.



WAWONA CELEBRATES A GOOD OLD-FASHIONED 4th!

The lawns of Hotel Wawona came alive once again as the guests celebrated our nation's independence with a good, old-fashioned, pioneer Fourth of July!

The warm and pleasant day spent upon the lawns of the historic hotel featured pioneer celebrations and speech-making, parading of the colors, musical entertainment and one of Wawona's famous steak barbeques topped with watermelon.

As photos attest, the lawn at Hotel Wawona was, as usual, the place to be this Fourth of July.



A



B

- A Presentation of the flag — NPS honor guard parades the colors in front of the hotel.
- B Chefs Rico Baca (right) and Terry Moyle serve up some of Wawona's famous barbeque steaks to guests.
- C What's the Fourth without entertainment? "Radio Flyer" provided the right touch with their energetic, contemporary country sound.
- D Independence! Orator Dean Sherk addresses the crowd at the Pioneer History Center.
- E Clark "Watermelon Man" Barrett slices melon for Fourth of July feast.



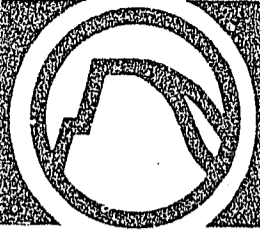
C



D



E



Employee Viewpoint

FOOD FOR THOUGHT

By Linda Smith

RECYCLE... "to put or pass through a cycle again; to return to an original condition so that operation can begin again."

Mark Gallagher, the Manager of Yosemite's Recycling Center, says "the people here are great" in their recycling participation. But just how much trash do we throw away each day? Each week? Take a closer look at your garbage can the next time you get ready to empty it. Multiply that amount of trash by 1200 (the average size of the Yosemite community). Multiply by 23 million (the population of California). Imagine, if you can, the amount of waste each day! Each year! In an age of depleting landfills, toxic wastes, polluted water and scarcer raw materials sources, the word "recycle" means more than a refund for a 5-cent deposit.

San Jose has perhaps the best recycling program anywhere, with house-to-house pickup. New York, Oregon, Michigan, Maine and Vermont all have 5-cent deposit laws. California's bottle bill, on the other hand, has been voted down twice. For a state that is often touted as a trend-setter for progressive ideas, we're certainly not setting the example in this case.

Only a few years back, the City of Fresno sponsored recycling programs within the county and two companies were formed to handle the recyclable materials. A refuse credit was even offered to households which recycled newspapers. Today, only one recycling company exists (and that, barely) and the county programs have been discontinued due to lack of support and interest.

Recycling is not a big money making operation. However, the issue here is not money.

In 1979, all National Parks were required to institute a 5-cent deposit program. This program was preceded by the testing and development of the law here in Yosemite in 1976. YP&CCo. initiated a pilot program, in cooperation with the EPA and the NPS, and instituted the most extensive recycling operation in the National Park system.

Today, YP&CCo. continues to have the most extensive operation. Yosemite internally recycles, which means that many divisions within YP&CCo., as well as many people in the community, recycle things such as cardboard, all aluminum

Chilnualna

*I stand beside your flowing waters
Your mist upon my upturned face,
Finding what I am seeking,
Beauty of peace in your embrace.
Let your coolness wash the anger
Give your strength to set me free.
In your boundless depth
There is no stranger
Only love eternal.*

—Hester Stephan

Of Friendship

By Kahlil Gibran

*And let your best be for your friend.
If he must know the ebb of your tide, let him
know its flood also.
For what is your friend that you should
seek him with hours to kill?
Seek him always with hours to live.
For it is his to fill your need,
but not your emptiness.
And in the sweetness of friendship
let there be laughter, and sharing of pleasures.
For in the dew of little things
The heart finds its morning and is refreshed.*

cans, all glass bottles, newspapers, computer paper, scrap paper and scrap metal. That Foster's can can be recycled, as can the empty bottle of salad dressing, the dog/cat food can, even junk mail. Paperbags can be used for another round of shopping and the endless number of plastic bags we bring home from the produce section make great sandwich bags.

The Recycling Center here in Yosemite gives all of us a unique opportunity to say something about our individual roles in the care-taking of this planet on which we live. The earth offers us great beauty which we crave, demand and despoil. If we care enough, we can make a difference. We all have the chance to play the role of interpreter and let others know that we care and, most importantly, why we care. Whether the topic be Mono Lake, proper food storage, not feeding any of the Park's animals, Save the Merced, litter or recycling, these issues are urgent ones.

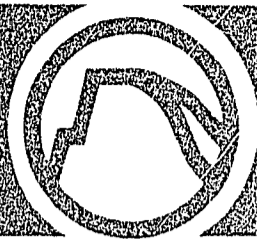
Each one of us has an influence on our surroundings. Pick up a piece of litter and you will have made an impact. A small one, granted, but pick up another piece of litter, and another, and another, and see what kind of an impact that has. Remember, our surroundings also include and have an impact on other people. We live by example.

Even physics is being recycled (returned to an original condition so that operation can begin again), and that recycling begins with the individual. In *The Dancing Wu Li Masters* by Gary Zukav, the observation is offered that "if the new physics had led is anywhere, it is back to ourselves, which, of course, is the only place that we could go." The thesis of the book is that our choices and decisions influence the outcome of an experiment just as surely as they influence the outcome of our daily lives.

"There is no such thing as the independent observer who can stand on the sidelines watching nature run its course without influence it."

RECYCLE...it's a beginning.

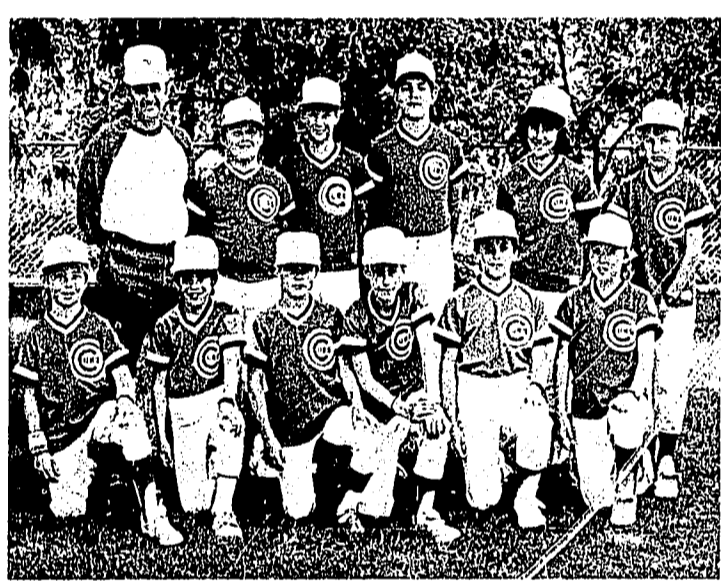
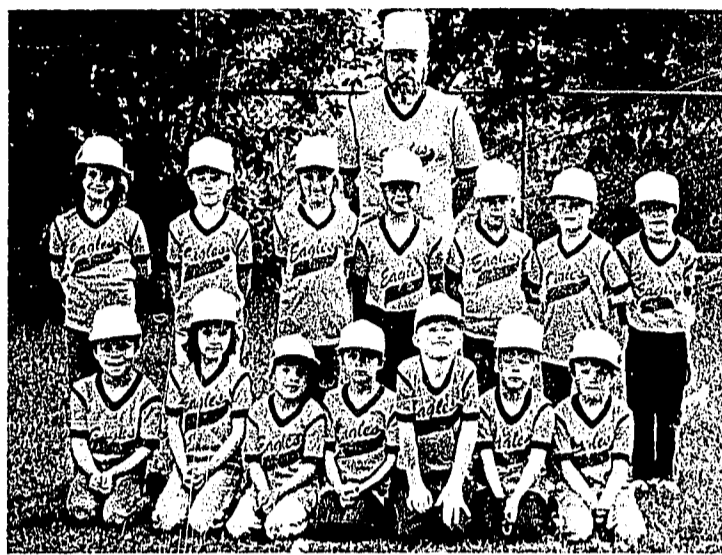
Linda Smith is the Executive Secretary to the Plant Services and Guest Recreation division of Yosemite Park and Curry Co.



YOSEMITE - EL PORTAL YOUTH SLUGGERS

(Right) THE EAGLES! Top: Coach Richard Brandon. Middle: Candis Brandon, Ben Perry, Julie Drabble, Robert Morrow, Frances Morrow, Chris Mitchell, Timmy Whitfield. Bottom: Ben Castro, Heather Fischer, Joshua Chiley, Robin Dietriech, Chris Christenson, Jacob Brandon, Tyler Harris.

(Below) THE CUBS! Back: Coach Bob Bonnett, Dan Mayes, Dan La Pierre, Eric Steward, Saral Sneider, Kelly Miller. Front: Eamon Sneider, Aaron Bonnett, Travis Keay, Cody Anderson, Chuck Carter, Dawn Miller. Not shown: Coach Bill Tucker.



The Struggle to Achieve

It is not the critic who counts, not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better.

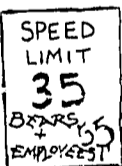
The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood!

Who strives valiantly, who errs, and comes up short again and again because there is no effort without error and shortcomings, but who does actually strive to do the deeds.

Who knows the great enthusiasms, the great devotions; who spends himself in a worthy cause.

Who at best knows in the end the triumph of high achievement, and who at worst if he fails while daring greatly knows that his place shall never be with those cold and timid souls who knew neither victory nor defeat.

—Theodore Roosevelt



SOMEHOW... I DON'T THINK THAT'S GONNA KEEP YOU FROM GETTING A TICKET.

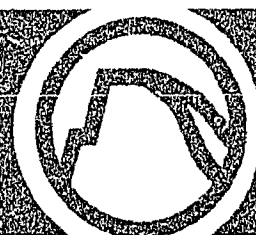


The "CRUNCH" (continued)

Certainly, Yosemite is a popular place and visitation to the Park has grown each year, but the image of crowding in Yosemite as running amuck is mistaken.

Informal surveys tell us that much of the public erroneously believes Yosemite is jammed every day. We hear that people think they can no longer drive into the Park. Many tell us that Yosemite is open only in summer...all misperceptions resulting from what they remember reading, seeing or hearing.

Public misperceptions and misinterpretations are common. Wrong impressions are magnified when the whole story isn't told.



RAFT REGATTA 1986 — "CURRENT" RESULTS!

By Annette Bottaro

Each year a bizarre water migration occurs on the Merced as rafters dressed in unusual and colorful costumes line up on the beach below Stoneman Bridge to dive into their rafts for a wild race down the river. This year's high water level and plenty of sunshine drew over 100 local residents to the June 18th event, creating stiff competition...equalling an exciting event. (Of course, there were those who were more inclined to just relax and soak up the rays than paddle fiercely to the finish — but they enjoyed the event just as much!)

Dan Brewer, defending champion for the past three years, was once again victorious, this time with the able assistance of teammates Gerald Jordan and (brother) Stacy Brewer. Using kayak paddles and synchronized strokes, the three men gained first place at Swinging Bridge and pulled into El Capitan beach in just 36 minutes!

Raft Regatta originator Jim Nash was on hand to start the race and waited at the finish line to judge finishers. Outfitted in bunny costumes, Lisa Griffith and Rhonda Lewis captured the prize for "Best Dressed" while "Most Funny" went to Mike Ross in a fluffy orange wig!

A barbeque at El Cap beach capped the day for rafters who pronounced this year's regatta a splashing success!

MY FAVORITE HIKE

By Nancy Adinolfi

When asked to write about my favorite hike in the high country/Tuolumne area, the choice was easy: Budd Lake. It's a relatively short and uncrowded trail and snow lasts into late summer which guarantees a chance for snow play! Budd Lake is a great destination also because you can jump into the lake when you arrive — a chilling way to cool off!

You can do the hike in a day or even in an afternoon, but I prefer to leave early to allow for plenty of play time before heading back. To start the hike you park at the Cathedral Lakes parking lot on the right side of Highway 120 just as you enter Tuolumne Meadows. (After you pass Pothole Dome on the left, it's the first parking lot on the right with a Cathedral Lakes sign.)

Start the trail as if you were heading to Cathedral Lakes but keep your eyes open because shortly the trail discreetly forks off to the left and zigzags up a steep hill until you see the creek.

From here it's easy to follow the creekside trail for approximately 1½ miles to the lake. Don't despair if you can't follow the trail exactly, just follow the creek and you're sure to meet up with the trail again. The half dozen times I've hiked to Budd Lake have all been by slightly different routes.

As you're hiking, enjoy the surroundings and smells! The views are splendid with Cathedral Peak to the right, Unicorn Peak to the left and the Cockscomb with snow right at the base of Budd Lake. (Scrambling up any of these peaks is another exciting adventure.) Plenty of wildflowers will be in evidence along the trail, even well into summer. Pussy paws, snowplant,

Team Yosemite Update

By Dennis Yamnitsky

If you've been getting in shape this summer and having a good time doing it, August and September are two of the best months to find out just how fit you are!

Join Team Yosemite members at the following events: the Mammoth (California's highest) 10K Run on August 3; Long Live Mono Lake 10K on August 17 (one of my favorites!); Watermelon 10K on August 24; Amigo de Oro (Mariposa Country Fair) 5 and 10K Runs on August 31; Gateway to Yosemite Triathlon on September 29; and the Tioga Pass 20K (UPHILL!) Fun Run! "Why?" you say...I say, "Why not?!"

Racing is good clean fun and life's too short to sit around waiting for the fun to begin! So, get into it now. You are your own best competition — race yourself to better health and a better lifestyle!

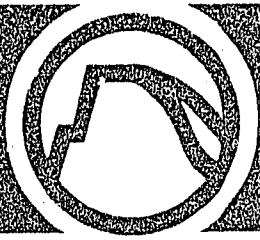


MARIPOSA COUNTRY FAIR TIME IS JUST AROUND THE CORNER...it runs August 29 through September 1 this year at the Mariposa County Fairgrounds.

shooting stars, phlox and lupine are just a few to look for. And, don't forget to look for the "watermelon snow," a pink colored algae that grows on old snow and mysteriously smells like watermelon! Enjoy the sunshine while lying on one of the flat rocks at the edge of the lake, but be prepared for those unpredictable afternoon thundershowers the high country is famous for in summer!

The Budd Lake hike is not steep, but does rise in elevation some. Still, it is by no means strenuous. You will cross some rock slabs and outcroppings. As with any hike in Yosemite, it is important to check with the nearest visitor center for trail information or specific directions. The Tuolumne Meadows Visitor Center is just a short distance beyond where you park to begin this hike, so be sure to stop there first.

The high country is spectacular year round, but in August when crowds are at their peak in the Valley, it is especially nice. So, get up to Tuolumne and enjoy some of Yosemite's great backcountry. Budd Lake is a great place to start!



BETWEEN THESE WALLS

Movies

August 5: *Mask*

August 12: (no movie)

August 19: *The Emerald Forest*

August 26: *Alamo Bay*

One showing at 8:30 p.m. in the East Auditorium. \$2.50 adult, \$1.50 children 12 or under. Popcorn, soda, natural soda, and candy.

Videos

August 7: *My Fair Lady*

August 14: *A Boy And His Dream*

August 21: *Sweet Dreams*

August 28: *Agnes Of God*

8:15 in the Weight Center. Free!

Ongoing Events

Aerobics: Tuesday, Thursday, Saturday, 6 - 7 a.m., West Auditorium.

Basketball: Tuesday, Thursday 5:30 p.m. Elementary School Outdoor Court.

Men's Softball League: Call Recreation for details (ext. 1475)

Pick-up Softball (Co-ed): Tuesdays, Thursdays, 5:30 - 7:30 p.m., School Field.

NEW Fitness-Walking: Wednesday, Saturday 6:30 - 7:30 a.m. and Sunday 8:00 - 9:00 a.m. Meet at Village Post Office steps to begin varying 2 mile courses. Low impact exercise for all fitness levels. Try it!

Weight Center: Monday through Saturday, 10-12, 1-4, 5-9 (except Thursdays til 8:00 p.m.) Sunday 2-7 p.m. Located in the Annex housing area.

Lap Swim: Monday, Wednesday, and Friday 6:00 - 7:00 a.m. Located at Yosemite Lodge Pool.

Hike Series: See flyers for details

Special Events

August 3: Doubles Volleyball Tournament

August 6: Wawona Festival

August 12: Great Valley Revue Talent Show

August 26: Badger Pass Festival

For details on these events see up coming flyers!!!

Classifieds

FOR SALE: '72 VW Bug, good body, brakes, tires. Well-maintained by fussy owner. 86K miles. \$1800. Ardeth, 372-1448, days.

FOR SALE: 1970 Chevy pick-up. Shortbed, stepside. Runs good. \$700. Call 379-2822.

Announcements

Meet Me At The MET! MET Cinema, that is, in Oakhurst. First run movies and twin screens with full Dolby stereo sound, plus large comfortable seats with plenty of leg room, fresh popcorn with real butter and special seating for the physically challenged. The MET's got it all! And, your YP&CCo. employee ID card allows you to enjoy all this for just \$2.50. Call 683-FILM or 966-3535 for show times and information, then meet me at the MET!

A Special Thank You to all the people who have made this paper possible during the past year...Terri, Annette, Keith, Chet, James, John, Dennis, Ron, Michael, Cathy, Tom and the folks at Dumont. Your very special efforts are appreciated!

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Dennis Alvernaz, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00 - 4:00 p.m., Wednesday 12:00 - 6:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday - Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00 - 5:30, Monday - Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00 - 12:00 and 1:30 - 4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.



A NEW EAGLE TO FLY AT BADGER PASS

Construction of a new triple chairlift at Badger Pass, to replace the existing Eagle double chairlift, has taken off.

Installation of the replacement lift began after public review of an environmental assessment and subsequent National Park Service approval.

Rated to carry 1,800 persons per hour up the 3,350 ft. slope, the new Eagle triple chair increases uphill capacity by 600 skiers per hour in the short term. The long term plan for Badger Pass calls for retaining the uphill capacity at its current level.

"This improvement means that on peak days lift lines will be shorter," said Dan Jensen, Vice President of Plant Facilities and Guest Recreation for Yosemite Park and Curry Co. In the past, a long line on the Eagle lift was about seven minutes and on most days, there was no line at all.

The improvement, then, provides better operating efficiency, technical advancement for the ski area and a better experience for Badger Pass skiers."

NIFI IS NIFTY

By Ruth Thorson

When you're serving over 3 million meals in a year, quality and sanitation control are essential. Yosemite Park and Curry Co. and its employees demonstrate this by participation in several sanitation training programs.

All new foodservice employees participate in an hour-long program which teaches basic principles in food sanitation. For managers, the training includes this short course and another 18-hours of intensive study as part of the NIFI Certification Course (National Institute of Foodservice Industries).

The NIFI course was recently given to 15 YP&CCo. foodservice managers by Joe Higuera, Park Sanitarian. Completing the course were: Kay Ciotti, Chris Evison, Lynn Fitzpatrick, Lonnie Hill, Crescent Hiss, Nancy Hunt, Mark O'Connor, Julie Renner, April Reynolds, Alistair Speirs, Suzanne Watson, Lynn Wilson, and Dennis Yamnitsky. Tom Williams, Vice President of Hotels and Restaurants, underscored his commitment to the program by taking the course along with the foodservice managers. Mary Hayes, Training Coordinator and primary instructor for the Food Sanitation classes for new employees, was also certified.

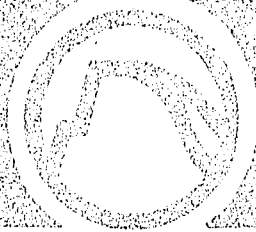
A new, abridged NIFI class for seasonal foodservice managers was attended by Darryll Powell, Bradley Morgan, Don Arthur, Rebecca Kelsey, Robert Duarte, Georgia Chorey, Brett Archer, Terry Fearrand, Denis Taipale, Kathleen Braun, Robert Romero, Michele Brown, and Stephen Diggs.

NIFI emphasizes that every foodservice employee should do his or her part in assuring that foods are processed, prepared and served in a clean and sanitary environment, with a minimum of contamination. Good health, personal habits and work habits are essential. Knowledgeable, well-trained managers are the key to an effective sanitation program, for they can detect and correct problems and provide instruction, encouragement and information to prevent foodborne illness.

Addressing the 1986 graduating NIFI class, President Ed Hardy emphasized the importance that food sanitation has to YP&CCo. and stated his pride in the efforts of these managers to take the lead and interest in learning more about this vital subject.

Tina Huie, Sanitarian, was introduced; she added her comments to those of Joe Higuera and Tom Williams. Tina said foodborne illness can begin any place in the foodservice chain: production, transportation, storage, preparation, serving, or cleaning. Therefore it is imperative that all foodservice personnel be well-informed about when, where, and under what conditions bacteria can grow to dangerous proportions.

The NIFI classes provide the cornerstone for the company's sanitary guidelines. But it is up to each individual foodservice worker to maintain these standards while on the job. As many as eleven million cases of foodborne illness are reported annually in the United States. Prevention is the best policy.



Keary Allison's quick actions helped save four lives.

ALLISON, BUTLER & LIGHTFOOT TO THE RESCUE

The evening air was beginning to cool at Gaylor Lakes near the Tioga Pass entrance. Tuolumne Meadows Lodge camp helper Keary Allison, 22, and maids Serra Butler, 20, and Ann Lightfoot, 19, had spent their afternoon off writing letters and fishing, but now the 10,400 foot altitude and late hour encouraged the trio to leave Gaylor Peak and return to the lodge.

They were descending the crest trail and had stopped to catch their breath when they first heard the droning aircraft. Keary had seen many other single engine planes like this one fly by; his first thought was that it was sightseeing like the others. Then he and the others realized something was dreadfully wrong.

"The plane was coming in really low. We watched it for 10 to 15 seconds as it approached the ridge", said Keary. The pilot seemed to be trying to clear the ridge and gunned the plane to gain altitude. According to reports, the aircraft stalled. Then it hit. Even before the plane had finished crashing, Keary Allison began running toward the Tioga Pass Entrance Station. He ran the mile to the station across the alpine trail in minutes. Serra and Ann remained to watch for survivors, then also headed for the stations.

Within 15 minutes of the crash, rescue helicopters were at the scene. Tioga Pass ranger Ferdinand Castillo credited the quick thinking and response of Allison, Butler and Lightfoot in the rescue of four of the six passengers. Had they not been on the scene and acted the way they did, all six in the aircraft may have died from injuries and the temperature which had dropped by wind chill to eight degrees.

Wildflower Watch

YOSEMITE'S LATE BLOOMERS

By Paula Negley

September brings out the "late bloomers" of Yosemite's wildflower family. The most prominent of these are all members of the sunflower family and can be most easily seen along roadsides in the Valley or in the sun-drenched areas of the open meadows.

In the dry, sandy flats along the southwest margin of the Ahwahnee Meadows look for *Sierra Lessingia*, or "Summer Lavender" as it was called by Mary Tresidder. *Lessingia* first blooms in June as a single, short, stem with a single flower at its tip. The plant continues to branch and flower all summer, so that by the end of the season many plants are two feet or higher in height with numerous purple blossoms. By September the flowers reach their peak and the mass effect of these flower heads produces a beautiful lavender "sea" or mist.

Another colorful flower of September is *Meadow Goldenrod*. The flowers are small, deep yellow in color, and form a conical mass of tight, compact clusters of blossoms three to seven inches high. Goldenrod is often blamed for causing hay fever, an unfair accusation as this plant is not wind pollinated -- its stick pollen grains are transported from plant to plant by insects, and Goldenrod is an important late summer source of nectar for both bees and moths. Goldenrod was also an important plant to the

Yosemite Indians; the leaves of the plant were carefully gathered every year, and were sucked on whole as a toothache remedy, or dried and powdered and applied to open sores to speed healing and deter infection. The common name "goldenrod" purportedly comes from a larger species that was used as a divining rod for locating underground water or gold!

Another sunflower reaching its peak in early September is the *Black-Eyed Susan*. This flower is actually a native to the eastern United States -- widely used by pioneers in medicinal tea, it is thought to have been brought to Yosemite by the white settlers who came here in the Park's early days. The flower has adapted easily to the western mountain ranges and is common in most of Yosemite's meadows. The plant is tall, two to four feet high, with erect stems, and the flowers are composed of long, warm yellow rays surrounding a central disc of deep brown.

One last late bloomer worth mentioning is the *Sierra Thistle*. This plant is probably most easily recognized by its prickly leaves, which though painful to the touch are an important survival mechanism for the plant, repelling climbing ants or other damaging insects. Another important seasonal plant for California Indians, the buds of the *Sierra Thistle* were harvested and eaten in the same way as artichokes, which is also a thistle!

TO BE YOUNG IN YOSEMITE

By Lisa Graham, Eighth Grade, Yosemite School

Oh, to be young in Yosemite! The summer is special here, and this summer was made extra special for the young people of the valley through the efforts of several individuals, the National Park Service and Yosemite Park and Curry Co.

Many of the season's activities are still going on, though summer has passed. Earlier, swimming lessons were provided at the Yosemite Lodge Pool. Children of all ages came to learn to swim and have some fun. Ben Jensen, 4, says the best part of the lessons was going underwater. He also said he "learned to float like a tree." Swim lessons ran every morning for two weeks with Lodge lifeguards as the instructors. At this writing, more lessons were planned for summer's end. Judy Ernst and Patti Reilly organized the classes and helped get them splashing.

Yosemite's budding young dancers met at Patty Law's dance classes each Monday, practicing ballet, tap and jazz dance. Lessons continue to be offered to little ones and juniors at the Visitor Center. This reporter was lucky enough to get a sneak preview of the pre-school/kindergarten's class Christmas program — future stars in the making! New students are welcome, and if you join now, you can be in the Christmas show. Patty is hoping to start a teen class for "production" work.

Marilyn Arnst and Chalean Millner have put together a children's reading program for pre-schoolers to sixth graders. At the meetings (held at the Girl's Club), children select books to read

or to have read to them, and also do projects such as jump rope. Children are able to earn a certificate through reading; 10 books for young children and 5 for juniors. It's all fun with no pressure.

The National Park Service has a program for tomorrow's rangers. It encourages 8 to 12-year-olds to search Yosemite's adventures in wildlife and mystic places. Children who participate in the three-day "Junior Ranger" program earn a patch. One or two day's participation earns a certificate.

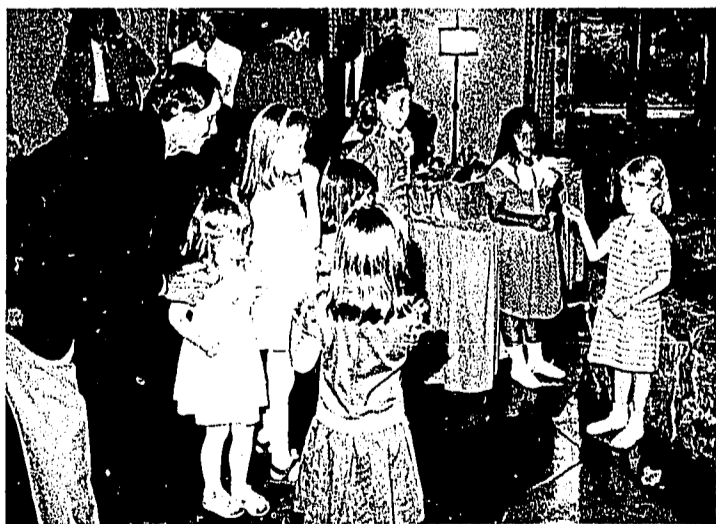
Yosemite's Village Store seemed to be the breeding ground of new workers, this summer. Many Valley teenagers made their working debut at the store and the Hamburger Stand, next door. Alison Hicks said, "The people I work with made it all worthwhile. I'm really glad I got the job." Although this was her first job, Alison was confident she'd do well. Good luck to the new workers in their futures.

The children of Yosemite Valley had a lot to fill their time this summer...the Yosemite Institute, Cub Scouts, Girl Scouts, art classes at the Art Activity Center, fishing, hiking, riding bicycles, camping. Whether educational or fun, we'd like to thank all the people who put together programs and activities for us this summer.



Scouts from Yosemite Pack 50 were seen fishing, swimming and in day camp this summer.

EDITOR'S NOTE: Lisa Graham is one of 56 bright students at Yosemite School who will hit the books again, this month. To Barry Cole, principal, and the school's staff, YP&CCo. extends its best.



Wishing at the well is five-year-old Darcy Johnston at a summer party.



Nicole Poimiroo, 10, and Tracy Keay, 9, try to get the one that got away at Bridalveil Creek.

MOREHEAD AND YOSEMITE....BACK TOGETHER AGAIN

By Tom Pimental



After a twelve year absence, Jack Morehead has returned to Yosemite. Chief Ranger from 1970 to 1974, Jack arrived in March to begin duties as Superintendent.

His association with Yosemite dates back to 1954 when he worked summers as a seasonal ranger and winters as a ski instructor at Badger Pass, a job situation Jack describes as being "near perfect."

Jack met his wife Pat while she was working for YP & CCo. reservations. The two were married in the Park chapel.

Superintendent Morehead's Park Service career has taken him from Rocky Mountain National Park, where he began as a trail crew laborer, to his most recent position - Superintendent of Everglades National Park. Along the way, Jack has worked in numerous parks including Glacier, Tetons, Grand Canyon and Isle Royale.

Jack and his wife Pat have two children. Shawn is 26, and lives in Detroit; Mark, 24, is working on a master's degree in Oceanography at the University of Washington.

A 1954 graduate of Colorado A&M (now Colorado State University) Jack majored in Forest Recreation.

When asked about the changes in the Park since his last tour in Yosemite, Jack said "visitor use has changed. Cross country skiing has become a major winter activity in the Park. There has been a tremendous increase of backcountry use in the winter. Climbing techniques and equipment have changed dramatically since I climbed Lost Arrow in 1957.

"I don't see the confrontation type atmosphere in the Park that was apparent after the riots in 1970. Then, there was a major concern about the "counter-culture."

"I'm struck by the professionalism of the ranger staff in areas such as law enforcement, search and rescue and E.M.S. The use of helicopters has brought about a dramatic change in our search and rescue program," he commented.

YOSEMITE'S KIDS RETURN

By Randy Rust

Yosemite kids who were graduated from the eighth grade between 1952 and 1959 reunited at the old Superintendent's house this past July. Over ninety "kids" attended. Many hadn't been back to Yosemite in years.

Among those attending were Darlene & Nancy Abbott, Tim & Henry Berrey, Bill Breckenkamp, Roger Brown, Jim & Rosemary Byers, Terry & Sharon Conner, Deanna Cramer, Jackie Davies, Bob Deane, Alan & Dennis Dierksen, Judy Ditton, the entire Dunham family -- Gene, Pamela ("Bunny"), Jon & Melody, Stuart During, Bob Eckart, Tim Ernst, Bob Ewing, Wayne Fingerson, Chris Foeger, Jane Glass, Karen Highfill, Bill Lamkin, Linda Logeland, Patrick McElligott, Malcolm McGregor, Margaret Melton, the entire Moe family -- Nancy, Maynard & Allen, Martin Murdock, Lee Nixon, Pat Oliver, Donna Quist, Peggy Reichers, Randy Rust, Dean Savage, Sandy Sedergren, Judy & Heidi Sicher, Sue & Maggie Udell, Joyce Westfall, Karen Wilhelm, Brian Wilhite, Gretchen & Cheryl Williams, and Julie Williamson.

Special thanks to the organizers, the Park Service, and Curry Co. for making this happen, it was unbelievable.



Yosemite kids seen left to right are Judy Sicher, Nancy Moe, Joyce Westfall, Donna Quist and Heidi Sicher.



On a High Sierra trail near Rafferty Creek, Tim Arnst, Employment Manager; Nic Fiore, Director of the High Sierra Camps; and Tom Williams, Vice President of Hotels and Restaurants, stop on their way to Vogelsang Camp. The trio conducted a tour of all five High Sierra Camps (Vogelsang, Merced Lake, Sunrise, May Lake and Glen Aulin) as well as the Tuolumne Meadows and White Wolf lodges, hiking 40 miles in three days. This is Nic Fiore's 24th year managing the camp.

Meet Yosemite's New Chief Ranger



Joining Yosemite National Park as Chief Ranger is Roger Rudolf.

As chief ranger, Rudolf, at age 42, is responsible for ranger services including protection, law enforcement, search and rescue, horse patrol and paramedic support.

Rudolf comes to Yosemite from Zion National Park where he was chief ranger ('83 to '86). His first appointment to this important position was at Crater Lake ('81 to '83).

Familiar to Yosemite, Rudolf worked here from '71 to '75. He has also served the National Park Service at Acadia National Park in Maine, at Yellowstone and in the Channel Islands.

Roger was graduated from San Jose State University in 1967. He and Mary Rudolf have two children, Kendra, 7, and Rocky, 5.

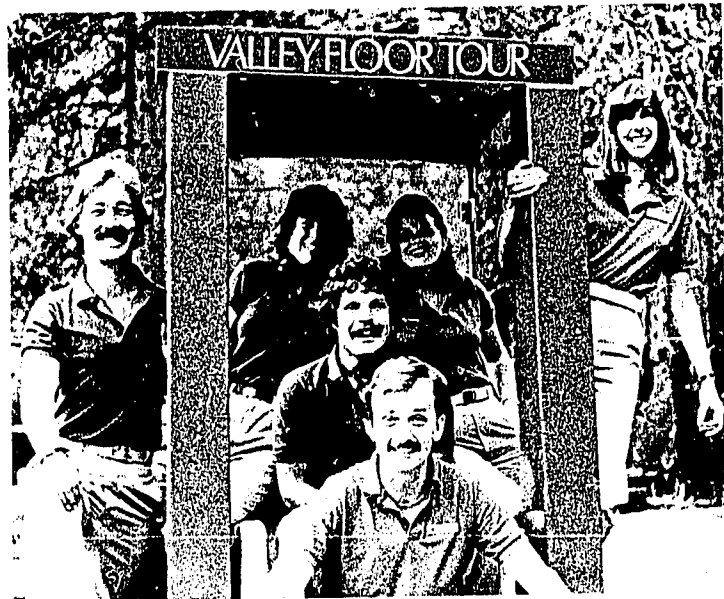
Credit Union's Moehring Bears Interest

John Moehring recently took charge of the Yosemite Credit Union. As its new manager, the 38-year-old Moehring comes to Yosemite from Pasadena where he worked for the past 15 years in financial management.

John is single and lives in Indian Flats. He is a 1970 B.B.A. graduate of Eastern Michigan University.

Moehring says the Yosemite Credit Union is now offering car loans for 11% at 3 years; 12% at 4 years and 13% at 5 years. A one percent discount is given from these rates, when a 25% down payment is made. Moehring is proud that he's been able to reduce loan approvals to three days.

On June 30, the credit union distributed to members its third successive, six-month period dividend of 8.5%. The 1,229 credit union members shared \$39,449.



Suzette Streit (far right) is a YTS tour guide in summer. Seen with her are fellow guides Bob Reick, Dominique Tardif, Fred Hall and Chet Brooks.

NASTAR Names Suzette Streit Region V Coordinator of the Year

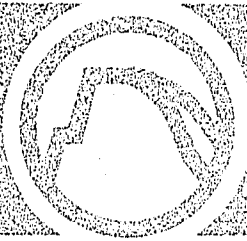
Who is the best NASTAR (National Standard Race) coordinator among all ski areas in California, Washington, Oregon and Alaska?

Yosemite's own Suzette Streit, that's who.

The national recreational ski racing program has selected Suzette as "Outstanding Coordinator" for its Region V. Only five coordinators, from the 140 ski areas involved in NASTAR throughout the U.S. receive this honor each year.

NASTAR said Suzette receives her award for her excellence in managing NASTAR races at Badger Pass. The award was based on the number of people who entered NASTAR races here, their comments about the quality of Badger Pass' NASTAR Program, our improvement over previous years and a general overall rating of "outstanding" by NASTAR evaluators.

It looks like Suzette Streit is on a fast track.



PRESIDENT'S MESSAGE

Thanks for the Memories

By Ed Hardy

Each of us at Yosemite Park and Curry Co. is in the memory business. We help create fond memories for our guests.

I am impressed, each summer, at how well our employees do this. From start of summer to end, letters arrive, each commenting on how our employees helped enhance the Yosemite Experience for these visitors.

Barbara Dandurand from Belvedere, Calif., complimented Erale, Ivan, Tanya, Nita, Ellen and Dave of the Tuolumne Meadows Lodge. She also recognized Jim Robinson and Gilbert, their guide, from the Tuolumne Stables.

Jason Krause of Yosemite Lodge got a tip of the hat from Gordon Madsen of San Bernardino for helping return an important bag filled with work notes.

Jim Kasterko of Torrence, Calif., took time to fill out a Park Service compliment form, for the care which YTS shuttle bus drivers took in communicating between buses and in return Mr. Kasterko's lost wallet.

Kenneth Hahn of Los Angeles wrote, "Only one thing went wrong. There wasn't enough time."

Annette Halliman, a guest at Housekeeping Camp, scribed, "I can't believe how well and clean you have kept the park...even our bathroom was in good working order. And yet management was kept at a low profile."

Rollin Pearson, Rodger Freitas, Henry Bassett and Tom Pasquinelli ("the boys in the garage") were commended by William Franklin who was helped out of a "difficult situation" by their professional and courteous treatment. Franklin stated, "They all helped to create an excellent image for the garage, which in turn reflects well on the Yosemite Park and Curry Co."

The Wawona Store's employees and manager Jane Nestor received plaudits for the "courteous service and assistance" given to Ann Piper. She wrote, "Each year I mean to write a letter like this and now I've finally gotten around to it."

Author Haik Hakobian complimented Bruce Brossman and Don Reid for the excellent rock climbing instruction given him. Now he's out looking for a "hard wall."

Gerald Dohrmann of San Rafael, in a letter to Clarke Barrett at the Wawona Hotel, stated, "We were very much impressed with the service and the attitude of all the people we came into contact with. Really, it was like the old days; it was a wonderful stay."

Hillary Cable, whose dog Boris was accidently locked with the keys inside her truck, was rescued by an unnamed employee of the garage. She wrote that he "came out in the pouring, freezing rain and worked on the truck for nearly an hour...it would have been easy for him to have given up...to get this very theft-proof truck open...but he got soaked to the skin and got us back on the road. Boris sends his thanks, too."

Tour Guide Robert Reich "was very well informed, with a nice touch of humor and an excellent voice," wrote Al Glass of Los Gatos. He continued, crediting our personnel department for "the well-trained, efficient and courteous staff who served us."

And James Johnson of San Francisco said it all. "Your people are special. Every single person from manager to bellhop was

extraordinarily cheerful, helpful and friendly. This can only be the result of carefully crafted training programs effectively communicated."

No doubt, training builds confidence. In my travels throughout the company, I see confident people, well trained and happy in their work. It's evident to our guests and they write to tell us such. But training is only partly why we're complimented.

Just as a chef at The Ahwahnee has to start with the best ingredients to create a masterful meal, so we need the best people to present the best service.

Recruiting the best has been of prime importance to the company.

It is gratifying to see that we hire only the best. You all should be proud of that. I surely am.

And I'm especially proud each time I read a letter that states, "Thanks for the memories."

MY FAVORITE HIKE

Wawona's Hidden Falls

By Stanley Valin

Hidden near Wawona are the Alder Creek Falls, along a trail that is littered with history and scenery.

The trail begins near the Wawona Stables. It ends three miles from Wawona.

From the Wawona stables, cross North Wawona Road and meet the trail entrance just uphill. For the first two miles, you will travel through a Ponderosa forest. It is difficult hiking, up a steep incline, through the Manzanita brush, and you will have to climb over fallen trees. From the dry surroundings of this forest, the trail flattens out into a grassy area, filled with ferns. As you walk through the ferns, look down to see railroad ties from an abandoned road. This area was once a logging area in the early 1900s. The logs were taken from the area surrounding the trail to Chinquapin and then over the El Portal incline to the old Yosemite Valley Railroad.

As you traverse the next quarter mile, the sounds of falling water begin to swell. Around the next bend is a beautiful waterfall shaped just like Vernal Falls. It drops about two hundred feet into a canyon of Alder Creek. It's a refreshing and scenic stop.

If you wish to avoid the steep two-mile trail from Wawona, drive to Mosquito Creek on Hwy. 41 and hike uphill into the woods about one-half mile. You will pick up the trail there and can continue along the most moderate part of the trail to the falls. However, for the vigorous hiker, the Alder Creek trail is a great one. It continues on to Glacier Point (20 miles) or back to Wawona by way of Chilnualna Falls (another long hike).

When you next visit Wawona and want an enjoyable and surprising hike, head out for the hidden falls of Wawona... Alder Creek Falls.



Two out, two men on base, bottom of the ninth, the Free Swingers are leading and the Over the Belt Gang's last hope is at bat...Joe Wheeler. Ah, summer and baseball!



When you're defending champions, leading in the game and between innings, like the Free Swingers, you can afford to relax...but not for long.

Getaway Discounts Offered at Fresno Hotels

Next time you travel to Fresno to see a show or shop, here's a good reason to stay overnight. Several Fresno inns and hotels are offering special discounted rates to Yosemite Park and Curry Co. employees.

Reservations are required and you must show your YP&CCo. I.D. card (a paycheck stub and supporting I.D. will suffice) to be eligible. A list of discounts follows. For complete information on discounts available to YP&CCo. employees, stop by the employees recreation office in the weight room at the Lodge.

- Best Western Tradewinds, \$22 single, \$26 double, \$30 double/double, applies beginning September 1 to May 31
- Hacienda, \$30 single or double, space available
- Holiday Inn Airport, \$48 single or double
- Holiday Inn Centre Plaza, \$40 single or double
- Picadilly Inn Airport or University, \$40 weekend, \$45 midweek double
- Smuggler's Inn, \$50 single or double, Friday, Saturday or

TAKE A POST-HIKE STRETCH

By Employee Recreation

There are few of us who haven't climbed the cliffs of Yosemite, up zig-zagging, breathtaking trails to view the spectacular Valley from a new vantage point. Likewise, there are few of us who, a day or so later, haven't moaned when we stood up as our lower body revealed distress with the whole idea of movement.

Because many Yosemite trails are so steep, you are using more muscles than you do when you simply walk on non-inclined surfaces. Such post-exercise soreness is not unusual for the average person who takes to the trails only occasionally and who does not properly stretch after their big hike. To help you counteract the effects of muscle overuse, static stretching (holding yourself in the stretching position without moving) is recommended. Following are a few such stretches, aimed toward your lower body, for post-hike use.

Keep in mind the following: Go slow, avoid bounding. Keep your body relaxed, and concentrate on the muscles being affected by the stretch.

From a standing position, lean forward bracing your body with hands to front of you against a rock.

1. Reach back and grab one ankle, pulling heel upward to your lower back. Lift knee up as high as possible without strain, and hold for 15 seconds. Switch to opposite leg and repeat.
2. Sitting on ground, extend right leg and place base of left foot against inner right thigh, near groin. Reach for right ankle and hold for 30 seconds. Switch legs and repeat.
3. With both arms in front of you supporting body against a tree or a wall, step back from the support object. With left leg slightly bent, and right leg straight, press forward with pelvis area until you feel a pulling sensation in your calf. Hold for 30 seconds and switch legs.
4. With hand support still on tree or wall, roll your left ankle for a count of 15, then reverse roll direction for a 15 count. Repeat with right ankle.
5. With hand support still on tree, resume calf stretching position, this time with both legs slightly bent, both heels on ground. One leg should be placed about 6" in line in front of the other. Press forward with pelvis area. You should feel a pull in your achilles tendon. Switch legs and repeat for a 30 count.
6. Sit on ground with legs spread apart. Without bending the knees and keeping a flat back, bend forward at the waist. Try to get your chest as close to the ground as you can without strain. Hold for a 30 second count.
7. Lay on back on the ground. Clasp hands together behind your head. Bring right knee up to bent position, and cross left leg over right leg at knee. With a rotation at the hips, use left leg to pull down right leg to right, while maintaining crossed-over position. Hold for 25 seconds. Switch legs and repeat.

Sunday only

- Tropicana Inn, \$32 single, \$36 double
- Village Inn, \$38 single or double, Friday, Saturday or Sunday only
- Water Tree, \$40 single or double, Friday, Saturday or Sunday only

Movies

September 9: *Pale Rider*

September 16: *The Dark Crystal*

September 23: *Adventures of Buckaroo Bonzai*

September 30: *The Purple Rose of Cairo*

One showing at 8:30 p.m. in the East Auditorium. \$2.50 adult, \$1.50 children 12 or under. Popcorn, soda, and natural soda for sale.

Videos

September 4: *Back to the Future*

September 11: *Mad Max - Beyond Thunderdome*

September 18: *Unfaithfully Yours*

September 25: *Cannery Row*

8:15 p.m. in the Weight Center. Free!

Ongoing Events

Aerobics: See flyers for details.

Basketball: See flyers for details.

Men's Football League: See flyers for details.

Pick-up Softball (Co-ed): See flyers for details

Weight Center: Monday through Saturday, 10-12, 1-4, 5-8; Sunday 2-7 p.m. Located in the Annex housing area.

Low Impact Aerobics: Tuesday and Saturday 9-10 a.m. East Auditorium. Bring a towel or mat.

Special Events

Special Events Tennis Tournament: Sign up with Recreation by calling ext. 1475 or stop by the Weight Center.

San Francisco Bus Excursion: A shopping and entertainment outing. Tentatively scheduled on the third week in September. See flyers for details. call ext. 1475 or stop by the Weight Room.

September 22: Dance featuring the Hammersmith Band. 9:00 p.m. to Midnight. \$4.00 at door. East Auditorium. Bring ID card.

Classifieds

WANTED: Apt. or Cottage for rent in El Portal or Yosemite West, for 3 year resident couple. Long term. Local Refs. Quiet and responsible. Call Carolyn at 372-1259 or 372-2705 eve.

FOR SALE: Mobile home in El Portal. One bedroom. new stove, carpeting, drapes included. Call evenings before 9:00 p.m. 379-2760.

FOR SALE: 12 x 60 ft. plus expanded living room mobile home, 2 bdrm, 1 bath, workroom. Approx. 900 sq. ft. & storage shed. Call 379-2351. Located in El Portal Trailer Court.

Announcements

Yosemite School Activities: Yosemite School parents and teachers plan a full series of events this school year. Here are some highlights open to all.

September: Fashion Fair Raffle

October: Halloween Bake Sale

November: Annual Ski Swap

January: Casino Night

Yosemite Badger Apparel: Support Yosemite School and wear distinctive Yosemite Badger sports clothing. T-shirts, hooded sweat shirts, sweat pants, sport shorts and polo shirts are available at reasonable prices. Call Joan Poimiroo, 372-1367, for details.

Ski Patrol Volunteers Needed: The Yosemite Ski Patrol is looking for volunteer ski patrol candidates. To join, you must be an advanced skier and hold both a current CPR card and either EMT or Advanced and Emergency Care First Aid certification. Call Cheryl Andersen at 375-6454.

YOSEMITE SENTINEL

Editor in Chief John Poimiroo

Contributors. Ruth Thorson, Paula Negley Lisa Graham, Tom Pimental, Randy Rust, Ed Hardy, Stanley Valin, Annette Bottaro

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Dennis Alvernaz, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00 - 4:00 p.m., Wednesday 12:00 - 3:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday - Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

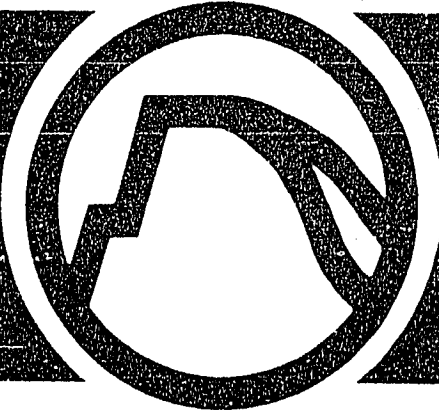
Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00 - 5:30, Monday - Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00 - 12:00 and 1:30 - 4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.

October 1986

Issue not printed.

YOSEMITE



SENTINEL

Book XII, Volume 11

November 1986

RIVER CLEANUP A HUGE SUCCESS

by Garrett DeBell

Over 100 people joined together Saturday, October 18, demonstrating their support for the Merced River by helping to remove litter, as well as larger and potentially more dangerous debris.

The cleanup idea, originated by John Timmer and the Merced Canyon Committee, quickly took hold with support pledged by many organizations. At Superintendent Jack Morehead's suggestion, a steering committee was formed consisting of John Timmer from the MCC, Steve Hickman from NPS and myself, representing the Curry Co. This group, along with Laurel Anderson of the MCC, coordinated various aspects of the cleanup.

YP&CCo. provided a "thank you" barbecue following the cleanup, the recycling truck, a crew to pick up bags of litter that were collected within the Park and use of a tow truck and crew to haul a demolished and abandoned car up from the riverbank. The NPS provided cutoff saws for cutting cable and rebar, other equipment and a fire crew to help with heavy hauling. The Merced Canyon Committee provided advance coordination and publicized the cleanup. Total Waste Systems voluntarily placed dumpsters along the route, A. G. Pearson hauled a junked car to his wrecking yard on highway 49, Westcon loaned equipment, the U.S. Forest Service and BLM provided manpower and trucking, and the CHP provided traffic control.

The cleanup, in addition to making the river safer and more attractive, demonstrated the depth of individual and organizational support for the Merced River.

Volunteers came from as far away as San Francisco, Sonora, Merced and Mariposa. Many local residents pitched in including employees of Yosemite Park and Curry Company, The National Park Service, The Yosemite Institute, The Forest Service, BLM, as well as the Mariposa Boy Scout Troop and Yosemite Cub Scout Pack 50.

Major items removed from the river were two dumptruck



John Timmer, Steve Hickman, and NPS and USFS fire crews remove cable from the river.

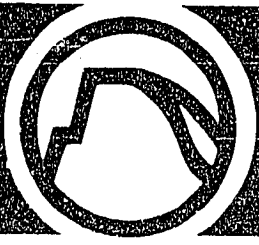
loads of cable and rebar from long-abandoned construction, as well as a car body. Many truckloads of litter, cans, bottles, paper, cigarette butts, sandals and diapers were picked up along the approximately 50 miles of river from Vernal Fall to Railroad Flat below Briceberg.



Vicki Snyder, Annette Bottaro and Antonina Hines pick up litter near Bridalveil Fall.



Steve Hickman, Garrett DeBell, and John Timmer pose by the junked car near El Portal.



Throw it, Kick it, You Can't Beat it

by Annette Bottaro

Yosemite's best Frisbee pitchers and Hackey Sack jugglers gathered this summer to compete in YP&CCo.'s first Hackey-Frisbee Festival.

And after all was tossed, kicked, flipped and juggled; Kim

Herzfeld, Michael Archuleta and David Apilado were judged to have (in order) thrown a frisbee the farthest, 269'; the most accurately, 35'; and juggled a Hackey Sack with the greatest style.



Kim Herzfeld shows what it takes to win the Frisbee Distance-Throwing event. His 269-foot toss earned him a 141 gram disc in the summer festival.

Michael Archuleta's frisbee passed through this Hula Hoop twice at 35' in the accuracy portion of the tourney to earn him two seats



at the movies.

Voted best Hackey Sack freestylist, David Apilado performed numerous successful behind the neck rolls and other acrobatic moves to delight the judges and crowd. He also took home a movie pass for two.

Audience Steals the Show!

by Keith Walklet

The 10th Annual Great Valley Revue had talented acts, competent judges and an audience that beat all! A sellout crowd of over 250 people cheered, laughed, and sang their way through the ten official acts, spurring the performers on again and again.

Talent, creativity, and audience response were the categories by which the performers were judged. The five judges; Tim Arnst of Personnel, Pat Harley from Curry Village, Laurie Talbott of Marketing, Jennifer Jacobs of NPS, and Chris Becker of the Medical Clinic were hard pressed to come up with this year's winner, but they measured up to the task. The scores were very close, with only 30 points out of a possible 200 separating first and third place. But, when the winners were announced, the audience was pleased.

Bob Fowlkes of The Ahwahnee took the \$125 gift certificate for first place with his rendition of the last scene from "Old Yeller." (Done in the first person, Bob became Travis of Fred Gibson's famous book and provided a truly sensitive interpretation of the work.) The auditorium was completely silent throughout Bob's presentation and erupted in uncontrolled applause as he exited into the darkness offstage.

The \$75 gift for second place went to Brad Carter for his original slide show and song depicting the lighter side of his job as a lifeguard at the Curry Pool. A tremendous laugh or cheer accompanied each slide and the applause following his act lasted several minutes.

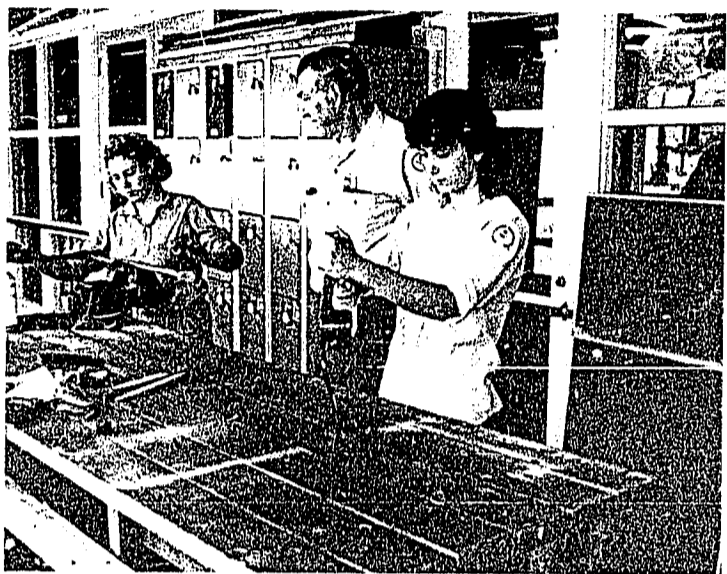
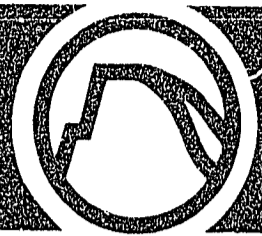
Third place was a tie! The very first act of the evening, "Somethin' Else" (a singing instrumental group consisting of Stacy Brewer, Andy Skinner, Lisa and Kim Riseling) and

the last act of the night, singer Pam Johnson accompanied by Chris Nishimura on piano, finished with identical scores. Each act received a \$50 gift certificate from the Mountain Shop.

In addition, a special award was presented to nine-year-old Amber Thorsen, who made her stage debut as a solo performer dancing to the song "How Will I Know?" Other performers in order of appearance were: Tim Miller, Scott Johnston, Debbie Garrison, Toni Walker and Wendy Thomas, Kirk McDaniel, and oh yes, one large green tomato worm.

Emcees Dave Mathias and Keith Walklet entertained the audience between the featured acts with short skits. They were joined occasionally by Dan Estrada (a well-to-do "PB") and Tom Dolan, the third "Cha" of CHA! CHA! CHA! "The crowd was amazing!" elated Dave. "They were way ahead of us." Keith replied, "They were better than last year's crowd, and I thought they (last year's crowd) were incredible. They really supported the performers. They made the show go!"

Show Director Vicki Snyder attributes the success of the show to the tremendous efforts of all those volunteers who worked into the early hours of the morning, a great bunch of performers, and a great crowd! A few of those volunteers were Valerie Hebert and Dominique Tardif who served as stage managers; Mary Hayes, Robert Brewer and Bennett Martin, who worked the lights, sound and video camera; Mike Archuleta as judge's assistant; Richard Village, Stage Assistant; Alice Harten in the concession stand and Linda Bettys at the door. Congratulations and thank you to everyone involved!



Boys and girls from 15 to 18 years old volunteered their summer as members of the Youth Conservation Corps at Yosemite. Working in crews of 8, the 24 trainees were provided facilities by YP&CCo. at the Badger Pass day lodge, where they repaired handtools for NPS use. Shown here are Wendy Heinemann, 15, of Three Rivers; work coordinator Fred Tanner of Tucson, Ariz. and Shannon Adams, 15, of Coarsegold.

Ski Swap Scheduled

The annual Yosemite School Ski Swap is scheduled for Tuesday, November 25 at the Curry Village Pavilion from 5 to 9 p.m.

Skis, boots, bindings, poles, Nordic equipment, ice skates, snow play equipment, sweaters, parkas, pants, hats and goggles . . . every conceivable winter recreation item will be on sale.

No registration fee is charged and only a percentage of sold items benefits the school. However, this event has become one of the biggest fund-raising activities of the year for Yosemite School.

Items to be sold may be registered at Curry Village Pavilion as early as 3 p.m.

Have dinner at the Swap, too. The Swap Chili Feed is \$3 for adults and \$2 for children.

And, even if you don't plan to sell your skis, bring them to be tuned and adjusted. A special table will be set up to provide this service at low cost to people who buy equipment at the swap, or for those who just need it done to their skis before the snows fly.

This is Too Good to Miss!

The Yosemite Winter Club, through the generosity of Yosemite Park and Curry Co., is offering a deal that's too good to miss.

Buy a \$20-family or \$10-single membership to the Yosemite Winter Club and you get (now get this . . . per member) two all-day Badger Pass lift tickets, two ice skating lessons including rentals at the improved Curry Village Ice Rink and a delicious steak dinner at the Club's Annual Dinner on November 14th from 6 to 11 p.m. at the Curry Village Pavilion.

Tickets will be available at the door or in advance from club members.



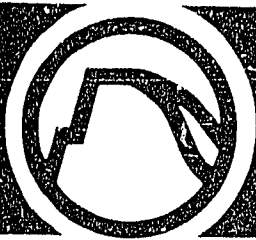
Crew Leader Paul Deltman, 16, from Hodgson Meadows, refinishes tools for the Park Service as part of his summer Youth Conservation Corps tasks. Among the projects worked on by YCC youths this past summer, were the repair and installation of the Merced Lake trail, food lockers in camping areas, rail fences to protect the Grizzly Giant Sequoia, Crane Flat culverts and bear boxes at Lake Eleanor.

Merced River Crab Dinner

Crabs in the Merced River? No, a crab dinner to support the Merced Canyon Committee's efforts to preserve the river, that's what!

Dine on your favorite *Crustacean* ("shellfish," for you non-biological types) on December 6th at 8 p.m. (doors open at 7 p.m. for those who want to bite into a crab first) at the Mariposa County Fairgrounds. Adults pay only \$12.50, children pay only \$7 (try that at Fisherman's Wharf) and tickets are available at the MCC office, Webbs Stationary, Sunrise Sports or from MCC board members.

Last year's crab and record-cracking event raised \$2,000 to save the Merced and was a sellout, so get your tickets early.



LET'S WELCOME JOHN HAYS

John Hays brings ten years of hotel human resources experience to Yosemite Park and Curry Co. as its new Vice President of Administration.

Hays filled the top chair in Administration following the retirement of Don Quigley.

Prior to joining YP&CCo., he was Corporate Director of Human Resources for RKO/Rossi Hotels, which manages five luxury hotels and resorts.

Hays began his career in hotel personnel administration in 1976, after obtaining Bachelor of Science degrees in Labor Relations and Hotel, Restaurant & Travel Administration from the University of Massachusetts. He was employed by Hyatt Corporation in a variety of personnel assignments with the Hyatt on Union Square in San Francisco, Hyatt Regency O'Hare, Hyatt Lincolnwood, Hyatt Pittsburg and Hyatt Del Monte in Monterey.

Westin Hotels appointed him Director of Personnel of its 1,400-room Westin Renaissance Center in Detroit from 1981 to 1984, after which he joined Rossi.

John says living in Yosemite returns him to his native New England. "There's a sense of small town community here. You walk along the mall and stop to talk with neighbors and friends. Those personal relationships are missing in big cities."

"This job is a unique opportunity for someone with my background. Most of my career was spent managing personnel matters for large urban hotels, many of them in smoke-stack towns. To be able to move into greater responsibilities and grow professionally is special while living in the middle of this beautiful environment. Yosemite is a great place to bring up our daughter and I just can't say enough about the fine people who work for Yosemite Park and Curry Co."

John Hays is an avid sailor and supporter of the U.S. America's Cup challengers. He has crewed on race boats in San Francisco Bay and the Great Lakes. He says he wears two types of shoes off the job... Bass Weejuns which remind him of New England and Sperry Topsiders for the occasional invitation to crew on a boat. John and Terry Hays are now



John Hays joins Yosemite Park and Curry Co. as its new Vice President of Administration, replacing the retired Don Quigley.

settled in their house on Ahwahnee Meadow, watching their 2½-year-old daughter Kathleen play in the Yosemite sunshine.

One Million Miles—No Accidents

Jim Simpkins is celebrating his 30th year as a bus driver this month for Yosemite Park and Curry Co. Jim has carried approximately 4½ million passengers and driven more than one million miles without a single accident.

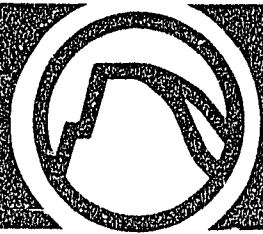
Jim has always considered the guests in Yosemite as his "bread and butter." Co-worker, Joe Westmoreland, said that Jim is prompt, conscientious, clean-cut and sometimes known for his tall tales. "If the roads are open, he's at work. He's always there," said Joe.

Jim grew up near Mariposa and Yosemite and his wife, Helen, is from Mariposa. Jim also has two daughters.

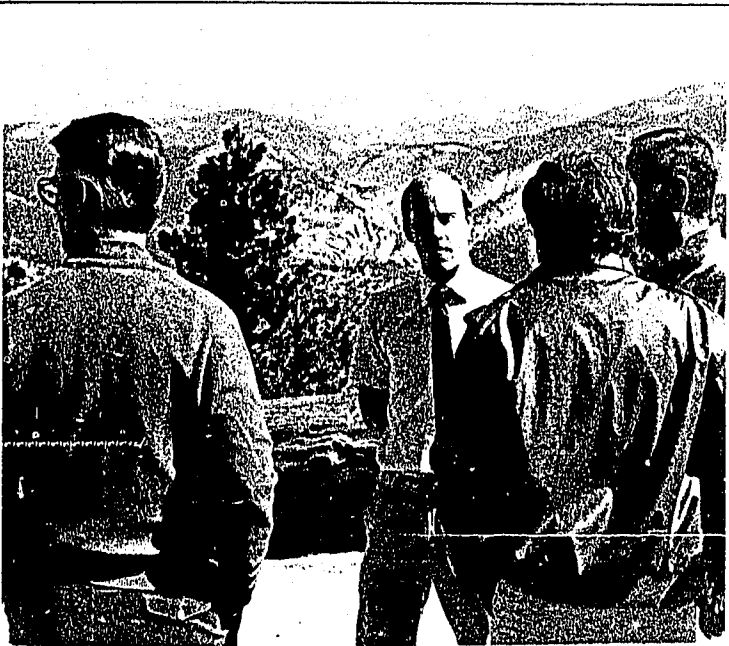
Contrary to a few rumors, Jim is not retiring. However, Jim was recently honored in a private ceremony for his 30 years of dedicated service by Jay Stein, Bernie Fisher, Ed Hardy, YP&CCo.'s executive officers and co-workers. Jim will also be among 119 fellow employees to be honored at the company's 12th Annual Awards Dinner.



Bus driver Jim Simpkins on the job as usual after 30 years and no accidents.



Jay Stein, Chairman of YP&CCo.; Bernie Fisher; and Dan Jensen, V.P. Plant Services and Guest Recreation, are seen discussing improvements to Badger Pass, during a recent inspection tour.



Dan Webster, Glacier Point Store Manager, describes operations to President Ed Hardy and Bernie Fisher.

Your Ideas Count

Yosemite Park and Curry Co. is interested in hearing your ideas on how our company can be improved. So interested, that the company is offering several valuable prizes for innovative ideas, including a grand prize of two dinner seats at the Dec. 22 Bracebridge Dinner.

To enter, you must be a current hourly employee of YP&CCo. and submit a suggestion which helps the company reach one of its goals and responsibilities (as posted).

Send your idea to Ed Hardy, President YP&CCo. through intercompany mail; it must arrive by Dec. 1, 1986. Be sure to describe the existing opportunity, how your idea works to satisfy this opportunity and what costs and benefits result from the idea.

Winners will be announced on Dec. 12.

Historic Weathervane Returns to Wawona

In 1894, the *Little Brown*, a building at the Wawona Hotel which is now called Moore Cottage, was built and crowned with a weathervane.

During renovation in the 1940s, the weathervane was removed and laid aside. Al Gordon, a third-generation Wawona resident, made sure that the old weathervane was not forgotten.

For over 40 years, he cared for the piece with the same dedication that his father and grandfather had shown as stage coach drivers on the Raymond to Wawona to Yosemite Valley run. A deep sense of loyalty and history are part of the Gordon family tradition.

Last May, at the 107th anniversary of the Wawona Hotel, that Gordon tradition surfaced again when Al offered to replace the weathervane atop Moore Cottage. He said he'd gladly do so, but on one condition... that his long-time friend and craftsman, Warren "Red" Guthrie, would do the restoration work.

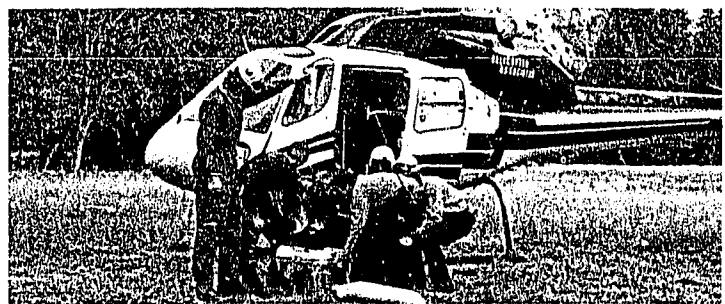
Red Guthrie is also not a newcomer to Yosemite. He is the Wawona carriage builder who last year was named recipient of the prestigious "Yosemite Award."

With an artisan's hand, Red handcrafted the weathervane's decorative redwood balls and freshly painted it.

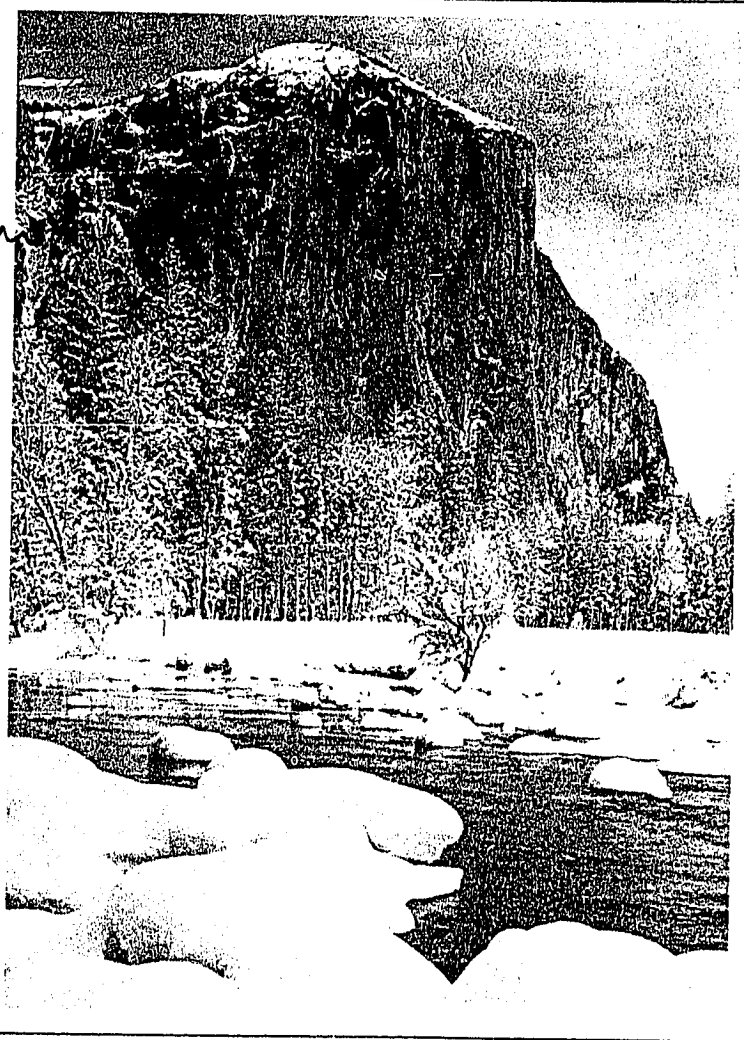
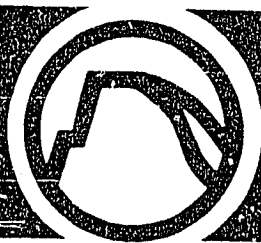
After nearly a half century of being hidden, the Moore Cottage weathervane once again gives direction to the Wawona winds. Yosemite Park and Curry Co. is appreciative of Al Gordon's and Red Guthrie's help in returning it to its historic place.

Ode to the Weathervane

Thru the snow, and sleet and hail
Thru the blizzard, thru the gale,
Thru the wind and thru the rain
Thru the blinding lightning flash
And the mighty thunder crash
Hail to the weathervane
Ever faithful
He'll come thru
Nothing stops him
He'll point true.



Michael Kalantarlan, a Yosemite Park and Curry Co. employee with the Curry Village Housekeeping Department, was rescued by the NPS and volunteer groups, Oct. 21 after leaving on a hike one week earlier. Michael had fallen 50 feet on Oct. 15. He had several injuries and was suffering from exposure. He is now recuperating at Valley Medical Center in Fresno.



Winter Warning

Screech!

That's one sound no one wants to hear . . . the squeal of tires. As the first storms of winter begin, here are some winter driving tips to remember.

Anticipate—It takes much longer to stop on wet pavement, so begin to slow before you must slam on the brakes.

Start Slowly—ease your car out onto wet pavement or ice. A fast start will either spin the tires resulting in a dangerous skid or dig into the ice or snow.

Be patient—Other drivers may be driving more cautiously. Respect this. If you must pass, turn on your lights and do so with caution. Sometimes, the reason the traffic is moving slowly is because the road is badly iced or slick.

Check tires—Tires wear quickly in Yosemite because of the abrasive roads and many curves. Look for wear spots on the edges of the tires that can diminish cornering. Be sure the tires are inflated properly. Consider adding snow tires for winter driving.

Be prepared—Carry chains, a blanket, first aid kit, flashlight and jumper cables.

Check your battery—cold weather will drain it.

Watch the road, not the sights—this is a particular problem here, where the sights are worth watching. Pull over and let others pass. Avoid distractions; a sharp bend can put you in the trees.

Birding in Wawona

by Stanley Vallm

Early on a summer morning (5:30 to 6:30 a.m.), I headed across the Wawona Hotel lawn toward the first fairway. As I crossed the creek on the number one hole, I came to a wide, slightly steep part of the creek, landscaped with willows and hopvines.

Stopping here, as the early sun warmed the area, I spotted . . . the *Western Tanager*, *Purple Finch*, *Song Sparrow*, *Junco*, *Lesser Gold Finch*, *Yellow Warbler* and *Rock Wren*. Seated by the creek, as still as a cattail, *Brewer's Black Birds*, *Robins* and *Brown-headed Cowbirds* can be glimpsed. Winging past in labored strokes, three *Mallard* hens head toward either the South Fork of the Merced River or for a rest somewhere in the grasses fronting Wawona Meadow.

As the golfers begin to hit their balls onto the course at 8 a.m., it's time to head toward fairway number five. Off in the wood comes the nasal yonking call of the *White-breasted Nuthatch* and the laugh of the *Pileated Woodpecker*. Listen quietly for the low cooing of *Mourning Doves*.

At the South Fork of the Merced, the distinctive short bobbing tail of a gray *Dipper* may be seen in the river rapids as the bird dives for aquatic insects. Meanwhile, the rattling call of a rare *Belted King Fisher* is heard near the Route 41 bridge. Across the river, along the dry ground, a *Common Flicker* searches for ants, licking them up with its long tongue, and *Mountain Quail* scurry from some unseen enemy. And downstream in the rocky, sandy beaches, a *Spotted Sand Piper* pecks for hidden delicacies.

Return to the Wawona Hotel and you will find more of nature's singing fliers . . . *Barn Swallows* and *Stellar Jays* are nesting in the eaves of the porches, while around the tall pines and cedars fly *Whiteheaded Woodpecker*, *Downy Woodpecker* and *Brown Creeper* whose melodious spring song is now replaced by an abrasive "ssst."

Other birds that inhabit Wawona at different times of the year include *Great Horned Owl*, *Redtailed Hawk* and *Raven*.

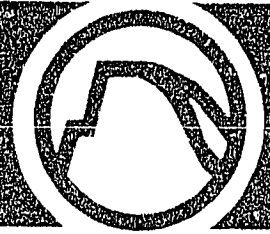
There are more than lost golf balls to be found along the Wawona course. A morning walk along the hotel grounds, course and river's edge provides an enjoyable and rewarding birding adventure.

Rites of Autumn

Thou has Blessed Us
With the rains, My Lord,
Nature's sacrificial Bath,
Cleansing A forest Still,
After an exhausting Summers
Play
With perpetual Beauty,
From one Magnitude to Another.

My Lord, Shall anoint Nature
With A Frost,
That shall open the gates of
Heaven
With ever so much Beauty.
Oh Lord, Cleanse my Soul
In the sacrificial Bath,
So that I may Walk
In A forest trimmed with Gold,
For the gold is Thy Love
That I live For.

Joseph R. Paquette, 9/86



Cedar Lodge Recaptures Softball Crown

by Jim Corcoran



Cedar Lodge, a consistent contender for the Yosemite Men's Softball League, regained the title of league champion on August 27th by defeating the Over-The-Belt Gang 8-3 in the third and final game of the first-ever Yosemite Series.

Cedar Lodge swept the series, 7-0, 14-7 and 8-3.

To reach the Yosemite Series, the Over-The-Belt Gang defeated defending champions, The Free Swingers, in the Eastern Divisional Playoff, and Cedar Lodge fended off the always tough Firehouse 5+5 in the Western Divisional Playoffs.

In the Championship series, the dominant Cedar Lodge team capped off a sensational season in which they went 17-1 by playing picture-perfect softball.

Offensively, Cedar Lodge put on a clinic. With the bats of Ken Manely, Trace de Sanders, Doug "The Hammer" Martin and Bill Hunter, the CL team found it fairly easy to rack up runs.

Defensively, Cedar Lodge was solid. With the superb pitching of Wylie Wood, and the outstanding defense of shortstop Jon Walbloom and outfielders Manely and De Sanders, many teams found hits hard to earn.

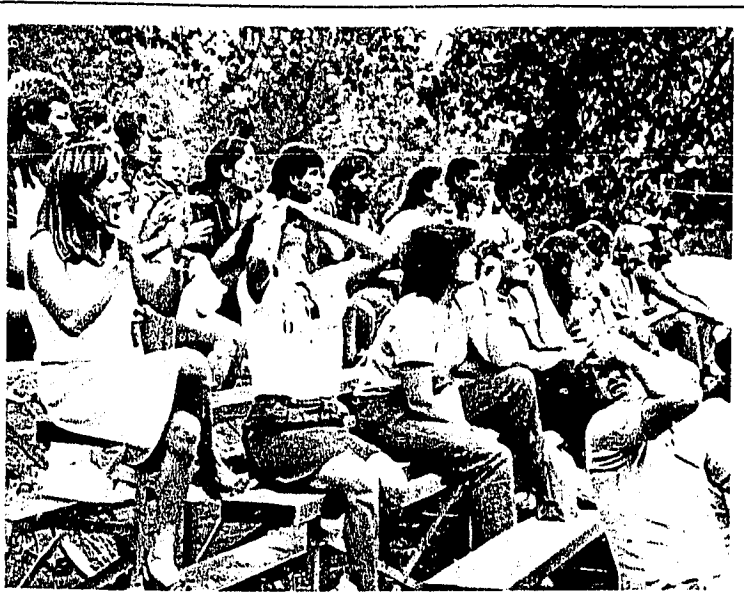
Congratulations to a fine Cedar Lodge team on a very successful season, and to the second place Over-The-Belt Gang, as well as to all the Bighorns, Mustangs, El Portal Eddies, 10-keys, Free Swingers and Firehouse 5+5 for their effort and support in making this season enjoyable and successful. See you at Spring practice.

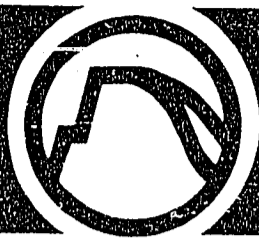


Top: Close Calls

Bottom: Agony and the Ecstasy

Right: Looks Like it's Outta There!





BETWEEN THESE WALLS

Movies

November 4: *Repo Man* (R)*

November 18: *Rocky Horror Picture Show* (R)*

Movies are held in the East Auditorium every other Tuesday at 8:30 PM. Admission, \$2.50 Adults and \$1.50 for Children (12 and under).

*Under 18 must have parental permission.

Videos

November 6: *Clan of the Cave Bear* (Daryl Hannah)

November 13: *Flying Deuces* (Laurel and Hardy)

November 20: *Fire and Ice* (Animated Science Fiction)

November 27: *All the Right Moves* (Tom Cruise)

Videos are held in the weight center at 8:15 and are free for employees. Videos will soon be held in the Carabiner Cafe at 8:00 PM once that facility opens.* Please check flyers for that date. No persons under 18, please.

Continuing Events

Aerobics: Tuesdays and Thursdays, West Auditorium, 5:30-6:30 PM.

Weight Center: Monday thru Saturday, 10:00-12:00, 1:00-4:00, and 5:00-8:00 PM. Sundays, 2:00-7:00 PM.

Basketball: Please contact weight center for dates, location, and time, ext. 1475.

Special Events

November 11: Bus trip to San Francisco. Enjoy the sights and sounds of the city with Emp. Rec. Deadline for payment is Tuesday, Nov. 4. See flyers for more information.

Please see Flyers: GRAND OPENING OF THE CARABINER CAFE!!

November 27: Delicious holiday dinner to celebrate Thanksgiving. Located at Curry Cafeteria, and sponsored by Employee Recreation. Check flyers for the time. Free for employees, please bring employee I.D.s.

Classified Ads

Help Wanted—Need someone to mind my home in Midpines for about two weeks starting approx. Nov. 12.

For Sale—Living room/family room: quality sofa, coffee table, end table, wing back chair, lamp, walnut wall unit, entertainment center, exc. cond. 372-1367.

Announcements

YP&CCo. employees can save 10% on PSA flights booked 30 days in advance, with presentation or identification of Disneyland's Magic Kingdom Club. This and other discounts on hotels, rental cars and ski vacations are available through our Employee Recreation office.

Heavenly music has been heard in Yosemite Valley lately. Tune in 96.7 FM to hear it. The broadcast comes from Merced Christian radio station KAMB which is being rebroadcast into the Valley as a public service, under a license from the FCC granted to the Yosemite Community Church.

YOSEMITE SENTINEL

Editor in Chief John Poimiroo

Editor Michael Niehoff

Contributors Jim Corcoran, Keith Walklet, Stanley Valim, James Johnson, and Annette Bottaro

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Dennis Alvernaz, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

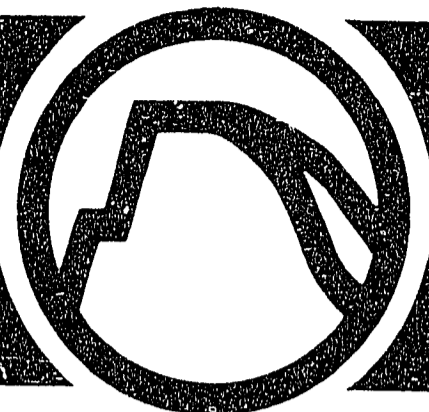
Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday, 12:00-4:00 p.m., Wednesday 12:00-3:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday-Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00-5:30, Monday-Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00-12:00 and 1:30-4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.

YOSEMITE



SENTINEL

Book XII, Volume 12

December 1986

EMPLOYEES HONORED AT ANNUAL BANQUET



Retired Don Quigley receives 10-year service award from President Ed Hardy alongside his former administrative asst. and fellow 10-year service award recipient, Carla Mayes.

Yosemite Park and Curry Co.'s annual Service Award Banquet continues to grow each year as 163 employees were recognized this year, including 119 awards, on Nov. 12 for their outstanding efforts.

There were 81 five-year employees honored. The 10-year employees were Steve Attardo, Lynda Ballerini, Guy Baudoux, Robert Blumreich, Bruce Brossman, Leena Conway, William Critchlow, Garrett DeBell, Donald Foster, Bruce Knopf, Carla Mayes, Donald Quigley, June Rasmussen, Milton Rupert Jr., John Sperry, Diana Swager, Roxanne Warner and John Webb.

The 15-year employees were Elizabeth Bahe, Donald Barnes, Darvin Carter, Georgine Gray, George Hunter Jr., Mida James, Raymond Morrow Sr., David O'Brien, Donald Perry, Allan Rollo, Geryl Smith and Ray Willis.

The 20-year employees were Robert Ferguson, Benjamin Franklin, Douglas Hammond, James Jones, Loyd Price and Martha Telles. Dean Conway, manager of the stables, was recognized for 25 years of service, and YTS Driver James Simpkins was honored for 30 years of service.

Adrian Harders, assistant manager of the stables, was listed as honorable mention for 42 years of service.



Ray Martinez and Steve Ybarra ham it up after dinner.



20-year award recipient Benjamin Franklin with Norman Lambert.



Joe and Ann Wheeler enjoy a good laugh.



Joe Paquette (right) with Bea and Dave Downing.



PRESIDENT'S MESSAGE

950 Years of Service

by Ed Hardy

Last month, we presented 119 awards, representing 950 years of service to our company and public. Since the beginning of the Service Award program, 841 awards, representing 7,295 years of service, have been presented.

1986 is highlighted by the excellent quality of service which our employees provided to our guests. This year, we received a steady flow of letters from park visitors congratulating us for the helpful, compassionate, interested and professional ways in which we served our guests. Without question, our employees are our most vital asset.

The past year brought special recognition to two of our employees and one former employee:

Nic Fiore was recognized by regional ski writers when he received the "Charley Proctor Award" for his lifelong dedication to the sport of skiing.

James Simpkin surpassed one million miles of safe driving without an accident. Jim's dedication to the guest's safety and his recognition of the guest as his "bread and butter" is exceptional.

Henry Berrey, a former employee of Yosemite Park and Curry Co., was the 1986 recipient of the "Yosemite Award." We are proud to have been associated with his continuing dedication to Yosemite.

In 1986 we all observed with special satisfaction the 50th Anniversary of Badger Pass and the 25th Anniversary of the Village Store complex.

The company and the community also welcomed back Jack Morehead as Superintendent of Yosemite, giving us all the opportunity to express our continuing dedication to protecting the park and providing first class service to its visitors. We continued to express our environmental concern through support of the Merced Canyon Committee and the Mono Lake Committee.

For those honored last month, please accept our heartfelt appreciation for your dedicated years of service. Your sensitive and caring dedication to the visitors of Yosemite is recognized as an integral part of the Yosemite Experience.

The family of Dick Gallger expresses its thanks and gratitude for all the thoughtfulness and kindness shown us during our recent loss.

Autumn Epitaph

Walking in A Meadow,
That just for A few weeks Back
Was bearing A green carpet of Grass,
With blossoms here and Everywhere,
And trees with sleeves of Leaves
With ever so much Beauty,
That will remain in my Memories
Forever. And now here Lies
That beautiful Grass
Returning to its Origin,
Accompanied by the Leaves,
And the skeletal Remains
Of ferns and Blossoms.
The seeds have been laid to Rest
For Purification.
Sadden not our Hearts,
For the end is the Beginning.
Thanks be to God.

Joseph R. Paquette

11/86

SPECIAL THANKS

The Retail Division would like to thank the following individuals for submitting their photography for review for the next edition of the 18-month calendar: Robert Barr, Frank Bonaventura, Annette Bottaro, Michael Frey, Judy Fuller, Jeff Grandy, Lewis Kemper, Bill Melton, William Neill, Rus Stolling, Keith Walket, Howard Weamer, and Jim Wilson.

Many fine photographs were received making the decision process very difficult. We will be reviewing our needs again in August of next year. Local photographers wishing to submit should contact the Retail Office at that time.

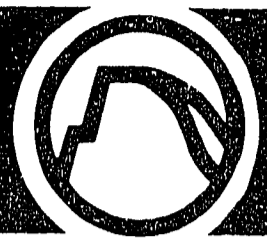
GREAT DEALS AT BADGER PASS

While most ski areas are raising their prices, Badger Pass holds the line on its prices with some of the best ski deals available.

The price of a Badger Pass lift ticket is \$19.50 for weekend all day and \$17.00 for midweek all day. All child lift tickets are \$8.00.

The 1986/87 Midweek Ski Package includes all day lift tickets, two ski lessons per day (downhill or Nordic), skiing on a 32 km machine-groomed track to Glacier Point or 90 miles of Nordic trails, sightseeing tours, ice skating, transportation to and from the ski area, ski school race, free ski area babysitting and nightly social activities. You can choose 2, 3, 4 or 5-day packages ranging from adult prices of \$35-\$70. The child packages range from \$17.50-\$35.

Badger Pass' \$25 Learn-to-Ski Package includes everything you need to learn to ski. It features an all day lift ticket on the Bruin chairlift (designed for beginner skiers), two 2-hour group ski lessons and a day's ski equipment rentals (skis, boots and poles). And, Ski School Director Nic Fiore guarantees to teach you to ski in a day. If you're not satisfied, you will be given your choice of a full refund or another day's package.



YOSEMITE'S SPECIAL EVENTS

Yosemite has become famous for its picturesque surroundings, magnificent waterfalls, abundant wildlife, hiking, mountain climbing and seemingly endless recreation. And now, one more attraction is livening up the hotels. This is Yosemite's Special Events. The four major events are The Vintners' Holidays, Chefs' Holidays, Musicians' Holidays and Photographers' Holidays.

The first event is the Vintners' Holidays which is offered in six sessions with two sessions from Nov. 16-20, Nov. 30-Dec. 4 and Dec. 7-11. This is an opportunity for Yosemite guests to attend special seminars on winemaking and tastings with the owners and winemakers of California's most prestigious wineries. Gourmet dinners are also coordinated between the vintner and The Ahwahnee. These dinners are \$45.00 per person including wine. Participating this year are 24 great vintners including Robert Mondavi of Robert Mondavi Winery, Joseph Heitz of Heitz Wine Cellars and Myron Nightingale of Beringer Vineyards.

The second event is the Chef's Holidays which consists of six sessions from Jan. 4-22. This is a fantastic dining event where Yosemite guests attend gourmet cooking classes led by famous American chefs. The six chefs are Marcel Desaulniers of The Trellis in Williamsburg (Colonial American cooking), Joe Cochran of The Golden Door in San Diego (spa cuisine), Jonathon Waxman of Jams in New York City (New York cuisine), Cynthia Pawlcyn of Fog City Diner in San Francisco (diner dining), Stephen Pyles of Routh Street Cafe in Dallas (Southwest cooking) and Ken Frank of La Toque in Los Angeles (California/French cuisine). The cost of each gourmet banquet is \$45 plus tax, per person.

The third event is the Musicians' Holidays which will feature two sessions on musical theatre from Jan. 25-29, and two courses on opera from Feb. 1-5. This event was originated by Bracebridge director Andrea Fulton. The first week will include discussions led by writer-producer-director



Nancy Hunt, Assistant Food & Beverage Manager at The Ahwahnee, discusses the finer points of Cabernet Sauvignon with Anthony Bell of Beaulieu Vineyards during the first session of The Vintners' Holidays.

Joshua Logan, choreographer Rod Strong and theatrical designer Charles Berliner. There will also be dinner performances of "S Wonderful," "You're Gonna Love Tomorrow" and "O, Coward!" There will also be a production of "The Fantastiks." Opera Week showcases Blanche Thebom, a leading mezzo soprano of the Metropolitan Opera and European opera houses, and lighting director Thomas Munn. There will also be stage performances of "Cosi fan Tutte," "An Opera Potpourri," "Very Verdi and Verismo" and "Die Fledermaus."

The final event in the series is the Photographers' Holidays. It is presented jointly with the Ansel Adams Gallery and will offer four sessions from March 29-April 10. Top professionals will discuss fundamentals and then take the participants out into Yosemite for some actual practice. It is a social event as well as a learning event. Appearing are well-known photographers Galen Rowell, master of mountain scenery, color and light; Dewitt Jones, a renowned landscape photographer; and Robert Holmes, known for his wilderness and travel photographs. The fee is \$95.

ICE RINK IMPROVES

Yosemite's outdoor Ice Rink at Curry Village has undergone refurbishing for this year's ice skating season. A completely new refrigeration system has been installed.

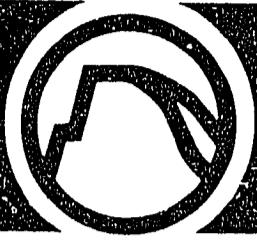
The previous equipment was powered by propane engines, while the new system is powered by electricity. Carter Williams, manager of engineering and construction, said the new, smaller equipment is a great improvement. "It will be more efficient, much quieter and will reduce visual impact."

The old equipment has been completely removed and the new system should be operational by mid-December. Williams said the old system could not provide sufficient capacity when the sun became stronger in February. "The improvement will certainly improve the quality of ice and the length of time the rink can operate."

The rink will still feature a warming hut, fire pit and snacks available. The admission price for all day is \$4.00 per adult and \$3.50 for children. Rental skates are available for \$1.25.



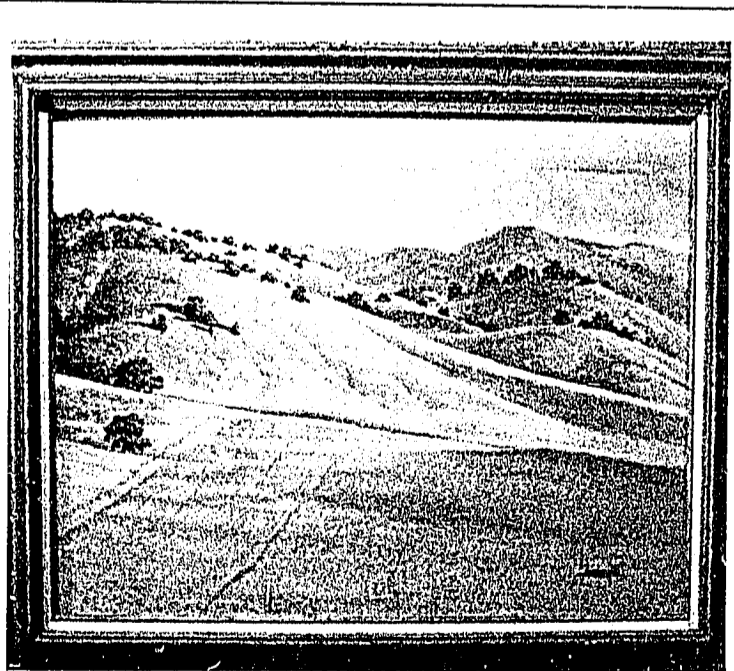
Cheryl Delehanty, a wine steward at The Ahwahnee, allows a participant in The Vintners' Holidays to closely inspect one of the featured wines during the first session.



DUDLEY KENDALL—YOSEMITE'S NEW ARTIST



Dudley Kendall has painted over 250 paintings of Sierra landscapes and is now working on a commission basis and also producing prints of his work.



This painting of the Sierra foothills is one of many that is currently being shown in Dudley's collection at the Visitor Center.

After studying and performing piano since an early age, studying and instructing art, operating a successful jazz club in the 1960s, living on a cattle ranch and working at a multitude of jobs in Yosemite on and off for 17 years, Dudley Kendall is now professionally painting in Yosemite and has been for the past three years.

Dudley, who is also a pianist at The Ahwahnee, is currently displaying a collection of his paintings at the Visitors Center through Jan. 9. He admits that painting Yosemite is special, but it can sometimes be overwhelming and almost threatening. "I think how will I ever do this justice."

Dudley's first experience with the arts was with music and playing the piano. At age 13, he was awarded a scholarship to study music at Duke University, but couldn't accept. However, he did accept a music scholarship at age 18 to the La Jolla School of Music. His musical training was rooted in classical, but he picked up jazz by playing at clubs and impromptus. He began performing in clubs at 18. He refers to music as an "ecstasy," but admits that painting and music can be taxing. "It's a real struggle to have two arts and make them both work. They both pull equally," he said.

Dudley went on to study art at the University of California at La Jolla and the La Jolla Art Institute. Abstract art was in at that time and that peaked his interest in art and the artists. He said that a college instructor told him eventually however to stop studying, that too much studying would take away his sense of style. He now agrees and said, "Academies are only good to a certain degree, then everybody begins to look the same. You don't want to be a technician, that's a tendency in all art."

While wrestling with different styles, Dudley said he's just beginning to become a professional. He believes you should have a "good foundation in tradition, before you take one step out in space." He doesn't want to be far out just for the sake of it. "I don't like being contrived," he said.

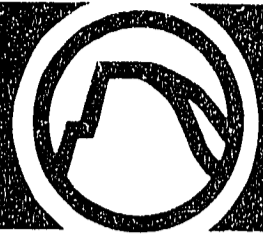
His work has been exhibited in All Western art shows, the Fine Arts Gallery at Balboa Park, San Diego, two one-man shows in La Jolla and in two previous shows in Yosemite. It is a gradual process, according to Dudley. "The best thing about art is to be able to take something and not give up. You have to be ambitious and want to be an achiever," he said.

He said that Yosemite is a perfect place to be an artist and is having some upcoming one-man shows in Northern California being coordinated by Yosemite National Park Curator David Forgang. "My life at the moment influences my painting," he said. "I enjoy working most at what makes time stand still and painting does that for me."

Dudley now paints on a commission basis and has paintings in many collections and private homes. He still maintains a studio in Tehachapi and has sold more than 250 paintings of Sierra landscapes over the past six years. Now, he has to cope with a growing professional reputation. "The only way to deal with popularity is to take a chance," he said.

He is obsessed with hiking, and is gradually covering the Sierra by spending at least one month a year in the high country. "You get attached to the high country and once you go in, you never want to come out."

Dudley, 54, and father of four children, claims that he has no intention of retiring. "I want to make my living from my front room someday."



HALLOWEEN AT YOSEMITE ATTRACTS ALL TYPES



Debbie Thide (left) was chosen Most Funny and Linda Bettys (right) was chosen Most Original at the annual Halloween Dance on Oct. 28. They were among approx. 150 employees who got crazy to the sounds of The Tectonics. Other prize winners were Veronica Cantu as the Most Sexy Female, Mike Seatter as the Most Sexy Male and Dave Berry (manager of The Village Store Gift Shop) as Most Scary. Each winner was awarded admission to a dance or to a movie for two, and free goodies at the Carabiner Cafe.

1986 Flag Football Report

by Employee Recreation

If some of you were wondering what all of the whistling and commotion coming from the elementary school field this fall was all about, here's your answer. On Tuesday and Sunday afternoons for six weeks, various Yosemite Park and Curry Co. employees were grunting, sweating, and, in general, trying to catch their breath to see which team would capture this year's honor of being the flag football champions of Yosemite Valley.

Unlike traditional football, flag football is a non-contact sport which emphasizes speed, finesse, and intelligence instead of strength and size. As a matter of fact, the similarities between the two sports are relatively few. Just ask those who played.

The field is a hundred yards in both sports, but in flag football it is divided into four twenty-yard sections with two end-zones at the far opposite ends. "First downs" are only gained by advancing the ball from one section into another. The team in possession of the ball must do this in four plays or less or they are forced to turn the ball over to the opposing team.

Only five players per team are allowed on the field at any one time and, instead of being clad in helmets and pads, the players are only equipped with a belt that has two reattachable flag streamers. Instead of tackling the ball carrier, the

defensive players try to tear one of the flags from the belt in order to stop the play.

The game is pass oriented with runs allowed only on special occasions. This provides for a wide-open style of game with plenty of action and explosive scoring.

Four teams competed this year in the Employee Recreation sponsored event. Providing the thrills and excitement on the field were the No Names, the Dream Team, the Buckeritos, and the Raid. Although all of the teams had their moments of glory, clearly the team to beat this year was the Raid.

Gifted with the speed of Darrell Brown and Dave Johnson, the precision passing of Pat Lehr, the sure hands of such players as Rollin Pearson, Gordo Meade, Rob Kroekel, and John Pearson, the Raid easily cruised to an undefeated season and the league championship. For their accomplishments, stylish Employee Recreation League Champion T-shirts were awarded.

However, congratulations go out to all of the employees who participated in this year's football league and made it such a success. Special recognition goes to Dean Moore, "Kid" Ybarra, John Gehres, "Boo" Conway, Richard Rhoan, "Bif" Salomon, and Dave Evans for their exceptional play and high-spirited involvement.



BETWEEN THESE WALLS

Movies:

- Dec. 16 The Color Purple
- Dec. 30 101 Dalmatians
- Jan. 13 Ruthless People
- Jan. 27 Paris, Texas

One showing at 8:30 pm in the East Auditorium. \$2.50 adult, \$1.50 children 12 or under. Popcorn, soda, natural soda, and candy for sale.

Videos:

- Dec. 4 All The Right Moves
- Dec. 11 Bill Cosby Himself
- Dec. 18 Oliver Twist

Shown at the Winter Recreation Center (the "Carabiner Cafe") at 8:00 pm, FREE!! Come early to get a good seat.

Continuing Events:

Aerobics: Please see December calendar for time, location and date.

Basketball: Monday and Friday open play 5:30 pm-7:30 pm. League play on Wednesday 5:30 pm-8:00 pm. Location: school gym.

Weight Center: Monday through Saturday 10:00 to noon, 1:00-4:00 pm, 5:00-8:00 pm, Sundays 2:00-7:00 pm.

Carabiner Cafe: Daily except Tuesday, located in the Village Sport Shop, 5:00-11:00 pm. Minors (under 18) allowed only in the game room and only until 6 p.m. Delicious food available from 5:00-9:00 pm. Wednesdays there will be no food served. Carabiner Cafe will be closed Dec. 25 due to the free Christmas Dinner and Dec. 31 due to New Year's Dance. See Flyers!

Ladies Clinic: Special time set aside for ladies only, in weight center every Sunday 7:00-9:00 pm. For those interested in additional evenings being set aside, call Recreation Office at 372-1475.

Special Events

Christmas Dinner on December 25 at Curry Pavilion from 5:00-9:00 pm. Free to all Curry Co. employees. Guest—\$7.00, children 12 or under \$5.00. Remember to bring current employee I.D.

New Year's Dance. Join us in bringing in the New Year with a great party and dance at the East Auditorium December 31. Complimentary champagne at the stroke of midnight. Must have employee I.D. Watch for flyers for further information.

CLASSIFIED ADS

FOR SALE—Mobile home in El Portal. 10' x 50', two bedrooms, new stove, carpeting and drapes. Nice yard and parking for two cars. Call 379-2760 evenings before 9 p.m.

ANNOUNCEMENTS

The Yosemite Community Church will have a Candlelight Communion Service in the Chapel at 11 p.m. on Dec. 24.

The Sierra Pops Community Orchestra needs more members. If interested call Sidney Carlin at 683-7613.

In the November SENTINEL there was some confusion regarding the softball story on page 7. The team photo was of the Over-the-Belt Gang and was not intended to be confused with the Cedar Lodge team. We apologize to both teams. Again, congratulations to the Cedar Lodge team for their outstanding championship victory.

YOSEMITE SENTINEL

Editor in Chief John Poimiroo
 Editor Michael Niehoff
 Contributors Ed Hardy, Annette Bottaro, James Johnson and Joseph Paquette

Community Services

Alcoholics Anonymous Meets Sunday and Wednesday, 7:30 p.m., at the Employee Training Center, YP&CC General Office Building.

Mental Health Counseling Services Call Mariposa County Health Department, 966-2000. Appointments available in Valley on Thursdays.

Religious Services Baha'i Faith, 379-2301. Catholic Masses, Our Lady of the Snows Parish, Father Dennis Alvernaz, 372-4729. Church of Christ, Gayle Garretson, Minister, 379-2493. Protestant Services, Reverend John C. Davis, 372-4885. Southern Baptist Church, Reverend Bill Sims, 379-2428.

Rotary International Meets Tuesdays, 12:15, Broiler Room at the Yosemite Lodge.

Yosemite Branch Library Located in the Girls Club; open Tuesday and Thursday 12:00-4:00 p.m., Wednesday 12:00-3:00 p.m.

Yosemite Childcare Center Accepts children six months or older. Monday-Friday, 7:30 a.m. to 5:30 p.m. Across from Yosemite Institute. Children under 2, \$1.75 per hour; over 2, \$1.50 per hour. Call 372-4819 for information.

Yosemite Lions Club Meets for lunch at The Ahwahnee Hotel on the first and third Thursday of every month.

Yosemite Medical Group/Dental Services Clinic open 9:00-5:30, Monday-Friday, by appointment or for walk-ins, and 24 hours daily for emergencies. Dental Office open 8:00-12:00 and 1:30-4:30, Tuesday through Friday, by appointment, and on Monday for emergencies. Clinic, 372-4637. Dental Office, 372-4200.